



WHAT'S YOUR SPIRITUAL CURIOSITY STYLE? ☾

How do I explore the unseen?

Discover how you naturally connect with **spirituality, meaning, mystery, consciousness, and the world beyond what can be easily explained.**

Spiritual curiosity looks different for everyone.

Some people look to the stars.

Some find wisdom in the forest.

Some create rituals.

Some trust intuition.

Some question everything.

Others feel the world through energy and connection.

There is no right way to be curious.

This quiz is an invitation to discover **your natural doorway into the unknown.**

◆ HOW TO TAKE THE QUIZ

For each question, choose the answer that feels **most naturally like you**.

Don't choose the answer you think you *should* choose.

Choose the one that makes you think:

“That's so me.”

At the end, your answers will reveal your **Spiritual Curiosity Style** — along with your natural strengths, potential blind spots, and the kind of practices that may help you explore your inner world more deeply.

THE SIX SPIRITUAL CURIOSITY STYLES

The Cosmic Explorer

“There is something much larger than me.”

Drawn toward astrology, consciousness, synchronicity, universal patterns, and the mysteries of existence.

The Earth Keeper

“The Earth has something to teach me.”

Finds connection through nature, seasons, plants, animals, cycles, and the rhythms of the natural world.

The Ritualist

“Meaning becomes powerful when we make space for it.”

Connects through ceremony, symbolism, intention, sacred objects, and intentional practices.

The Intuitive

“Something within me already knows.”

Trusts inner knowing, feelings, dreams, instincts, subtle perception, and personal experience.

The Philosopher

“I want to understand.”

Explores spirituality through psychology, philosophy, knowledge, questions, research, and the search for meaning.

The Energy Weaver

“Everything is connected.”

Feels drawn toward energy, healing, vibration, embodiment, chakras, Reiki, and the interconnected nature of life.

◆ THE QUIZ

1. When something mysterious happens, your first instinct is to...

- A. Look for the bigger cosmic pattern or synchronicity.
Cosmic Explorer
 - B. Pay attention to what nature, timing, or the environment might be reflecting.
Earth Keeper
 - C. Create a ritual or intentional moment around it.
Ritualist
 - D. Notice what my intuition and body are telling me.
Intuitive
 - E. Question it and investigate possible explanations.
Philosopher
 - F. Wonder about the energy or energetic connection behind it.
Energy Weaver
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2. Which experience feels most spiritually meaningful?

- A.** Looking at the night sky and contemplating the universe.
- B.** Walking through a forest, sitting beside water, or watching the seasons change.
- C.** Lighting a candle, creating an altar, journaling, or performing a meaningful ritual.
- D.** Having a powerful intuitive feeling that turns out to be meaningful.
- E.** Having a conversation that completely changes how I understand life.
- F.** Experiencing a powerful sense of energy, presence, or interconnectedness.

3. What are you most curious about?

- A.** The universe, astrology, consciousness, and our place within existence.
 - B.** The intelligence and rhythms of nature.
 - C.** Ancient traditions, symbolism, ceremony, and sacred practices.
 - D.** Dreams, intuition, synchronicities, and inner knowing.
 - E.** Why humans believe, search, connect, and create meaning.
 - F.** Energy, healing, vibration, and the relationship between mind and body.
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4. When you need guidance, where do you naturally look?

- A. The stars, planets, or larger patterns unfolding around me.
 - B. Nature, quiet spaces, and the rhythms of the Earth.
 - C. A ritual, meditation, journal practice, or symbolic object.
 - D. Within myself — especially my intuition and emotional responses.
 - E. Books, psychology, philosophy, teachers, and different perspectives.
 - F. My body, energy, breath, or subtle sensations.
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5. Which statement feels most like you?

- A. *“I believe there are patterns connecting things that we don't always notice.”*
 - B. *“I feel most grounded when I'm connected to the natural world.”*
 - C. *“Small intentional acts can hold enormous meaning.”*
 - D. *“Sometimes I know something before I can explain how I know it.”*
 - E. *“I'm willing to question even the things I believe.”*
 - F. *“I can feel that everything is connected in ways we don't fully understand.”*
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6. Which practice would you be most likely to explore?

