

WELCOME LETTER

Dear Patient,

Welcome to Advanced Women's Health Specialists, PLLC. Enclosed is our welcome packet as well as a few pertinent details of our office. Please either download and fill out the necessary paperwork prior to arriving to your scheduled appointment. You can either bring it with you or mail it to us prior to your visit. If you are unable to do this, please arrive at least 20 minutes prior to your scheduled appointment to complete all necessary paperwork.

If you are being referred to us by a physician for a preexisting problem, please have your pertinent medical records faxed or mailed to our office prior to your scheduled visit.

It is will be your responsibility to check with your insurance company to see if an authorization is required. Please bring your insurance card to your visit so than we can make a copy and keep it for our records.

Your appointment time will be set aside so that you have adequate time to discuss your care with the provider. Please note that this is valuable time that is allocated in your interest. If you are unable to make it to your appointment and need to reschedule for any reason, please notify the office at least 24hours prior to your scheduled time. We hope to provide you with the best service and care possible and will do our best to accommodate your requests.

Thank you again for choosing Advanced Women's Health Specialists, PLLC and we look forward to your visit.

Sincerely,

Jasmin Ghuznavi, MD
Kulsoom Jafri, MD
Heather Powers, FNP

PATIENT INFORMATION

Last Name _____ First _____
Middle _____
Address _____
City _____ Zip _____
Home Phone (____) _____ Work (____) _____
cell (____) _____ I prefer _____
Age _____ Date of Birth ____/____/____
Social Security# _____ Driver's License # _____
Marital Status: _____ Married _____ Single _____ Widow(er) _____ Divorced _____
Full Time Student: _____ Yes _____ No _____ Employed BY _____
Employer's Phone # _____
Employer's Address _____ City _____ Zip _____
Name of Spouse (If applicable) _____ Date of Birth _____
Spouse's Employer _____
Employers Phone# _____
Employer's Address: _____ City _____ Zip _____
Nearest Relative/Friend (Not Living with You) _____
Phone # _____

INSURANCE INFORMATION:

Primary Insurance Company Name: _____
Phone # (____) _____
Policy Holder's Name _____ Date of Birth _____
Group _____ ID# _____
Patient's Relationship to the Policy Holder? _____ Self _____ Spouse _____ Child _____
Secondary Insurance Name: _____ Phone # (____) _____
Policy Holder's Name _____ Date of Birth _____
Group # _____ ID# _____
Patient's Relationship to the Policy Holder? _____ Self _____ Spouse _____ Child _____

REFERRAL:

Whom May We Thank for Your Referral?
o NEWSPAPER _____
o WEBSITE _____
o FRIEND/FAMILY _____
o PRIMARY CARE PHYSICIAN _____
o OTHER _____

AUTHORIZATIONS:

I understand that as part of my healthcare, this practice originates and maintains health records describing my health history, symptoms, examination and test results, diagnosis, treatment and plans for future care and treatment. The health records will be retained by AWHs even if my healthcare provider(s) leave the practice. I authorize the release of any medical information necessary to process insurance claims and request payment of benefits either to myself or the party who accepts assignment / participates.

Signature of Patient / Legal Guardian: _____ Date: _____

TELEPHONE AUTHORIZATION FORM

Patient Name: _____

Please tell us the telephone numbers we may use to contact you for appointment reminders, test results, return phone calls and messages.

_____ () Home () Work () Cell Phone () Other
_____ () Home () Work () Cell Phone () Other
_____ () Home () Work () Cell Phone () Other

Please indicate with whom we may speak with or leave a message with regarding your private health information and test results if you are unavailable at the above numbers.

Please indicate with whom you do **NOT** want us to speak with or leave a message with regarding your private health information.

Patient Signature

Date



OUR OBLIGATIONS REGARDING THE HIPAA NOTICE OF PRIVACY:

We are required by law to:

- Maintain the privacy of protected health information,
- Give you this notice of our legal duties and privacy practices regarding health information about you,
- Follow the terms of our notice that is currently in effect. Protected health information, about you, is maintained as a record of your contacts or visits for healthcare services with our practice. Specifically, “protected health information” is information about you, including demographic information (i.e., name, address, phone, etc.), that may identify you and relates to your past, present or future physical or mental health condition and related health care services.

