
The Tarot Life Card

A Symbolic Mirror of Your Soul's Journey

Tarot is often thought of as a tool for divination, but it can also be used as a framework for self-reflection and personal growth. One of the most popular concepts in tarot is the **Tarot Life Card**—also called a **Birth Card** or **Soul Card**.

Your Life Card is calculated using your birth date and is believed to represent the themes, strengths, lessons, and patterns that may accompany you throughout your life. Rather than predicting your future, it serves as a symbolic archetype—a mirror that invites you to explore who you are becoming.

Like many systems of symbolism, the Tarot Life Card is best viewed as a reflective practice rather than a scientific measure. Its value lies in the questions it inspires, not in fixed answers.

What Is a Tarot Life Card?

A Tarot Life Card is a **Major Arcana** card connected to your date of birth.

The **Major Arcana** consists of 22 archetypal cards representing universal stages of human development—from innocence and curiosity to wisdom, transformation, and completion.

Your Life Card highlights themes that may naturally arise throughout your life, including:

- Your core personality
- Natural strengths and talents
- Recurring life lessons
- Personal challenges
- Your approach to growth and transformation

Many people find that their Life Card becomes increasingly meaningful as they reflect on different stages of life.

How to Find Your Life Card

Finding your Life Card is simple.

Step 1

Write your birth date in numbers.

Example:

March 12, 1992

$3 + 12 + 1992$

Step 2

Add every digit together.

Example:

$3 + 1 + 2 + 1 + 9 + 9 + 2 = 27$

Step 3

If your total is greater than 21, reduce it again.

27

$2 + 7 = 9$

Life Card:

The Hermit

Secondary Birth Cards

Some tarot traditions also recognize a **secondary Birth Card**.

For example:

27 reduces to 9

Both **27** and **9** may be interpreted together, creating a richer symbolic picture.

Different schools of tarot use slightly different calculation methods, so you may encounter variations depending on the tradition being followed.

The 22 Tarot Life Cards

0 / 22 — The Fool

Theme: New beginnings, curiosity, trust, possibility

The Fool represents openness to experience and the willingness to step into the unknown. It reminds us that growth often begins before certainty exists.

1 — The Magician

Theme: Manifestation, confidence, action

The Magician symbolizes creativity, resourcefulness, and the ability to turn ideas into reality through focused intention and skill.

2 — The High Priestess

Theme: Intuition, mystery, inner knowing

This card encourages listening to your inner voice, cultivating patience, and trusting insights that emerge beneath the surface.

3 — The Empress

Theme: Creativity, abundance, nurturing

The Empress reflects growth, beauty, compassion, and the ability to create environments where people and ideas can flourish.

4 — The Emperor

Theme: Leadership, structure, responsibility

The Emperor represents discipline, stability, healthy boundaries, and building strong foundations.

5 — The Hierophant

Theme: Tradition, learning, wisdom

This card emphasizes education, mentorship, spiritual exploration, and the value of inherited knowledge while encouraging thoughtful discernment.

6 — The Lovers

Theme: Relationships, values, meaningful choices

Beyond romance, The Lovers highlights alignment between actions, beliefs, and authentic values.

7 — The Chariot

Theme: Determination, direction, perseverance

The Chariot represents disciplined movement toward meaningful goals while balancing opposing forces.

8 — Strength

Theme: Courage, compassion, resilience

Strength reminds us that true power often comes through patience, emotional balance, and gentle persistence rather than force.

9 — The Hermit

Theme: Reflection, wisdom, self-discovery

The Hermit encourages periods of solitude, contemplation, and seeking understanding from within.

10 — Wheel of Fortune

Theme: Cycles, change, opportunity

Life unfolds in seasons. The Wheel reminds us that endings create beginnings, and adaptability helps us navigate change.

11 — Justice

Theme: Truth, balance, accountability

Justice symbolizes fairness, integrity, personal responsibility, and making thoughtful decisions.

12 — The Hanged Man

Theme: Perspective, surrender, growth

Sometimes progress comes not through action, but through seeing life from a completely different viewpoint.

13 — Death

Theme: Transformation, endings, renewal

Despite its name, this card symbolizes profound change, releasing what no longer serves you, and making space for new growth.

14 — Temperance

Theme: Balance, harmony, integration

Temperance encourages patience, moderation, and bringing different parts of life into healthy alignment.

15 — The Devil

Theme: Attachment, limitation, awareness

The Devil invites honest reflection about habits, beliefs, fears, or patterns that may be keeping you stuck—and your capacity to reclaim your freedom.

16 — The Tower

Theme: Sudden change, awakening, liberation

Although often uncomfortable, The Tower represents breakthroughs that dismantle unstable foundations so something stronger can emerge.

17 — The Star

Theme: Hope, healing, inspiration

The Star symbolizes renewal, optimism, creativity, and trusting that healing unfolds over time.

18 — The Moon

Theme: Emotion, intuition, uncertainty

The Moon encourages exploring dreams, emotions, imagination, and the parts of ourselves that are not yet fully understood.

19 — The Sun

Theme: Joy, vitality, confidence

The Sun represents authenticity, success, warmth, and expressing your true self with openness.

20 — Judgement

Theme: Awakening, reflection, purpose

Judgement invites self-evaluation, forgiveness, and answering the call to live more intentionally.

21 — The World

Theme: Completion, integration, fulfillment

The World represents the completion of a meaningful cycle and the wisdom gained through lived experience.

Tarot as a Tool for Reflection

Your Tarot Life Card is not a label or a prediction—it is an invitation.

It offers a symbolic language through which you can reflect on your experiences, strengths, recurring patterns, and aspirations. As you grow, you may notice different aspects of your Life Card becoming more meaningful, reminding you that personal development is an ongoing journey rather than a fixed destination.

Whether you approach tarot from a spiritual, psychological, or simply curious perspective, your Life Card can serve as a thoughtful companion for self-exploration.

Reflection Questions

- If your Life Card were describing a chapter of your life right now, what themes feel most familiar?
- Which qualities of your card do you naturally embody, and which feel like opportunities for growth?
- How might understanding your Life Card encourage you to approach future challenges with greater awareness or intention?

Bohemia Collective