Please read fully to know how best to prepare and take care of your permanent makeup

Your safety always comes first. Some conditions, medications, or circumstances may mean PMU is not appropriate or must be postponed.

If you're unsure about anything listed here, a consultation is always recommended.

DO NOT BOOK PMU IF YOU:

Medical & Skin Conditions

- Are pregnant or breastfeeding
- Are undergoing an IVF transfer
- Are currently sick (cold, flu, infection, fever)
- Have active skin infections in the treatment area (acne flare, cold sores, rashes, open wounds)
- Have uncontrolled diabetes (healing concerns)
- Have autoimmune disorders that affect healing (requires doctor clearance)
- Have a history of keloid scarring (requires consultation and caution)
- Are undergoing chemotherapy or radiation (requires physician approval)

Medications & Treatments

- Are taking blood thinners (unless cleared by a physician)
- Are on Accutane (must wait at least 6–12 months after stopping)
- Are using strong retinoids near the treatment area
- Recently had Botox or fillers in the area (wait at least 2 weeks)

Skin & Procedure Restrictions

- Recent chemical peels, microneedling, laser treatments (wait 2–4 weeks minimum)
- Sunburned or severely irritated skin
- Active eczema, psoriasis, or dermatitis in the area being treated
- For Eyeliner only discontinue lash serums 4-6 weeks before appointment

Infection Risks

- Active cold sores (for lip blush — must be fully healed)
- Active eye infections or styes (for eyeliner services)

LIP BLUSH SPECIFIC NOTE

- If you have a history of cold sores (HSV-1), PMU can trigger an outbreak. A prescribed antiviral (from your doctor) is strongly recommended before and after
- Please take for 5 days before and 5 days after procedure (anti viral or L-lysine)