- A.** Astrology, astronomy, moon cycles, or studying the cosmos.
 - B.** Forest bathing, gardening, herbalism, or seasonal living.
 - C.** Moon rituals, altars, intention setting, or ceremony.
 - D.** Meditation, dreamwork, journaling, or intuitive development.
 - E.** Philosophy, psychology, comparative spirituality, or consciousness studies.
 - F.** Reiki, chakra work, breathwork, energy healing, or somatic practices.
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7. What makes you feel most connected?

- A.** Realizing that my life is part of something much larger.
- B.** Feeling grounded in the Earth beneath my feet.
- C.** Creating intentional moments that make ordinary experiences sacred.
- D.** Feeling deeply connected to my own inner world.
- E.** Understanding myself and the world through deeper inquiry.
- F.** Feeling energy moving through my body and environment.

8. You encounter a meaningful coincidence. You...

- A.** Wonder whether the universe is showing me a larger pattern.
 - B.** Notice what was happening around me — where I was, the season, the natural environment.
 - C.** Mark the moment somehow so I can remember its significance.
 - D.** Trust that my intuition is drawing my attention to something.
 - E.** Ask whether coincidence, psychology, probability, or meaning could all be involved.
 - F.** Wonder about the energetic connection between the people, places, and circumstances involved.
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9. Which environment would you choose for deep reflection?

- A.** Beneath a clear night sky.
 - B.** Somewhere surrounded by trees, water, mountains, or open land.
 - C.** A quiet room filled with candles, meaningful objects, books, and symbols.
 - D.** Somewhere private where I can listen inwardly without distraction.
 - E.** A library, study, classroom, or thoughtful conversation.
 - F.** A peaceful space where I can meditate, breathe, move, or simply feel.
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10. When you learn about a spiritual belief that differs from your own, you...

- A.** Wonder how it fits into the larger human story and universal patterns.
 - B.** Become curious about how that culture relates to the Earth and its environment.
 - C.** Become interested in its rituals, symbols, and traditions.
 - D.** Notice whether something about it intuitively resonates with me.
 - E.** Want to understand its history, philosophy, and psychological meaning.
 - F.** Become curious about its energetic or healing practices.
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11. What do you most want spirituality to help you understand?

- A.** My place in the universe.
 - B.** My relationship with the Earth and the natural world.
 - C.** How to bring more intention and meaning into everyday life.
 - D.** Myself and the wisdom within me.
 - E.** Consciousness, existence, and the human experience.
 - F.** My energy, body, emotions, and interconnectedness with others.
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12. Complete the sentence:

“I feel most spiritually alive when...”

- A.** I'm contemplating something bigger than myself.
 - B.** I'm immersed in nature.
 - C.** I'm creating a meaningful ritual or sacred moment.
 - D.** I'm following an inner knowing.
 - E.** I'm discovering a new idea that changes how I see the world.
 - F.** I'm deeply present in my body and aware of energy around me.
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◆ YOUR RESULTS

Count how many times you selected each symbol.

Your **highest score** reveals your primary Spiritual Curiosity Style.

If two styles are close, you may have a **blended curiosity style** — which is completely natural. Spirituality rarely fits neatly into one doorway.

Your lowest score can also be interesting.

It may represent a way of exploring spirituality that feels **less familiar, more challenging, or simply less developed**.

☾ THE COSMIC EXPLORER

The Seeker of the Greater Pattern

You are fascinated by the vastness of existence.

You naturally look upward and outward — toward the stars, cycles, consciousness, synchronicity, and the mysteries that connect individual experience to something larger.

You may find yourself asking:

Why are we here?

How are we connected?

Is there a pattern beneath the chaos?

Your natural gifts

- Wonder
- Big-picture thinking
- Pattern recognition
- Curiosity
- Openness to possibility

Your growth edge

Remember to come back down to Earth.

