## PAHRUMP SENIOR CENTER 775-727-5008 MON-FRI 9AM-3:30PM

## MENU - NOVEMBER 2019 LUNCH SERVED 11:30AM-12:30PM ALL MENU ITEMS ARE SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Italian Beef Bake Peas & Carrots Spinach Salad Yogurt Soup Milk or Juice ADSD#152	2
3 DAYLIGHT SAVINGS TIME ENDS. SET YOUR CLOCKS BACK 1 HR.	4 Grilled Cheese Sandwich Potato Salad Mixed Veggies Jello Tomato Basil Soup Juice or Milk	5 Tuna Casserole Salad Fruit Northern Bean Soup Milk or Juice ADSD # 177	6 Meatloaf Mashed Potatoes Green Beans w/w Bread Fruit Soup Milk or Juice ADSD# 3	7 Ham Steak Baked Beans Carrots w/w Bread Fruit Cake Bean Soup Milk or Juice	8 Cranberry Glazed Chicken Breast Brown Rice Salad Green Beans Mandarin Oranges Soup Milk or Juice ADSD#163	9
10	11 CLOSED VETERAN'S DAY 2019	12 Hawaiian Kielbasa Red Potatoes Cauliflower Pudding Fruit Bean Soup Milk or Juice	13 Grilled Chicken Strips Wild Rice California Blend Veggies w/w Bread Fresh Fruit Soup Milk or Juice ADSD#183	14 Pork Chops Mashed Potatoes Spinach Salad w/w Bread Carrot Cake Bean Soup Milk or Juice	15 Baked Fish Coleslaw French Baked Potatoes Salad Banana Soup Milk or Juice Adsd #6	16
17	18 Sloppy Joes Carrots Spinach Salad Apple Crisp Soup Milk or Juice ADSD#70	19 Beef Tenderloin Potatoes & Herbs 7 Grain Bread Salad Veggie Blend Mixed Berry Cup Soup Milk or Juice ADSD#185	20 Herb Baked Chicken Baked Potato Coleslaw Green Beans Pears Lentil Soup Milk or Juice ADSD#165	21 Chili w/ Corn Bread Corn Yogurt Pie Split Pea Soup Milk or Juice	22 Pork and Green Beans in Tomatoes Carrots Rice Peach Crisp Soup Milk or Juice	23
24	25 Chicken & Dumplings Peas Carrot Salad Yogurt w/ fruit Soup Milk or Juice ADSD#102	26 Beef Stew Biscuit Salad Fresh Fruit Bean Soup Milk or Juice ADSD #16	27 THANKSGIVING DINNER Turkey w/Stuffing & Gravy Mashed Potatoes Yams Cranberry Sauce Green Bean Casserole w/w Rolls Fruit Salad Pumpkin Pie Milk or Juice 11:AM & 12:PM SEATINGS SIGN UP PLEASE	28 CLOSED	29 CLOSED	30