

SQWINCHER

Don't gamble with heat stress.

Trust Sqwincher® brand.

INDUSTRIAL PRODUCT GUIDE
2026



hydration that works®

G. F. Lasswell Company, Inc.
Lasswell
Manufacturers' Redistributor

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**2% IS
IMPAIRED.
10% IS
DEADLY.**



**Know the signs of
fluid/electrolyte loss:**

- 2%** Impairment
- 4%** Declining Function
- 6%** Heat Exhaustion
- 8%** Hallucination
- 10%** Heat Stroke

Sources: Mayo Clinic
<https://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/in-depth/water/art-20044256>

U.S. Department of Labor / Occupational
 Safety and Health Administration (OSHA)
https://www.osha.gov/dts/osta/otm/otm_iii/otm_iii4.html

hydration that works®

It's critical for employers to protect workers from heat-related illnesses and injuries when working in high heat environments. For any occupation that involves working in high heat environments, it's important to be aware of environmental conditions and take steps to prepare for dangerous heat hazards, both outdoor and indoor.

Sqwincher® hydration solutions are specifically designed to help prevent worker dehydration and recover from heat stress related issues. Our wide range of unique packaging options provide a perfect way to stay hydrated throughout the day, and with a variety of delicious, refreshing flavors, hydrating has never been more enjoyable!

But it's not just about taste - our products are formulated with essential electrolytes (sodium and potassium) required to replenish those lost through perspiration and respiration. This helps prevent dehydration and heat stress, which can lead to accidents, injuries, and illnesses. Sqwincher® products are internal PPE designed to protect workers from the inside out. Keep them hydrated, safe and productive with Sqwincher® hydration solutions - the ultimate hydration safety "gear"!

FORMULATION

Use the color key to find your formula.

| FORMULATION | PORTFOLIO AVAILABILITY | | | | |
|--|---|---|---|---|---|
| | Freezer Pop | Single Serve | Ready to Drink | Powder | Liquid |
|  ORIGINAL <ul style="list-style-type: none"> • Hydrating since 1975 • Gluten Free |  |  |  |  |  |
|  SUGAR FREE, LOW CALORIE <ul style="list-style-type: none"> • Gluten Free • Excellent Source of Vitamin C <small>(ZERO Powder Products Only) *2.5 gallon yield ZERO powder and single serve Qwik Sbk® ZERO. Nutritional information available at www.sqwincher.com/all-products</small> |  |  |  |  |  |
|  CLEAR FORMULATION <ul style="list-style-type: none"> • No color or dyes • No preservatives • No artificial sweeteners • Gluten Free | |  | | | |



ELECTROLYTE FREEZER POPS



3 FL OZ SQWINCHER SQWEEZE®

| FLAVOR | SKU | CONTROL # |
|----------|-----------|-----------|
| ASSORTED | 159060962 | 9971655 |

Assorted Pack Flavors Include: Cherry, Orange, Grape, Lemon-Lime and Mixed Berry



- Hydration made easy-just freeze and serve
- Low sodium and gluten free
- Formula: Regular
- Case: (150) 3oz pops-**Bulk Packed**
- Cases per pallet: 60



3 FL OZ SQWINCHER SQWEEZE® ZERO

| FLAVOR | SKU | CONTROL # |
|---------------|-----------|-----------|
| ASSORTED ZERO | 159200231 | 9981620 |

ZERO Assorted Pack Flavors Include: Watermelon, Orange, Dragon Fruit, Punch & Mixed Berry



- Hydration made easy-just freeze and serve
- Low sodium and gluten free
- Formula: Sugar free
- Case: (150) 3oz pops-15 bags of 10
- Cases per pallet: 60

FREEZER POPS



SINGLE SERVE



- 1 stik yields 20oz
- Just pour into water, mix gently and enjoy
- Convenient, on the go electrolyte replenishment
- Low sodium and gluten free
- Formula: Sugar Free
- Case: (500) .11oz stiks-10 packs of 50
- Cases per pallet: 96



20 FL OZ YIELD QWIK STIK® ZERO

| FLAVOR | SKU | CONTROL # |
|---------------------|-----------|-----------|
| STRAWBERRY LEMONADE | 159060099 | 9971690 |
| ORANGE | 159060100 | 9971691 |
| MIXED BERRY | 159060101 | 9971692 |
| FRUIT PUNCH | 159060102 | 9971693 |
| LEMONADE | 159060103 | 9971694 |
| LEMONADE TEA | 159060098 | 9971695 |
| WATERMELON | 159060097 | 9971696 |
| LEMON-LIME | 159060106 | 9971697 |
| GRAPE | 159060107 | 9971698 |

