

Start the Conversation

You don't need to be an expert or have answers.
Choose a question and start talking.

- 01 **How many kidneys do you have?**

- 02 **How do you know?**

- 03 **Do you know anyone who has had kidney disease?**

- 04 **What was that experience like for them—or for the people around them?**

- 05 **Before today, when was the last time you thought about your kidneys?**

Share experiences. Please do not give medical advice.
For questions, contact Mphukira™ Foundation.

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