

ERADICATING PERIOD POVERTY

Eradicating Period Poverty=Empowering Girls=Transforming Communities

INSTAGRAM LIVE INTERVIEW

MAISHA FLOW

HOSTED BY @AFRICANAUSTRALIAN | 5PM, FRIDAY 8 APRIL

SEVENTEEN YEAR-OLD, AALIYAH SIRENGO, IS THE FOUNDER OF MAISHA FLO, AN ORGANISATION WHICH IS WORKING TO ERADICATE PERIOD POVERTY. BIOR KUIR SPEAKS TO HER ABOUT HER PERSISTENT JOURNEY FOLLOWING HER PRESENTATION AT THE INTERNATIONAL WOMEN'S DAY, BE THE DIFFERENCE IN SOUTH AUSTRALIA.



NAILING IT!

Hi Everyone.

The gaps between my newsletters are getting longer. Juggling Year 12, public speaking engagements, podcast interviews and all the things in between are keeping me super busy.

But there are a lot of amazing things happening in the world of Maisha Flow. I hope you enjoy this newsletter as much as I have enjoyed creating impact and putting it together.

IMPACT STATEMENT:



Please check my other newsletters for direct impact statements. Things are getting a bit too big to report individually. These photos however show the greatest impact we have made together. Our girls dance in our end-of-year concert whether or not they are menstruating. These girls no longer miss school, sports or dance because of their period.

INTERNATIONAL WOMEN'S DAY EVENT.



This year our International Women's Day event was held online. It was called Can a pad Empower? The event raised just over \$500 which we are planning to use to pilot a program of menstrual cups in our community in Kenya. Such cups require education and training along with cultural understanding. For women who choose to participate in this pilot they will receive menstrual protection for around 10 years just by using this cup.



AWARDS THAT CREATE AWARENESS AND IMPACT



Do you know what the best thing is about being nominated for or receiving an award?

It creates greater awareness for eradicating period poverty and the work we are doing.

Im so grateful to be a finalist in the 7News Young Achiever Awards and to have received an Order of Australia Youth Award and won the pitch competition at the Innovation Factory.

To the people I don't know who nominated me, thanks so much for your support.



BODY SHOP FUNDRAISER

Meeting Amanda has been amazing for us. Together we did a Force For Good Fundraiser where people could purchase Body Shop products and profits from the event went towards eradicating period poverty.



WITH THANKS AND SO MUCH GRATITUDE

I used to hate speaking in front of other people. Now I do it because of the girls in Kenya I support. I am so grateful to have been interviewed for The Advertiser. To have spoken to a group at the Oxford and Cambridge Alumni. To Bior Aguer for his support through African Australian and to Giselle Gambi for interviewing me on her podcast The Intuitive Pull. I can't do what I do without you all.

Please follow my Instagram @Maisha.Flow for more photos and updates and @In2Ed_Africa for more impacts.

