

\* BASED ON OWN EXPERIENCE & NOT AFFILIATED WITH ANY INSTITUTION \*



PSYD TENTATIVE  
TIMELINE &  
RESOURCES  
[UNOFFICIAL  
GUIDE]\* FOR  
AU STUDENTS

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\* RESOURCES HAVE BEEN TAILORED FOR AU STUDENTS \*



# PSY.D. TENTATIVE TIMELINE & RESOURCES

## First Year

### Fall | 1st Block: Welcome to AU!

- Create a LinkedIn profile
- Follow AU's social media
- Consider joining societies/organizations at the institutional level

### Spring | 2nd Block

- January:
  - Join the state psychological association (FPA)
  - Join American Psychological Association (APA)
    - Consider joining APA divisions that align with your interests (some have free membership for the first year)
- Consider becoming familiar with conducting research in psychology
  - Consider joining a research lab with peers or faculty members
- Post-midterms:
  - Become familiar with conducting initial evaluations
  - Get familiar with Time2Track (watch video)

### Summer | 3rd Block

- Get a membership for Time2Track
- Consider working on 1st research project/poster: conduct a systematic/literature review
  - Project can be based on previous research conducted for an assignment in your Psy.D. courses
  - Submit to the AU Research Symposium (which usually takes place in June with a deadline around May) or to a local conference (see appendix I)
- Apply for external practicum site #1 based on your interest/concentration
- *Tentative:* Work on 2nd research project/poster: conduct a systematic/literature review to submit to the American Psychological Association (APA) Convention (deadline usually in early December)



# PSY.D. TENTATIVE TIMELINE & RESOURCES

## Second Year

### Fall | 4th Block

- Consider working on 2nd/3rd research project/poster: conduct a systematic/literature review
  - Submit to the APA Convention (deadline usually in early December) or other conventions based on your interest (see Appendix I for list)
- Create a ResearchGate profile
- Tip for external practicum sites: remember to form relationships with advisors/supervisors (future writers of recommendations)
- If haven't, apply for external practicum site #1 based on your interest/concentration

### Spring | 5th Block

- Consider leadership roles/advocacy at the institutional level:
  - Get involved with Student Council
  - Get involved with societies/organizations
- Work on your 1st contribution publication:
  - Consider writing an article for the AU magazine or student success blog

### Summer | 6th Block

- Consider working on 3rd/4th research project/poster: take advantage of research methods class (may use assignments developed in this class)
- Consider conducting research based on your interest/concentration & submit it to a convention
- *Tentative*: consider working on a peer-reviewed journal publication #1 (after taking research methods)
  - APA Journals (free to publish for students; student-friendly journals)
    - Consider publications with “rapid review”
- Towards the end of the semester: consider applying for external practicum site #2 based on your interest/concentration (this will vary based on your contract & when you started external practicum #1)



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## Third Year

### Fall | 7th Block:

- Start thinking about your doctoral project (consider the topic based on your interest/concentration)
  - Consider writing an article & work on your 2nd contribution publication
- Register & study for written comp. exam (consider tutoring services)
- *Tentative:* consider whether you want to pursue certifications in the future (will depend on the area of interest, experience, & practicum hours, see Appendix II)

### Spring | 8th Block

- Take written comp. exam
- Identify topic of doctoral project
  - If collecting data, make sure to get familiar with the IRB process asap
- *Tentative:* If not doing a journal manuscript, consider working on a 3rd contribution publication

### Summer | 9th Block

- Consider working on 4th/5th research project/poster: try to align with doctoral project topic/interest/field
- Prepare submission(s) for conference
- Take elective based on your interest/concentration
- *Tentative:* Propose doctoral project by the end of the semester
- Consider whether you need additional practicum hours
  - Consider whether to extend placement at external prac site #2 or do prac at external site #3 (be mindful of lengths of contracts)
- Around June: Determine 3-4 writers for recommendation letters (note some internship sites will require at least 2 previous supervisors)
  - Ask for letters of recommendation before end of semester



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## Third Year

**\*\*\*July 15: APPIC applicant portal site opens\*\*\***

- Create account & sign up
- Register for national matching services
- Become familiar with the internship process (watch webinar)

## **Summer Break**

- Develop CV (make sure to have all conferences, publications, etc.)
- Double-check Time2Track hours
- Submit transcript requests as soon as the semester is done & grades are posted
- Start doing a preliminary browse on the internship directory
  - Note: some information may change or may not be updated yet



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## Fourth Year

### Fall | 10th Block

- If haven't, aim to propose doctoral project before October
- Take elective based on your interest/concentration
- Apply for internship (see appendix III & watch [webinars](#))

### Spring | 11th Block

- Aim to defend doctoral project by the end of the semester
- Take elective based on your interest/concentration

### Summer | 12th Block

- If haven't, aim to defend doctoral project by the end of the semester & before going to internship
- Take elective based on your interest/concentration

## Fifth Year

### Block 13th-15th: Internship!



# PSY.D. TENTATIVE TIMELINE & RESOURCES

## Appendix I: Conferences & Conventions

### **In-state**

Annual South Florida Student Research Symposium at Albizu University  
Florida Association of School Psychologists (FASP).  
Florida Psychological Association–Division of Graduate Students (FPAGS).  
Miami International Children & Adolescent Mental Health (MICAMH), Conference

### **National (all interests)**

American Psychological Association (APA), Annual Convention  
Association for Psychological Science (APS), Annual Convention

### **Neuropsychology**

American Congress of Rehabilitation Medicine (ACRM), Annual Convention  
International Neuropsychology Society (INS).  
National Academy of Neuropsychology (NAN), Annual Convention