Our practice is required to follow specific rules on maintaining the confidentiality of your protected health information, using your information, and disclosing or sharing this information with other healthcare professionals involved in your care and treatment. This Notice describes your rights to access and control your protected health information. It also describes how we follow applicable rules and use and disclose your protected health information to provide your treatment, obtain payment for services you receive, manage our health care operations and for other purposes that are permitted or required by law. We are required to abide by the terms of this Notice of Privacy Practices. We reserve the right to change the terms of our notice, at any time. The new notice will be effective for all protected health information that we maintain at that time. A copy of a revised Notice of Privacy Practices may be obtained by calling the office and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment.

**If you have any questions about this Notice, please contact our office at (586) 262-5060,
How We May Use or Disclose Protected Health Information**

Following are examples of uses and disclosures of your protected health care information that we are permitted to make. These examples are not meant to be exhaustive, but to describe the types of uses and disclosures that may be made by our office.

Treatment—We may use and disclose your protected health information to provide, coordinate, or manage your healthcare and any related services. This includes the coordination or management of your healthcare with a third party that is involved in your care and treatment. For example, we would disclose your protected health information, as necessary, to a pharmacy that would fill your prescriptions. We will also disclose protected health information to other Healthcare Providers who may be involved in your care and treatment. We may use and disclose health information to contact you. We may call you by name in the waiting room when your Healthcare Provider is ready to see you. We may call you at home or work and leave a message in person or on voicemail referencing any items that assist the practice in carrying out treatment, payment and healthcare operations such as, but not limited to, appointment reminders, insurance items, and clinical care. We may mail to your home any items that assist the practice in carrying out treatment, payment and healthcare operations, such as but not limited to, appointment cards and patient statements.

Payment—Your protected health information will be used, as needed, to obtain payment for your healthcare services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the healthcare services we recommend for you such as; making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity, and undertaking utilization review activities.

Healthcare Operations—We may use or disclose, as-needed, your protected health information in order to support the business activities of our practice. This includes, but is not limited to business planning and development, quality assessment and improvement, medical review, legal services, and auditing functions. It also includes education, provider credentialing, certification, underwriting, rating, or other insurance-related activities. Additionally, it includes business administrative activities such as customer service, compliance with privacy requirements, internal grievance procedures, due diligence in connection with the sale or transfer of assets, and creating de-identified information. We may use and disclose information to make sure the obstetrical and gynecological care you receive is of the highest quality. We may share information with other entities that have a relationship to you. For example, we may request that a copy of laboratory work and diagnostic tests be sent to your Primary Care Physician. If you provide us with a photograph, we may post it on our “Wall of Fame.”

Other Permitted and Required Uses and Disclosures

We may also use and disclose your protected health information in the following instances as outlined below. You have the opportunity to agree or object to the use or disclosure of all or part of your protected health information.

To Others Involved in Your Healthcare—Unless you object, we may disclose to a member of your family, a relative, a close friend or any other person, that you identify, your protected health information that directly relates to that person’s involvement in your healthcare. If you are unable to agree or object to such a disclosure, we may disclose such information as necessary if we determine that it is in your best interest based on our professional judgment. We may use or disclose protected health information to notify or assist in notifying a family member, personal representative or any other person that is responsible for your care, general condition or death. If you are not present or able to agree or object to the use or disclosure of the protected health information, then your Healthcare Provider may, using professional judgment, determine whether the disclosure is in your best interest. In this case, only the protected health information that is relevant to your healthcare will be disclosed.

As Required By Law—We may use or disclose your protected health information to the extent that is required by law (which includes, but are not limited to):

- **For Public Health**—We may disclose your protected health information for public health activities and purposes to a public health authority that is permitted by law to collect or receive the information.
- **For Communicable Diseases**—We may disclose your protected health information, if authorized by law, to a person who may have been exposed to a communicable disease or may otherwise be at risk of contracting or spreading the disease or condition.
- **For Health Oversight**—We may disclose protected health information to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections.