- 1 stik yields 20oz
- Just pour into water, mix gently and enjoy
- Convenient, on the go electrolyte replenishment
- Low sodium and gluten free
- Perfect for vending machines
- Formula: Sugar Free
- Case: (200) 20 tubes of 10 (.11oz) stiks
- Cases per pallet: 192



20 FL OZ YIELD QWIK STIK® ZERO TUBE

| FLAVOR | SKU | CONTROL # |
|----------|-----------|-----------|
| ASSORTED | 159060119 | 9981610 |

Assorted Flavors Include: Fruit Punch, Orange, Mixed Berry and Strawberry Lemonade
20 Tubes Per Box - 5 Tubes of 4 Flavors (10 sticks of one flavor per tube)

- 1 stik yields 10oz
- Just pour into water, mix gently and enjoy
- Convenient, on the go electrolyte replenishment
- Low sodium and gluten free
- Formula: Sugar Free
- Case: (500) .06oz stiks- 10 packs of 50
- Cases per pallet: 96



10 FL OZ YIELD QWIK STIK® ZERO

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| ORANGE | 159060200 | 9981630 |
| MIXED BERRY | 159060201 | 9981631 |
| FRUIT PUNCH | 159060202 | 9981632 |
| LEMONADE | 159060203 | 9981639 |
| GRAPE | 159060204 | 9981633 |
| LEMON-LIME | 159060205 | 9981634 |

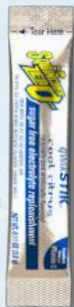


SINGLE SERVE



NEW!

20 FL OZ YIELD QWIK STIK® - DYE FREE



| FLAVOR | SKU | CONTROL # |
|-----------------|-----------|-----------|
| COOL CITRUS | 159060109 | 9971699 |
| COCONUT | 159060972 | - |
| MANGO | 159060973 | 9981625 |
| PINEAPPLE | 159060974 | 9981626 |
| STRAWBERRY KIWI | 159060975 | 9981627 |

- 1 stik yields 20oz
- Mixes easily with water
- No dyes
- Formula: Sugar Free
- Case: (500) .11oz stiks-10 packs of 50
- Cases per pallet: 96

QWIKSERV®



| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| ORANGE | 159060965 | 9971650 |
| FRUIT PUNCH | 159060966 | 9971651 |
| LEMON-LIME | 159060964 | 9971652 |
| GRAPE | 159060967 | 9971653 |

- 1 stik yields 16.9oz
- Mixes easily with water
- Low sodium and gluten free
- Formula: Regular
- Case: (100) 1.26oz stiks-**Bulk Packed**
- Cases per pallet: 72

20 FL OZ YIELD EVERLYTE® STICK



| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| GRAPE | 159060968 | 9981660 |
| ORANGE | 159060969 | 9981661 |
| FRUIT PUNCH | 159060970 | 9981662 |
| LEMON-LIME | 159060971 | 9981663 |

- 1 stik yields 20oz
- Mixes easily with water
- Low sodium and gluten free
- Clear-no color added
- No preservatives
- Less calories than original formulation
- No artificial sweeteners
- Naturally flavored
- Formula: Reduced sugar
- Case: (100) 1oz stiks-**Bulk Packed**
- Cases per pallet: 72

SINGLE SERVE



READY-TO-DRINK



Single serving bottles for quick delivery of hydration—no mixing required!

- Ready to drink in plastic bottle
- Low sodium and gluten free
- **FOB Houston-Not eligible for pre-paid shipments**
- Formula: Regular
- Case: (24) 20oz bottles
- Cases per pallet: 54
- **Pallet minimum order quantity (54) for non-stocking flavors**



20 FL OZ WIDEMOUTH BOTTLE

| FLAVOR | SKU | CONTROL # |
|---------------------|-----------|-----------|
| MIXED BERRY | 159030530 | 9971660 |
| COOL CITRUS | 159030531 | 9971661 |
| GRAPE | 159030532 | 9971662 |
| ORANGE | 159030534 | 9971663 |
| FRUIT PUNCH | 159030535 | 9971664 |
| STRAWBERRY LEMONADE | 159030536 | 9971665 |
| LEMON-LIME | 159030538 | 9971666 |

- Ready to drink in plastic bottle
- Low sodium and gluten free
- **FOB Houston-Not eligible for pre-paid shipments**
- Formula: Sugar free
- Case: (24) 20oz bottles
- Cases per pallet: 54
- **Pallet minimum order quantity (54) for non-stocking flavors**



20 FL OZ WIDEMOUTH ZERO BOTTLE

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| FRUIT PUNCH | 159030800 | 9981635 |
| ORANGE | 159030801 | 9981636 |
| GRAPE | 159030803 | 9981637 |
| MIXED BERRY | 159030804 | 9981638 |



FASTPACK®

Maximize storage space and minimize waste. Add water and drink directly from the Squincher® FastPack® packages for instant electrolyte replenishment.

