



CLIMBING THE **KIDNEY** MOUNTAIN

Together, One Step at a Time

Kidney disease
became his
mountain.
Now he is climbing
for others.

**Emmanuel
Maliro.**

- Born with one kidney.
- Living with kidney disease.
- Still climbing.

This October, join

Mphukira Global Movement

led by **Emmanuel Maliro and Dr. Susan Brown**. Climb, hike, walk, jog, or run to raise awareness and hope for kidney health in Malawi. Wherever you are in the world, you can take part.

Contact us now



Save The Date

October 2026

No one should face the Kidney Mountain alone.

