PAHRUMP SENIOR CENTER TEL: (775) 727-5008 FAX: (775) 751-6831

MENU ~ MARCH 2023

Website: WWW.PAHRUMPSENIORCENTER.ORG

E-mail: SENIOR.CENTER@PAHRUMPSENIORCENTER.ORG PLEASE NOTE MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CT 77 MARCH	8	1 CHICKEN ALFREDO ASPARAGUS DVH MARCH B-DAYS CAKE BEEF/RICE SOUP MILK OR JUICE	2 ADSD #29 SHEPHERDS PIE SPINACH , MUFFIN BANANAS BEAN SOUP MILK OR JUICE	3 ADSD #80 BAKED SALMON BUTTERED NEW POTATOES BRAISED RED CABBAGE COOKIE ORANGE /SPINACH SALAD CORN CHOWDER MILK OR JUICE
6	7	8	9 ADSD #3	10 ADSD # 26
ORANGE CHICKEN RICE PEAS YOGURT W/ FRUIT BEAN SOUP MILK OR JUICE	ROAST BEEF/GRAVY ROASTED POTATOES GREEN BEANS FRUIT CHICKEN NOODLE SOUP MILK OR JUICE	BALSAMIC HERB CHICKEN PENNE PASTA VEGGIE MEDLEY FRUIT CHEESY BROCCOLI SOUP MILK OR JUICE	MEATLOAF W/W BREAD MASHED POTATOES/GRAVY CORN CAKE VEGGIE SOUP MILK OR JUICE	LEMON BAKED FISH BROWN RICE ZUCCHINI MELON GOULASH SOUP MILK OR JUICE
13 ADSD #44	14	15 ADSD #32	16	17 ST. PATRICKS DAY
SWISS STEAK BAKED POTATO SOUR CREAM / CHIVES VEGGIE MEDLEY W/W ROLL APPLESAUCE BEAN SOUP MILK OR JUICE	TERIYAKI PORK BROWN RICE BROCCOLI PEACHES EGG DROP SOUP MILK OR JUICE	CHICKEN PASTA PRIMERVA COLORFUL SALAD GARLIC BREAD CITRUS DELIGHT LENTIL SOUP MILK OR JUICE	HOT DOGS/BUN MAC N CHEESE GREEN BEANS FRUIT CREAMY POTATO SOUP MILK OR JUICE	CORNED BEEF CABBAGE/CARROTS /POTATOES CAKE BEAN SOUP MILK OR JUICE
20 ADSD #70	21	22	23 ADSD #39	24
SLOPPY JOES PEAS/CARROTS APPLE CRISP PEA SOUP FRUIT MILK OR JUICE	COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY GLAZED CARROTS FRUIT CHICKEN NOODLE SOUP MILK OR JUICE	HONEY GARLIC CHICKEN RICE CORN COOKIES BEAN SOUP MILK OR JUICE	SPAGHETTI W/MEAT SAUCE ZUCCHINI COLORFUL SALAD FF CREAMY ITALIAN DRESSING 7 GRN BREAD MILK OR JUICE MANDARIN ORANGES CREAM OF ASPARAGUS SOUP	TUNA CASSEROLE PEAS/CARROTS CREAM OF MUSHROOM SOUP FRUIT MILK OR JUICE
27	28	29 ADSD #3	30 ADSD #9	31
CHICKEN CORDON BLEU ROASTED POTATOES MIXED VEGGIES CAKE VEGGIE SOUP MILK OR JUICE	PHILLY CHEESESTEAK CASSEROLE ROLLS CORN BEEF BARLEY SOUP MILK OR JUICE	MEATLOAF W/W BREAD MASHED POTATOES/GRAVY SPINACH TOMATO BASIL SOUP MILK OR JUICE	ITALIAN SAUSAGE WITH RED PEPPERS & ONIONS CAKE ELBOW MACARONI BROCCOLI BEAN SOUP MILK OR JUICE	GRILLED MAHI MAHI BROWN RICE GREEN BEANS PUDDING CREAM OF POTATO SOUP MILK OR JUICE

LUNCH IS SERVED MONDAY THRU FRIDAY 11:30 A.M. TO 12:30 P.M.60+YEARSLUNCH \$4.00 DONATION APPRECIATEDSALAD BAR AVAILABLE \$3.00 FEECOFFEE/HOT TEA/ICED TEA AVAILABLE \$1.00 FEE