- 1 pack yields 6oz
- Pack is your cup, simply add water to the fill line
- No stirring required
- Low sodium and gluten free
- Formula: Regular
- Case: (200) .6oz packs- 4 boxes of 50
- Cases per pallet: 80



6 FL OZ FASTPACK®

| FLAVOR | SKU | CONTROL # |
|-----------------|-----------|-----------|
| MIXED BERRY | 159015300 | 9971620 |
| CHERRY | 159015301 | 9971621 |
| GRAPE | 159015302 | 9971622 |
| LEMONADE | 159015303 | 9971623 |
| ORANGE | 159015304 | 9971624 |
| FRUIT PUNCH | 159015305 | 9971625 |
| TEA | 159015306 | 9971626 |
| LEMON-LIME | 159015308 | 9971627 |
| TROPICAL COOLER | 159015309 | 9971628 |
| COOL CITRUS | 159015310 | 9971629 |

- 6oz concentrate yields 6oz
- Pack is your cup, simply add water to the fill line
- No stirring required
- Low sodium and gluten free
- Formula: Sugar free
- Case: (200) .6oz packs- 4 boxes of 50
- Cases per pallet: 80



6 FL OZ FASTPACK® ZERO

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| ORANGE | 159015500 | 9971680 |
| FRUIT PUNCH | 159015501 | 9971681 |



POWDER PACKS



Squincher® PowderPack™ powder mixes easily in water, providing refreshing, hydration for anyone affected by high heat environments.



1 GALLON POWDER PACK™

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| ORANGE | 159016004 | - |
| FRUIT PUNCH | 159016005 | - |
| GRAPE | 159016006 | - |
| ASSORTMENT | 159016007 | 9971631 |
| LEMON-LIME | 159016008 | - |

Assortment includes equal product mix of Fruit Punch, Grape, Lemon-Lime and Orange flavors.

- Powder electrolyte drink mix
- Mixes easily with water
- Low sodium and gluten free
- Formula: Regular
- Case: (80) 9.53oz bags-
4 boxes of 20
- Cases per pallet: 30



2.5 GALLON POWDER PACK™

| FLAVOR | SKU | CONTROL # |
|-----------------|-----------|-----------|
| LEMONADE | 159016040 | - |
| ORANGE | 159016041 | 9971601 |
| FRUIT PUNCH | 159016042 | 9971602 |
| LEMON-LIME | 159016043 | 9971603 |
| ASSORTMENT | 159016044 | 9971630 |
| GRAPE | 159016046 | 9971606 |
| CHERRY | 159016047 | - |
| MIXED BERRY | 159016048 | 9971608 |
| TROPICAL COOLER | 159016049 | - |
| COOL CITRUS | 159016050 | - |

Assortment includes equal product mix of Fruit Punch, Grape, Lemon-Lime and Orange flavors.

- Powder electrolyte drink mix
- Mixes easily with water
- Low sodium and gluten free
- Formula: Regular
- Case: (32) 23.83oz bags
- Cases per pallet: 36



5 GALLON POWDER PACK™

| FLAVOR | SKU | CONTROL # |
|-----------------|-----------|-----------|
| MIXED BERRY | 159016400 | 9971633 |
| CHERRY | 159016401 | 9971634 |
| COOL CITRUS | 159016402 | 9971635 |
| LEMONADE | 159016403 | 9971636 |
| ORANGE | 159016404 | 9971637 |
| FRUIT PUNCH | 159016405 | 9971632 |
| GRAPE | 159016406 | 9971638 |
| LEMON-LIME | 159016408 | 9971639 |
| TROPICAL COOLER | 159016409 | 9971640 |

- Powder electrolyte drink mix
- Mixes easily with water
- Low sodium and gluten free
- Formula: Regular
- Case: (16) 47.66oz bags
- Cases per pallet: 44



2.5 GALLON ZERO POWDER PACK™

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| LEMON-LIME | 159016800 | - |
| ORANGE | 159016801 | - |
| FRUIT PUNCH | 159016803 | - |
| GRAPE | 159016804 | - |
| ASSORTMENT | 159016802 | 9971685 |

Assortment includes equal product mix of Fruit Punch, Grape, Lemon-Lime and Orange flavors.