- **In Cases of Abuse or Neglect**—We may disclose your protected health information to a public health authority that is authorized by law to receive reports of child abuse or neglect. In addition, we may disclose your protected health information if we believe that you have been a victim of abuse, neglect or domestic violence to the governmental entity or agency authorized to receive such information. In this case, the disclosure will be made in a manner that is consistent with the requirements of applicable federal and state laws.
- **To The Food and Drug Administration**—We may disclose your protected health information to a person or company required by the Food and Drug Administration to report adverse events, to monitor product defects or problems, to report biologic product deviations, to track products, to enable product recalls, to make repairs or replacements, or to conduct post-marketing surveillance, as required.
- **For Legal Proceedings**—We may disclose protected health information in the course of any judicial or administrative proceeding, in response to an order of a court or administrative tribunal (to the extent such disclosure is expressly authorized), in certain conditions in response to a subpoena, discovery request or other lawful process.
- **To Law Enforcement**—We may also disclose protected health information, as long as applicable legal requirements are met, for law enforcement purposes.
- **To Coroners, Funeral Directors, and Organ Donation**—We may disclose protected health information to a coroner or medical examiner for identification purposes, determining cause of death or for the coroner or medical examiner to perform other duties authorized by law. We may also disclose protected health information to a funeral director, as authorized by law, in order to permit the funeral director to carry out his/her duties. Protected health information may be used and disclosed for cadaveric organ, eye or tissue donation purposes.
- **For Research**—We may disclose your protected health information to researchers when an institutional review board has reviewed and approved the research proposal and established protocols to ensure the privacy of your protected health information.
- **In Cases of Criminal Activity**—Consistent with applicable federal and state laws, we may disclose your protected health information if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. We may also disclose protected health information, if it is necessary for law enforcement authorities, to identify or apprehend an individual.
- **For Military Activity and National Security**—When the appropriate conditions apply, we may use or disclose protected health information of individuals who are Armed Forces personnel: (1) for activities deemed necessary by appropriate military command authorities; (2) for the purpose of a determination by the Department of Veterans Affairs of your eligibility for benefits ;or (3) to foreign military authority if you are a member of that foreign military service.
- **For Workers' Compensation**—Your protected health information may be disclosed as authorized to comply with workers' compensation laws and other similar legally-established programs.
- **When an Inmate**—We may use or disclose your protected health information if you are an inmate of a correctional facility and your Healthcare Provider created or received your protected health information in the course of providing care to you.
- **Required Uses and Disclosures**—Under the law, we must make disclosures about you when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of the Privacy Rule.

Your Rights Under the Privacy Rule

Following is a statement of your rights, under the Privacy Rule, in reference to your protected health information. Please feel free to discuss any questions with our staff.

- **Right to receive a copy of this Notice of Privacy Practices**—We are required to follow the terms of this notice. We reserve the right to change the terms of our notice, at any time. If needed, new versions of this notice will be effective for all protected health information that we maintain at that time. Upon your request, we will provide you with a revised Notice of Privacy Practices if you call our office and request that a revised copy be sent to you in the mail or ask for one at the time of your next appointment.
- **Right to authorize other use and disclosure**—This means you have the right to authorize or deny any other use or disclosure of protected health information that is not specified within this notice. You may revoke an authorization, at any time, in writing, except to the extent that your Healthcare Provider or our office has taken an action in reliance on the use or disclosure indicated in the authorization.
- **Right to designate a personal representative**—This means you may designate one person with the delegated authority to consent to or authorize the use or disclosure of protected health information.
- **Right to inspect and copy**—This means you may inspect and obtain a copy of protected health information about you that is contained in your patient record. We have the right to charge a reasonable fee for copies as established by professional, state, or federal guidelines. A time can be scheduled for a member of our staff to sit down with you and inspect your records.
- **Right to request a restriction**—This means you may ask us, in writing, not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. In certain cases, we may deny your request for a restriction.
- **Right to request an amendment**—This means you may request an amendment of your protected health information for as long as we maintain this information. In certain cases, we may deny your request for an amendment.
- **Right to an accountability of disclosures**—This means that you may request a listing of disclosures that we have made, of your protected health information, to entities or persons outside of our office other than for the purposes of treatment, payment, healthcare operations, or a purpose authorized by you.

