Testimonial for Dr Antonia Bonagura

I had been x-rayed in 2016 after referral by my GP. My symptoms were discomfort and a reduced level of movement in my left side, making simple tasks such as tying my shoe laces very difficult. The x-ray had revealed osteoarthritis in my hip together with what was described as "lipping". As a result, I resigned myself to expect discomfort until surgery sometime in the future.

My pain was getting worse and my wife suggested seeing Dr Bonagura who at the initial consultation explained what the x-ray report meant and assured me we could make improvements without surgery. After just a few subsequent appointments together with some specific exercises for me to undertake at home, my situation is hugely improved; my discomfort has gone together with far greater movement in my left side. I can even tie my shoe laces!

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