- 1 stik yields 2.5 gallons
- Mixes easily with water
- Low sodium and gluten free
- Formula: Sugar Free
- Case: (32) 1.76oz stiks-**Bulk Packed**
- Cases per pallet: 168

POWDER PACKS



LIQUID CONCENTRATES

Sqwincher® and Sqwincher ZERO® liquid concentrates make it easy to deliver a lot of hydrating refreshment to the workplace. Mix with water directly in 5 gallon coolers.

- 64oz concentrate mix, yields 5 gallons
- Low sodium and gluten free
- Formula: Regular
- Case: (6) 64oz bottles
- Cases per pallet: 60



64 FL OZ - 5 GALLON YIELD

| FLAVOR | SKU | CONTROL # |
|---------------------|-----------|-----------|
| STRAWBERRY LEMONADE | 159030319 | 9971610 |
| MIXED BERRY | 159030320 | 9971611 |
| CHERRY | 159030321 | 9971612 |
| GRAPE | 159030322 | 9971613 |
| LEMONADE | 159030323 | 9971614 |
| ORANGE | 159030324 | 9971615 |
| FRUIT PUNCH | 159030325 | 9971616 |
| LEMON-LIME | 159030328 | 9971617 |
| TROPICAL COOLER | 159030329 | 9971618 |
| COOL CITRUS | 159030330 | 9971619 |

- 64oz concentrate mix, yields 5 gallons
- Low sodium and gluten free
- Formula: Sugar Free
- Case: (6) 64oz bottles
- Cases per pallet: 60



64 FL OZ ZERO - 5 GALLON YIELD

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| FRUIT PUNCH | 159050102 | 9971670 |
| GRAPE | 159050103 | 9971671 |
| LEMON-LIME | 159050104 | 9971672 |
| MIXED BERRY | 159050106 | 9971673 |
| ORANGE | 159050107 | 9971674 |



CLEAR LIQUID CONCENTRATES

- 64oz concentrate mix, yields 5 gallons
- Contains no dyes or colors
- Low sodium and gluten free
- Formula: Regular
- Case: (6) 64oz bottles
- Cases per pallet: 60



64 FL OZ CLEAR - 5 GALLON YIELD

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| FRUIT PUNCH | 159030873 | - |
| ORANGE | 159030875 | - |

- 64oz concentrate mix, yields 5 gallons
- Contains no dyes or colors
- Calorie free
- Low sodium and gluten free
- Formula: Sugar Free-sweetened with sucralose
- Case: (6) 64oz bottles
- Cases per pallet: 60



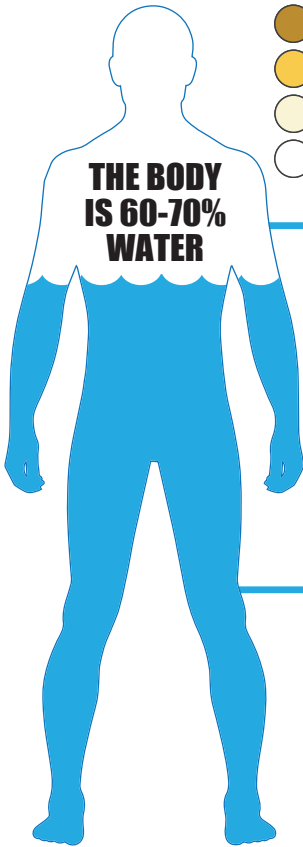
64 FL OZ ZERO CLEAR - 5 GALLON YIELD

| FLAVOR | SKU | CONTROL # |
|-------------|-----------|-----------|
| FRUIT PUNCH | 159030874 | - |
| ORANGE | 159030876 | - |

Heat Stress Management



CHECK YOUR URINE COLOR TO MONITOR YOUR BODY FLUID LEVELS.



- **Severe Dehydration:** Contact a physician to determine the severity of dehydration.
- **Dehydration:** More fluids should be consumed immediately.
- **Hydrated:** You are properly hydrated.
- **Overhydration:** Clear urine is a sign of serious overhydration. Reduce fluid intake.