The universe is fascinating — but your actual life is happening here, in your body, relationships, choices, and everyday moments.

Your invitation:

Find the cosmos within the ordinary.

THE EARTH KEEPER

The Listener of Natural Wisdom

You experience spirituality through relationship with the living world.

The changing seasons, the moon, plants, animals, weather, water, soil, and cycles of life can all become teachers.

You understand that wisdom doesn't always come from books.

Sometimes it comes from **paying attention**.

Your natural gifts

- Groundedness
- Presence
- Sensory awareness
- Patience
- Reverence for nature

Your growth edge

Don't romanticize nature so much that you forget to participate in life.

You are not separate from the natural world.

You are part of it.

Your invitation:

Slow down enough to notice what the Earth is already teaching you.

THE RITUALIST

The Maker of Meaning

You understand the power of intention.

A candle can become a pause.

A journal can become a conversation with yourself.

A morning ritual can become an anchor.

You naturally transform ordinary actions into meaningful experiences.

Your natural gifts

- Intention
- Symbolism
- Presence
- Creativity
- Meaning-making

Your growth edge

Remember that the ritual is not the transformation.

You are.

The practice is simply the container that helps you become conscious of what is already happening within you.

Your invitation:

Make the ordinary sacred — without becoming dependent on the ritual itself.

THE INTUITIVE

The Inner Listener

You naturally pay attention to what happens beneath conscious thought.

You notice:

- Feelings
- Dreams
- Body sensations
- Subtle impressions
- Patterns
- Instinctive responses

Your intuition can become a powerful source of self-awareness when balanced with reflection and discernment.

Your natural gifts

- Sensitivity
- Self-awareness
- Emotional perception
- Empathy
- Inner listening

Your growth edge

Not every feeling is intuition.

Sometimes anxiety feels like intuition.

Sometimes conditioning feels like instinct.

Learning to distinguish **intuition from fear, projection, and expectation** is part of your development.

Your invitation:

Listen inwardly — then check what you hear.

THE PHILOSOPHER

The Seeker of Understanding

You don't simply want to believe.

You want to understand.

You ask questions.

You investigate.

You compare perspectives.

You are comfortable sitting with uncertainty while exploring psychology, philosophy, spirituality, consciousness, and human behavior.

Your natural gifts

- Critical thinking
- Curiosity
- Discernment
- Intellectual openness
- Self-reflection

Your growth edge

You cannot think your way into every experience.

Sometimes understanding comes **after experiencing**.

Your invitation:

Let curiosity become an embodied practice, not just an intellectual pursuit.

THE ENERGY WEAVER

The Feeler of Connection

You experience the world through relationship, sensation, energy, and interconnectedness.

You may naturally gravitate toward practices involving:

- Reiki
- Chakras
- Meditation
- Breathwork
- Energy healing
- Somatic awareness
- Vibrational practices

Your curiosity begins with a simple question:

“What am I feeling?”

Your natural gifts

- Embodied awareness
- Sensitivity
- Presence
- Connection
- Compassion

Your growth edge

Stay curious about your experience without assuming every sensation has one specific explanation.

You can honour an experience while remaining grounded and discerning.

Your invitation:

Feel deeply. Stay curious. Remain grounded.

◆ YOUR ARCHITECTURE OF CURIOSITY

Your Spiritual Curiosity Style isn't a belief system.

It is a **doorway**.

And perhaps the most interesting discovery isn't simply *which style you are*.

It is discovering what happens when you step through another doorway.

The Cosmic Explorer teaches you wonder.

The Earth Keeper teaches you presence.

The Ritualist teaches you intention.

The Intuitive teaches you inner listening.

The Philosopher teaches you discernment.

The Energy Weaver teaches you connection.

Together, they create a richer architecture of curiosity.

And the journey isn't about finding one final answer.

It's about becoming someone who is willing to keep asking better questions.

Stay curious. Look deeper. Keep becoming.