

Dr Chen's **3** STEPS HEALING APPROACH

1. RELIEVE!

Provide immediate relief from pain and symptoms

2. REPAIR!

Stimulate and strengthen self-healing power

3. REJUVENATE!

Promote a balanced approach for own system to retain health

Dr Chen's treatment not only brings instant pain-relief, but also long lasting healing as his treatment programmes stimulate the immune system, thus activate the body's self-healing ability to repair and rejuvenate. This is made possible as Dr Chen uses Auricular Acupuncture and Kinesio Taping to continue his treatment even after the patient left the clinic.

Dr Chen gives advises on nutrition and sport habits as he believes

'We are what we live.'

Patients are invited to participate in their own healing process by pressing the Auricular bean points to reinforce the stimulation of their 'Chi' (energy) and 'Xue' (blood) at times needed. This empowers the patient, allowing them to control and participate in their pain management and ongoing treatment.

Dr Chen uses different kinds of acupuncture, for example Scalp Acupuncture, and Balance Acupuncture. He also uses Tuina (Chinese massage), moxibustion, cupping and herbal medicine for best treatment result. His treatment program not only helps to cure the symptoms but prevent same injury and illness from relapsing.

Our clinic aims to provide a comfortable environment with the high medical standards in patient care and treatments for patients to come, relax and receive optimum care; then achieving better and sustainable health using ancient wisdom of Chinese Medicine and modern medical technology.