Source: <https://health.clevelandclinic.org/what-urine-color-means>

RECOMMENDATION FOR PROPER HYDRATION

Maintaining and balancing the body's fluid level is imperative. A healthy adult, in a moderate climate, is recommended to drink:

WATER (cups per day for men)¹



WATER (cups per day for women)¹



In hotter environments and/or strenuous activity, an increase in fluid intake may be necessary.

¹Source: Water: Mayo Clinic - <http://www.mayoclinic.com/healthy-lifestyle/nutrition-and-healthy-eating/indepth/water/art-20044256>



6-10 oz. of electrolytes every 15-20 minutes during strenuous activity, especially in hot environments.²

Individual circumstances may vary and include water with electrolyte consumption.

²Source: Role of Carbohydrate-Electrolyte Fluid Replacement in the Industrial Environment. Human Performance Laboratory, University of Alabama, Tuscaloosa, AL.

ELECTROLYTES



Water is necessary, but water alone will not replace lost nutrients and minerals such as electrolytes. Electrolytes consist of minerals such as sodium, potassium, magnesium, and calcium, which are critical for cell and muscular function.

THERMOREGULATION

The body's process of thermal control

As outside temperature rises, the body's first method to keep cool is to sweat. The more heat it experiences, the more vasodilation will occur to radiate the excess body heat. It takes energy to perform these functions and the body needs the proper fuel and fluids to achieve thermoregulation to prevent overheating.



Source: <https://www.ncbi.nlm.nih.gov/books/NBK507838/>

HOW TO USE HEAT INDEX CHART

- Find today's predicted temperature.
- Next, find today's predicted humidity.
- Follow the answers to #1 and #2. Where they intersect will determine APPARENT TEMPERATURE or WHAT IT FEELS LIKE.

EXAMPLE:

- Forecasted Temp=95°
- Forecasted Humidity=60%
- Index (feels like)=114°

Source: <https://www.weather.gov/ama/heatindex>

HEAT INDEX CHART

| Air Temp. → | 70° | 75° | 80° | 85° | 90° | 95° | 100° | 105° | 110° |
|---------------------|---|-----|-----|------|------|------|------|------|------|
| Relative Humidity ↓ | Apparent Temperature (Degrees Fahrenheit) | | | | | | | | |
| 0% | 64° | 69° | 73° | 78° | 83° | 87° | 91° | 95° | 99° |
| 10% | 65° | 70° | 75° | 80° | 85° | 90° | 95° | 100° | 105° |
| 20% | 66° | 72° | 77° | 82° | 87° | 93° | 99° | 105° | 112° |
| 30% | 67° | 73° | 78° | 84° | 90° | 96° | 104° | 113° | 123° |
| 40% | 68° | 74° | 79° | 86° | 93° | 101° | 110° | 122° | 137° |
| 50% | 69° | 75° | 81° | 88° | 96° | 107° | 120° | 135° | 150° |
| 60% | 70° | 76° | 82° | 90° | 100° | 114° | 132° | 149° | |
| 70% | 70° | 77° | 85° | 93° | 106° | 124° | 144° | | |
| 80% | 71° | 78° | 86° | 97° | 113° | 136° | 157° | | |
| 90% | 71° | 79° | 88° | 102° | 122° | 150° | 170° | | |
| 100% | 72° | 80° | 91° | 108° | 133° | 166° | | | |

Heat Index Values were devised for shady, light wind conditions. Exposure to full sun can increase values by up to 15°. Strong winds, particularly with hot, dry air can be extremely hazardous.

HEAT INDEX 80° - 90°

Acclimate employees and monitor for heat related issues.

HEAT INDEX 90° - 100°

Sun stroke, heat cramps and heat exhaustion are possible with prolonged exposure and physical activity.

HEAT INDEX 101° - 129°

Sun stroke, heat cramps and heat exhaustion likely. Heat stroke possible with prolonged exposure and physical activity.

HEAT INDEX 130° and higher

Heat stroke or sun stroke **IMMINENT.**

FLUID LOSS FACTORS

Factors that contribute to fluid loss* include:

- Sweating
- Exhaling
- Urination
- Diuretic Intake
- Natural Body Exertion to Maintain Core Temperature



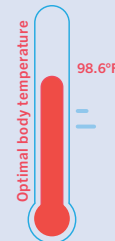
*Varying factors: age, gender, environment and conditioning

Source: <https://www.webmd.com/a-to-z-guides/dehydration-adults>

HEAT FACTORS

Contributing to elevated body temperature and rapid fluid loss:

