## HEAD MEETS HEART for MEN and WOMEN "FOLLOW YOUR HEART WITHOUT LOSING YOUR MIND" Presented by Barbara Currano, MA, LCPC, NCC

Developed by John Van Epp, PhD, **HEAD MEETS HEART (Formerly PICK A PARTNER)** is an entertaining educational program supported by ten years of research to help singles make better dating/marriage choices from a psychological point of view. Sharing values is essential, but there is so much more to consider and work on **BEFORE** marriage. This class is geared towards mature students 16 years and older and adults of all ages.

**Head Meets Heart** is presented in a **TWO-DAY** workshop, with lots of fun discussions and group activities that help participants apply the content to real life situations and experiences. A faith-based workbook provides a permanent record of your learning and reflections. You will be amazed at what you learn!



♦ 5 Essential Categories to Know about the Other

- $\diamond$  8 Characteristics of a Trustworthy Partner
- How to Identify Difficult Partners
- $\diamond$  12 Areas of Compatibility
- ♦ How to Safely Pace Relationships

Location: Allview 6401 Allview Dr. Columbia, MD 21046 Dates: Sat. April 22 AND Sun. April 30 Time: 10 am – 5 pm

Lunch, drinks, and snacks will be provided.

Cost: \$150/person (\$250 for 2 siblings or a dating/engaged couple) MUST REGISTER by April 15 so workbooks can be ordered Questions? call 240-793-2651 or barbcurrano@yahoo.com

\*\*\*\*\* MUST REGISTER & PAY IN ADVANCE