Complaints

You may file a complaint with us by notifying our HIPAA Committee at 517/484-3000, extension 112. Complaints must be filed within 180 days of the occurrence. Other complaints may be sent to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us.

Patient Signature

Date

General consent to treat

I request and authorize medical and surgical treatment as may be deemed necessary and appropriate by the physician and his/her designees participating in my care.

This care may include diagnostic, radiologic, and laboratory procedures, anesthesia, Therapeutic procedures, drugs, ultrasound, nursing, and emergency care, and any other testing medically necessary for the diagnosis and care of the patient.

Patient's signature_____

Date_____

Witness signature_____

Date_____

FINANCIAL POLICY

Dear Patient,

It is our hope that we can provide our patients with the best care and service possible. Therefore, it is important that you have a complete understanding of our financial policy as it relates to your financial obligation. Please read the following document thoroughly and sign below only after you have read and agree to comply with the policy of Advanced Women's Health Specialists.

- ✚ If you are a member of a health plan that Advanced Women's Health Specialists participates with, we will submit your claim on your behalf. Your co-payment will be expected at the time services are rendered. You will also be responsible for any services provided that your health care plan deems as "not covered" or "not a benefit".
- ✚ If we do not participate with your insurance plan, full payment is due at the time services are rendered.
- ✚ Medicare patients will be responsible for their deductible, co-insurance and any services Medicare may deem "medically unnecessary".
- ✚ If you are a minor, the parent or guardian accompanying you to the visit will be held responsible for the payment.
- ✚ We reserve the right to charge for additional services that may be rendered on your behalf to better assist you such as phone consultations, copying of medical records and completion of relevant forms. We ask that you provide us with a week's notice for the above mentioned requests. There is a minimum \$35 fee for each set of copies that is requested and a \$35 fee for each form that needs to be filled out by the physician.
- ✚ We accept the following forms of payment: cash, check, Master card, Visa and Discover, Debit cards. Please note that there will be a \$35 fee for any form of payment that is not able to be fulfilled upon processing due to insufficient funds.
- ✚ We reserve the right to turn your account into collections if it is deemed that you have defaulted on payments despite written and phone notification. If payment is late a \$10 charge will be added to your account for each additional month of delayed payment. You will also incur a \$35 non refundable fee once your account has been sent into collections. You agree to pay all collection fees, including any relevant legal and attorney fees incurred by Advanced Women's Health Specialists, PLLC in enforcing this policy.
- ✚ We value your appointment and we believe that as a courtesy to patients like yourself, any plan to cancel or reschedule an appointment must be performed 24 hours in advance. Failure to do so may result in a charge of \$25.

Patient Signature _____

Date _____

e-PRESCRIBING PBM CONSENT FORM

ePrescribing is defined as a physician's ability to electronically send an accurate, error free, and understandable prescription directly to a pharmacy. Congress has determined that the ability to electronically send prescriptions is an important element in improving the quality of patient care.

Benefits data are maintained for health insurance providers by organizations known as Pharmacy Benefits Managers (PBM). PBM's are third party administrators of prescription drug programs whose primary responsibilities are processing and paying prescription drug claims. They also develop and maintain formularies, which are lists of dispensable drugs covered by a particular drug benefit plan.

The Medicare Modernization Act (MMA) 2003 listed standards that have to be included in an ePrescribe program. These include:

- **Formulary and benefit transactions**— Gives the prescriber information about which drugs are covered by the drug benefit plan.
- **Medication history transactions**—Provides the physician with information about medications the patient is already taking prescribed by any provider, to minimize the number of adverse drug events.

By signing this consent form you are agreeing that Advanced Women's Health Specialists can request and use your prescription medication history from other healthcare providers and/or third-party pharmacy benefit payors for treatment purposes.