### **Child & Adolescent Psychology**

Florida Association of School Psychologists (FASP).  
Journal of Clinical Child and Adolescent Psychology Future Directions Forum (JCCAP).  
Miami International Children & Adolescent Mental Health (MICAMH), Conference

### **Culture & Diversity**

National Latinx Psychological Association (NLPA), Annual Conferencia  
APA Division 45 Biennial Research Conference



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## Appendix II: Certifications & Additional Credentials

- American Bowen Academy.
- Beck Institute
- Certified Trauma Professional by the International Association of Trauma Professionals
- Individual Crisis Specialist by the American Academy of Suicidology.
- Certified Brain Injury Specialist by the Brain Injury Association of America
- PESI Certifications & Seminars (only some are free).
- Telehealth Certification Training for Mental Health Professionals by PESI





# PSY.D. TENTATIVE TIMELINE & RESOURCES

## Appendix III: Internship Tentative Timeline, Tips, & Resources

### June:

- Determine 3-4 writers for recommendation letters (note some internship sites will require at least 2 previous supervisors)
  - Aim to identify 2 faculty members & 2 supervisors
- Subscribe to the APPIC match [listserv](#).
- Become familiar with the overall process (watch [webinar](#))

### July:

- Ask for letters (in-person preferred) of recommendation before the end of summer semester
- July 15: APPIC applicant portal site opens
  - Create [account](#) & sign up
  - Register for [national matching services](#)
- Develop CV (make sure all your accomplishments are included)
  - Have CV reviewed (consider using career center services)
- Brainstorm ideas for essays
  - Consider tutoring/coaching services
- Submit transcript requests as soon as the semester is done & grades are posted
  - Add transcripts to your APPIC portal site
- Become familiar with prompts for essays
  - Begin to jot down ideas
- Start doing a preliminary browse on the internship [directory](#).
  - Note: some information may change or may not be updated yet
  - Think about what factors are important to you, such as:
    - Location
    - Training area/focus/concentration/rotation
    - Type of site
    - Work culture (e.g., training philosophy, commitment to diversity, etc.)



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## August:

- Aim to have your doctoral project proposed by end of this month
- Double-check Time2Track hours
  - Make sure to include all assessments & integrated reports
  - If still doing practicum, keep logging hours as you go (usually until Nov 1st)
- Work on drafts for essays #1 & #2
  - Consider using tutoring services
- Go back to the internship directory & begin developing a list of potential sites
  - Use aid to organize (consider a spreadsheet)

## September:

- Work on drafts for essays #3 & #4
  - Consider using tutoring services
- Make sure to check on your recommenders: remind them of deadlines
- Develop a generic template for cover letters
- Finalize list of sites
  - Make sure you have it organized & updated with contact info of directors, deadlines, requirements, & interview notifications
  - Identify information you will add in each cover letter for each site (be careful with specific instructions such as word count, bolding name of program, clarifying if program is APA accredited, etc.)
  - Identify whether you will need supplemental material: tx plans & integrated reports
    - Contact supervisors if needed
- Add final sites to your APPIC portal
  - Make sure to send requests for letters of recommendation



# PSY.D. TENTATIVE TIMELINE & RESOURCES

## October

- Aim to finalize all four essays by Oct. 10ish (try to have them reviewed by a tutor)
- Prepare all supplemental material if needed
- Aim to have all your letters of recommendation uploaded on your portal by Oct. 15
- Contact DCT & make sure you are cleared to apply
  - Time2Track must be approved by DCT
- Work on cover letters throughout the month (make sure each is customized to the site)
  - Aim to work with a tutor/coach

## November

- Review all material before submitting
- Aim to have most applications ready by Nov. 10
  - **\*\*Most sites have a deadline of Nov. 15\*\***
    - It is always better to have some "spare" days just in case something comes up last minute
- After submitting applications, remember to thank recommenders & other mentors
- Add list of interview(s) notification(s) date(s) to your spreadsheet (usually this can be found back in the directory)

## December

- Notifications will begin to come in (practice self-care & be in contact with your support system)
- Practice interviewing skills & do mock interviews
- Schedule interviews
- Identify list of potential questions for sites (aim to customize it)
- Become familiar with who will interview you if possible & review brochures again
  - Some sites will ask you to prepare a case sample. Make sure to prepare & practice.



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## January

- Conduct interviews
- Consider sending thank you email post-interview (some sites may discourage this)

## February

- Submit your rank list early! Do not leave till the last minute.
- Wait for match day!
  - Aim to have a plan for match day
- Post-match day:
  - If you match, congratulations! Make sure to touch base with your internship site. For international students, consider initiating CPT/OPT process asap.
  - If you do not match, do not get discouraged. You can re-apply for Phase II, which usually opens the same day as match day. Make sure to connect with the DCT & any other advisors before making any decision(s).



# PSY.D. TENTATIVE TIMELINE & RESOURCES

## Other Internship Resources

- [APAGS Workbook](#) (edition may change)
- [APPIC information for students](#) (review all links)
- [APPIC Website](#)
- [Internship Application Tips](#)
- [Time2Track Possible Interview Questions](#)
- [Time2Track: Entering Hours](#)

The prompts for the essays are the following:

1. **Autobiography** - Please provide an autobiographical statement.
2. **Case Conceptualization** - Please describe your theoretical orientation and how this influences your approach to case conceptualization and intervention. You may use de-identified case material to illustrate your points if you choose.
3. **Diversity** - Please describe your experience and training in work with diverse populations. Your discussion should display explicitly the manner in which multicultural/diversity issues influence your clinical practice and case conceptualization.
4. **Research** - Describe your research experiences and interests.