

* BASED ON OWN EXPERIENCE & NOT AFFILIATED WITH ANY INSTITUTION*



PSYD TENTATIVE
TIMELINE &
RESOURCES
[UNOFFICIAL
GUIDE]* FOR
AU STUDENTS

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RESOURCES HAVE BEEN TAILORED FOR AU STUDENTS



PSY.D. TENTATIVE TIMELINE & RESOURCES

First Year

Fall | 1st Block: Welcome to AU!

- Create a LinkedIn profile
- Follow AU's social media
- Consider joining societies/organizations at the institutional level

Spring | 2nd Block

- January:
 - Join the state psychological association (FPA)
 - Join American Psychological Association (APA)
 - Consider joining APA divisions that align with your interests (some have free membership for the first year)
- Consider becoming familiar with conducting research in psychology
 - Consider joining a research lab with peers or faculty members
- Post-midterms:
 - Become familiar with conducting initial evaluations
 - Get familiar with Time2Track (watch video)

Summer | 3rd Block

- Get a membership for Time2Track
- Consider working on 1st research project/poster: conduct a systematic/literature review
 - Project can be based on previous research conducted for an assignment in your Psy.D. courses
 - Submit to the AU Research Symposium (which usually takes place in June with a deadline around May) or to a local conference (see appendix I)
- Apply for external practicum site #1 based on your interest/concentration
- *Tentative:* Work on 2nd research project/poster: conduct a systematic/literature review to submit to the American Psychological Association (APA) Convention (deadline usually in early December)



PSY.D. TENTATIVE TIMELINE & RESOURCES

Second Year

Fall | 4th Block

- Consider working on 2nd/3rd research project/poster: conduct a systematic/literature review
 - Submit to the APA Convention (deadline usually in early December) or other conventions based on your interest (see Appendix I for list)
- Create a ResearchGate profile
- Tip for external practicum sites: remember to form relationships with advisors/supervisors (future writers of recommendations)
- If haven't, apply for external practicum site #1 based on your interest/concentration

Spring | 5th Block

- Consider leadership roles/advocacy at the institutional level:
 - Get involved with Student Council
 - Get involved with societies/organizations
- Work on your 1st contribution publication:
 - Consider writing an article for the AU magazine or student success blog

Summer | 6th Block

- Consider working on 3rd/4th research project/poster: take advantage of research methods class (may use assignments developed in this class)
- Consider conducting research based on your interest/concentration & submit it to a convention
- *Tentative*: consider working on a peer-reviewed journal publication #1 (after taking research methods)
 - APA Journals (free to publish for students; student-friendly journals)
 - Consider publications with “rapid review”
- Towards the end of the semester: consider applying for external practicum site #2 based on your interest/concentration (this will vary based on your contract & when you started external practicum #1)



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Third Year

Fall | 7th Block:

- Start thinking about your doctoral project (consider the topic based on your interest/concentration)
 - Consider writing an article & work on your 2nd contribution publication
- Register & study for written comp. exam (consider tutoring services)
- *Tentative:* consider whether you want to pursue certifications in the future (will depend on the area of interest, experience, & practicum hours, see Appendix II)

Spring | 8th Block

- Take written comp. exam
- Identify topic of doctoral project
 - If collecting data, make sure to get familiar with the IRB process asap
- *Tentative:* If not doing a journal manuscript, consider working on a 3rd contribution publication

Summer | 9th Block

- Consider working on 4th/5th research project/poster: try to align with doctoral project topic/interest/field
- Prepare submission(s) for conference
- Take elective based on your interest/concentration
- *Tentative:* Propose doctoral project by the end of the semester
- Consider whether you need additional practicum hours
 - Consider whether to extend placement at external prac site #2 or do prac at external site #3 (be mindful of lengths of contracts)
- Around June: Determine 3–4 writers for recommendation letters (note some internship sites will require at least 2 previous supervisors)
 - Ask for letters of recommendation before end of semester



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Third Year

*****July: APPIC applicant portal site opens*****

- Create account & sign up
- Register for national matching services
- Become familiar with the internship process (check the internship guide for a detailed timeline & internship resources)

Summer Break

- Develop CV (make sure to have all conferences, publications, etc.)
- Double-check Time2Track hours
- Submit transcript requests as soon as the semester is done & grades are posted
- Start doing a preliminary browse on the internship directory.
 - Note: some information may change or may not be updated yet



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Fourth Year

Fall | 10th Block

- If haven't, aim to propose doctoral project before October
- Take elective based on your interest/concentration
- Apply for internship (check the [internship guide](#) for detailed timeline & more resources)

Spring | 11th Block

- Aim to defend doctoral project by the end of the semester
- Take elective based on your interest/concentration

Summer | 12th Block

- If haven't, aim to defend doctoral project by the end of the semester & before going to internship
- Take elective based on your interest/concentration

Fifth Year

Block 13th-15th: Internship!

- Remember to apply for graduation & check with registrar's office & DCT for any pending requirements.



PSY.D. TENTATIVE TIMELINE & RESOURCES

Appendix I: Conferences & Conventions

In-state

Annual South Florida Student Research Symposium at Albizu University
Florida Association of School Psychologists (FASP).
Florida Psychological Association–Division of Graduate Students (FPAGS).
Miami International Children & Adolescent Mental Health (MICAMH), Conference

National (all interests)

American Psychological Association (APA), Annual Convention
Association for Psychological Science (APS), Annual Convention

Neuropsychology

American Congress of Rehabilitation Medicine (ACRM), Annual Convention
International Neuropsychology Society (INS).
National Academy of Neuropsychology (NAN), Annual Convention

Child & Adolescent Psychology

Florida Association of School Psychologists (FASP).
Journal of Clinical Child and Adolescent Psychology Future Directions Forum (JCCAP).
Miami International Children & Adolescent Mental Health (MICAMH), Conference

Culture & Diversity

National Latinx Psychological Association (NLPA), Annual Conferencia
APA Division 45 Biennial Research Conference



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Appendix II: Certifications & Additional Credentials

- American Bowen Academy.
- Beck Institute
- Certified Trauma Professional by the International Association of Trauma Professionals
- Individual Crisis Specialist by the American Academy of Suicidology.
- Certified Brain Injury Specialist by the Brain Injury Association of America
- PESI Certifications & Seminars (only some are free).
- Telehealth Certification Training for Mental Health Professionals by PESI