Patient Name (printed) _____ Date of Birth ___ / ___ / _____

Signature of patient (or representative) _____

Date ___ / ___ / _____ Relationship if other than patient _____

Consent Denied _____ Date ___ / ___ / _____

Laboratory waiver

Patient name: _____

I understand that certain medical insurances may deny payment for laboratory testing, immunizations, contraceptive techniques, pap smears, and routine physical exams. I understand that if my insurance carrier denies coverage regarding any of the procedures performed at AWHs, PLLC, I personally agree to fulfill the payment for which I am responsible.

Patient signature

Date

Witness signature

Date

OB Financial Policies

Thank you for choosing Advanced Women's Health Specialists for your pregnancy and delivery. In an effort to keep your healthcare costs to a minimum, we have adopted the following policies. Your understanding of these policies is important. Please review this document and contact our billing office with any questions you may have.

Global Care

Your insurance company describes this as all prenatal visits relating to your pregnancy from the second visit until delivery. Therefore, Advanced Women's Health Specialists (AWHS) will bill your prenatal visits (13-14 visits), delivery and postpartum visits separately.

Labs and ultrasounds are not considered to be part of the global fee and are billed separately at time of service. Depending on your insurance coverage, you may be responsible for a portion of these charges.

Patient Portion and OB Payment Plan

After your initial visit, we recommend contacting your insurance company to obtain benefits for pregnancy and verify any precertification of services required. Some insurance requires the patient to contact them for prenatal registration.

OB Payment Plan - When calling for pregnancy benefits, your insurance will advise you of your portion of the global fee. This is called your co-insurance. We are authorized by your insurance to collect this portion prior to delivery. Our policy is that the amount due be collected by the 32nd week of pregnancy. We will create an OB Payment Plan that will be available by your second OB visit. We offer these options in regard to payment:

- Payment in full (due at your third visit)
- Monthly payments at time of visit, up to 32 weeks

Please remember that you may have a deductible that will have to be met. If this is the case; you may have additional charges that will be your responsibility. Deductibles can't be collected upfront. The claims must go through the insurance first. **

Co pays

Most insurances do not charge a copay per visit AFTER your initial visit. They do, however, charge copays for any testing or visit outside of the "Routine Prenatal Care". Specialized testing, such as non-stress testing, may require copays. Copays are due at time of service. A late fee of \$25.00 will be assessed to those not paid at time of service.

HRA/HAS/Flex Spending

Higher deductible plans (HRA, HSA, and FLEX) encourage patients to share more responsibility for how their health care dollars are spent. This means that you will have a larger portion of your health care costs to pay. Plans vary from insurance to insurance making it almost impossible to track all plans. Due to this, AWHS requires the global fee to be paid by the 32nd week of pregnancy, as with traditional plans.

Changes in Insurance

Should you have a change in insurance during your pregnancy, please contact the billing department as soon as you have all of the new information. We recommend contacting your insurance company to obtain benefits for pregnancy and verify any precertification of services required.

****A note about benefits****

Please keep in mind that although your insurance quotes benefits in regard to pregnancy, there is no guarantee of payment. Insurances consider many factors when claims are being adjudicated or processed. Any questions in regards to an insurance payment must be directed to your insurance company.

Leaving the Practice

Should it be necessary for you to transfer care during your pregnancy, AWHS will bill your insurance for their portion of the global fee.

Tubal Litigation (sterilization) at Delivery

Sterilization procedures are an additional charge. Should you decide to proceed with sterilization, we recommend contacting your insurance company in regard to sterilization benefits. You will be responsible for any co-insurance amounts prior to your delivery.

I acknowledge that I am signing this statement voluntarily, and that it is not being signed under duress or after the services have already been provided.

Patient Name: _____ Date: _____

Patient Signature: _____ Date: _____

Hereditary Cancer Syndrome Risk Assessment

Patient Name: _____ Physician: _____

Date of Birth: _____ Date Completed: _____

This is a screening tool for the common features of Hereditary Breast and Ovarian Cancer Syndrome and Lynch Syndrome.

