

April's

Awakening Simmer

Ingredients:

Lemon Slices

Spearmint Leaves

Lavender Flowers

Rosemary Sprigs

Jasmine Flowers



Experience the essence of awakening with the April Simmer. This aromatic blend captures the spirit of nature's revival, making it a perfect companion as you embrace the transition from the quietude of winter to the vibrant emergence of spring!

Lemon Slices: The zesty aroma of lemon slices dances through the air, bringing with it a sense of freshness and vitality. Lemons symbolize cleaning and new beginnings. This gives you the perfect opportunity to mirror the process by shedding the old and welcoming the new.

Jasmine Flowers: The intoxicating scent of jasmine flowers weaves through the blend, evoking feelings of enchantment. Jasmine symbolizes rebirth and renewal, reflecting the transformative power of embracing change.

Lavender Flowers: Lavender's calming fragrance wafts gently, infusing the air with tranquility and serenity. Lavender embodies the balance between awakening and relaxation, reminding us to honor both our energy and our stillness.

Rosemary Sprigs: Rosemary's invigorating scent adds a touch of earthiness to the mix, grounding the blend with its aromatic presence. Rosemary represents remembrance and growth, inviting us to honor our past while embracing the journey ahead.

Spearmint Leaves: The revitalizing aroma of fresh spearmint adds a burst of energy to the concoction. Mint signifies clarity and encourages us to approach each day with a refreshed perspective.

As these elements come together in an aromatic symphony that mirrors the natural world's resurgence. Let the fragrant steam serve as a reminder to awaken your senses, embrace the beauty of transformation, and celebrate the blossoming that occurs within and around you! This simmer pot is the embodiment of a new chapter, encouraging you to step into the light of possibility and growth.

Simmer Pot Instructions

Add 2 cups of water to a small slow cooker or stovetop pot, add the simmer pot contents (remove oxygen absorber if included).

Heat the slow cooker, covered, on high for about 1-2 hours. Lower the heat, remove the lid and enjoy the fragrance!

Stovetop directions – simmer on low.

FAQ –

Can Simmer Pots be reused?

Yes! You can absolutely reuse a simmer pot. Once you're finished simmering, allow the pot to cool. Then, add the contents to a resealable jar or container and keep it in the fridge until you're ready to use it again. Simmer pots can generally be reused 1-2 times before discarding.