- High Temperature & Humidity
- Level of Exertion/Work Load
- PPE & Heavy Clothing
- Poor Air Flow & Circulation
- Machine/Equipment Heat
- Direct Sunlight Exposure
- Medical Precondition
- Lack of Physical Conditioning



Source: <https://www.dir.ca.gov/dosh/etools/08-006/whatcauses.htm>

FLUID/ELECTROLYTE LOSS WARNINGS

| LOSS | RESULT |
|------|---------------------------------------|
| 2% | Impaired Performance |
| 4% | Muscular Function & Capacity Declines |
| 6% | Heat Exhaustion |
| 8% | Hallucination & Disorientation |
| 10% | Circulatory Collapse & Heat Stroke |

Sources: <https://pmc.ncbi.nlm.nih.gov/articles/PMC4207053/>; https://www.furman.edu/first/wp-content/uploads/sites/168/2020/01/8_list_in_the_heat.pdf



Heat Stress Management

5 DAY ACTUAL TEMPERATURE & HUMIDITY FORECAST

| | | | | |
|--|--|--|--|--|
| 1 TEMP HUMIDITY | 2 TEMP HUMIDITY | 3 TEMP HUMIDITY | 4 TEMP HUMIDITY | 5 TEMP HUMIDITY |
|--|--|--|--|--|



HEAT AWARENESS

1. Environments of 80°F +

Use extreme caution, especially during strenuous activity.

2. Acclimate

Allow the body to adjust to high-heat, high-humidity environments.

3. PPE Clothing

PPE is essential but increases heat stress risk. At 80°F+, limit time in impervious suits to 15 minutes per hour unless using cooling or a heat stress monitor.

4. Thirst and/or Sweat

These are NOT ALWAYS dependable gauges for proper hydration or fluid intake.

5. Know the Symptoms

Be familiar with heat stroke, heat exhaustion and heat cramps to respond quickly. (Review Heat Illnesses below)

6. Prevention

Preventing a heat stress injury is much easier than recovering from the injury. Drink fluids and replace electrolytes on a regular basis throughout the day.



HEAT ILLNESSES

Symptoms and responses to unprotected heat exposure.

SUNBURN

Redness & painful skin; swelling of skin, blisters, fever and headaches are typical in severe cases.

Ointments for mild cases. DO NOT break blisters. If they do break, apply dry, sterile dressing.

FOR SEVERE CASES, CONSULT A PHYSICIAN.

HEAT CRAMPS

Painful muscle spasms, usually in the legs and abdomen. Possible heavy sweating.

Apply firm pressure on cramping muscles, then gently massage to relieve muscle spasm.

GIVE SIPS OF SQUINCHER® PRODUCTS EVERY 15 MINUTES.

HEAT EXHAUSTION

Heavy sweating, weakness, pale and clammy skin, nausea, low blood pressure, rapid pulse, fainting, and possible vomiting.

Stop exertion, move to a cool spot and drink Squincer® products every 15 minutes for an hour.

IF VICTIM VOMITS, SEEK IMMEDIATE MEDICAL ATTENTION.

EXERTIONAL HEAT ILLNESS

Stuporous appearance, tired, nausea with possible vomiting. Unsteady gait, heavy perspiration, dehydrated with high body temperature (up to 104°F), often accompanied by headache, rapid respiration and pulse.

Cease exertion and promptly cool body exterior. Initiate replacement of fluids - water first, then Squincer® products.

IF VICTIM CANNOT RETAIN FLUIDS, TRANSPORT TO HOSPITAL.

HEAT STROKE

High body temperature (105°F or higher), hot, red and dry skin, strong rapid pulse, possible unconsciousness.

Heat stroke is a severe medical problem. Move victim to cooler area and reduce body temp with cold bath or sponging. Use fans and air conditioners.

GET VICTIM TO HOSPITAL - DELAY CAN BE FATAL. DO NOT GIVE FLUIDS!

Sources: <https://www.cdc.gov/extreme-heat/signs-symptoms/index.html> | <https://www.ncbi.nlm.nih.gov/books/NBK232870/> | <https://www.mayoclinic.org/want-to-stay-hydrated-drink-before-youre-thirsty/art-20390077> | <https://blogs.cdc.gov/niosh-science-blog/2020/08/06/ppe-heat-stress/>

MARKETS THAT WE SERVE

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SQUINCHER®



Original Electrolyte
Replacement
Formula



Clear Formulation
No Color or Dyes
No Preservatives
No Artificial Sweeteners
Gluten Free



Sugar Free
Low Calorie
Gluten Free
Sweetened with
Sucralose