Instruction:

- Please circle **Y** for those that apply to **YOU and/or YOUR FAMILY** (on both your mothers or fathers side).
- Each statement should be answered individually, so you may list the same cancer diagnosis more than once.
- You and the following family member should be considered:

Mother, Father, Brother, Sister, Children, Nieces/Nephews

Maternal – Grandmother, Grandfather, Aunts, Uncles, First Cousins

Paternal - Grandmother, Grandfather, Aunts, Uncles, First Cousins

Y	N	Have you ever been tested for hereditary risk of cancer (BRCA testing or Lynch Syndrome Testing)? If yes, please explain:
Y	N	Have any members of your family ever been tested for hereditary risk of cancer (BRCA testing or Lynch Syndrome Testing)? If yes, please explain:

BREAST AND OVARIAN CANCER		SELF	FAMILY MEMBER	AGE AT DIAGNOSIS
Y	N	Ashkenazi Jewish ancestry with breast or ovarian cancer diagnosed in you or any family member?		
Y	N	Ovarian cancer diagnosed in you or any family members?		
Y	N	Male breast cancer diagnosed in any family members?		
Y	N	Breast cancer diagnosed at 45 years of age or younger in you or any family members?		
Y	N	Bilateral breast cancer or multiple primary breast cancers diagnosed in you or any family members?		
Y	N	Three or more breast cancers diagnosed all on the same side of your family?		
Y	N	Pancreatic cancer with breast or ovarian cancer in the same person or on the same side of the family?		

COLON AND UTERINE CANCER		SELF	FAMILY MEMBER	AGE AT DIAGNOSIS
Y	N	Colon cancer diagnosed before 50 years of age in you or any family members?		
Y	N	Uterine (Endometrial) cancer diagnosed before 50 years of age in you or any family members?		
Y	N	Two or more of the following cancers diagnosed all on the same side of your family (colon, uterine, ovarian, stomach, small Bowel, kidney/urinary tract, pancreatic, or brain)		

For Office Use Only

Patient offered genetic testing

Accepted

Declined

Reviewed By: _____

Patient Signature _____



advanced women's health specialists

CONSENT TO SUBSTITUTE OBSTETRICIAN AND GYNECOLOGICAL CARE AT TIME OF DELIVERY OR AN EMERGENCY

Patient Name: _____ Date: _____

Patient's Date of Birth: _____

In engaging you as my obstetrician and/or gynecologist, I understand that if you are unavailable or unable for any reason to be present and to deliver me or attend to a medical emergency at the time of my confinement, you will exercise reasonable care and diligence in referring me to another duly licensed physician to render obstetrical and/or gynecological care to me at that time.

I agree to hold you free from any responsibility in connection with any services that may be performed by any physician to who you may refer me or who is called in your absence.

ALTERNATING PHYSICIANS WHO MAY ROTATE COVERAGE ARE AS FOLLOWS:

Jasmin Ghuznavi, M.D. – Becky Smith, D.O.

Eastside OBGYN: Suzanne Hall, M.D.– Elizabeth Cousineau, M.D – Carmen Lafia, M.D.

Hospital Laborist (which includes both male and female providers)

Signature of Patient: _____ Date: _____

Signature of Witness: _____ Date: _____

I hereby certify that, in my opinion, the patient's consent is an informed consent.

Signature of Physician: _____ Date: _____



Name: _____ Date of Birth: _____ Today's Date: _____

Medical History (any new from last visit):

- | | | |
|--|---|---|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Depression/Mental Illness | <input type="checkbox"/> Diabetes: Type 1 |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Diabetes: Type 2 |
| <input type="checkbox"/> Heart Murmur | <input type="checkbox"/> HIV | <input type="checkbox"/> Polycystic Ovaries (PCOS) |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Endometriosis |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Uterine Fibroids |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Cholesterol | <input type="checkbox"/> Cancer (Please specify type) |
| <input type="checkbox"/> Migraines | <input type="checkbox"/> Thyroid Disease: Hyperthyroid | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Lupus | <input type="checkbox"/> Thyroid Disease: Hypothyroid | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Ovarian Cysts | <input type="checkbox"/> _____ |

Social History: (please circle) Single Married Divorced Widowed Female Partner Male Partner

Occupation: _____ Student: Yes No

Do you use tobacco? Yes No Previously How many packs/cigarettes per day? _____

Do you use alcohol? Yes No Previously How many drinks per day/week? _____

Do you use drugs? Yes No Previously What kind? _____ How Often? _____

OB/GYN History:

First day of your last period: _____

Age of first period: _____ How Long do your periods last? _____ How many days between periods? _____

Cramping during periods? Yes No Flow: Heavy Medium Light Clots: Yes No

Are you currently sexually active?.....Yes No

Is your current sexual partner(s)?.....Male Female Both

Do you have a history of sexually transmitted diseases? Yes No Please specify type: _____

What do you currently use for contraception? _____

What have you previously used? IUD Pills Condoms Patch Nuvaring Other: _____

Date of last pap smear: _____ Normal Abnormal Date of last mammogram: _____ Normal Abnormal

Date of last colonoscopy: _____ Normal Abnormal Date of last bone density: _____ Normal Abnormal

How many times have you been pregnant? _____ Number of children? _____

Date of delivery	Weeks at delivery	C-section/ vaginal	Male/Female	Baby's birth weight	Complications
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

Name: _____

Surgical History (any new from last visit)

Date	Type of surgery	Date	Type of surgery
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Medication (please include vitamins and over the counter medications):

Medication	Dosage (mg, IU)	How often do you take it
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Allergies (please include medications, environmental, and food allergies):

Allergy	Reaction (hives, swelling, etc)	Allergy	Reaction
_____	_____	_____	_____
_____	_____	_____	_____

Family Medical History (please include relationship to you, i.e. parents, siblings, grandparents):

- | | | |
|---|--|--|
| <input type="checkbox"/> Diabetes: Type 1 _____ | <input type="checkbox"/> Osteoporosis _____ | <input type="checkbox"/> Ovarian Cancer |
| <input type="checkbox"/> Diabetes: Type 2 _____ | <input type="checkbox"/> Stroke _____ | <input type="checkbox"/> Other Cancer (please specify) _____ |
| <input type="checkbox"/> High Blood Pressure _____ | <input type="checkbox"/> Lupus _____ | _____ |
| <input type="checkbox"/> Depression/Mental Illness _____ | <input type="checkbox"/> Heart Disease _____ | _____ |
| <input type="checkbox"/> Thyroid Disease: Hypothyroid _____ | <input type="checkbox"/> Emphysema _____ | <input type="checkbox"/> Other (please specify) _____ |
| <input type="checkbox"/> Thyroid Disease: Hyperthyroid _____ | <input type="checkbox"/> Breast Cancer _____ | _____ |
| <input type="checkbox"/> Kidney Disease _____ | <input type="checkbox"/> Colon Cancer _____ | _____ |

Review of Symptoms (Please include any symptoms or problems you are experiencing today):

Concerns of problems you would like to discuss today: _____

- | | | |
|--|--|--|
| <input type="checkbox"/> Tired/Fatigue | <input type="checkbox"/> Joint Pain | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Loss of appetite | <input type="checkbox"/> Loss of hair | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Bleeding from gums | <input type="checkbox"/> Memory/concentration difficulty | <input type="checkbox"/> Difficulty sleeping |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Decreased libido (sex drive) | <input type="checkbox"/> Weight loss |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Weight gain |
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Vomiting | <input type="checkbox"/> Lightheadedness |
| <input type="checkbox"/> Shortness of breath with exercise | <input type="checkbox"/> Blood in stool | <input type="checkbox"/> Breast lump |
| <input type="checkbox"/> Nausea | <input type="checkbox"/> Intolerance to cold | <input type="checkbox"/> Breast tenderness |
| <input type="checkbox"/> Frequent urination at night | <input type="checkbox"/> Intolerance to heat | <input type="checkbox"/> Nipple discharge |
| <input type="checkbox"/> Urinary frequency | <input type="checkbox"/> Night sweats | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Urinary urgency | <input type="checkbox"/> Decreased hearing | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> Blood in urine | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Heartburn |