

PAHRUMP SENIOR CENTER

Tel: (775) 727-5008

MENU ~ OCTOBER 2019

PLEASE NOTE MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 ASD # 129 STUFFED CABBAGE CARROTS W/W BREAD SPICY APPLESAUCE SOUP MILK OR JUICE	2 CHICKEN PENNE ASPARAGUS TOSSED SALAD W/W BREAD CITRUS DELIGHT SOUP MILK OR JUICE	3 L.S. HOT DOGS MAC AND CHEESE GREEN BEANS FRUIT BEAN SOUP MILK OR JUICE	4 ASD # 108 BEEF STROGANOFF NOODLES BRUSSEL SPROUT YOGURT PIE SOUP MILK OR JUICE	5
7 SHEPARD'S PIE SPINACH W/W ROLL FRUIT SOUP MILK OR JUICE	8 CHICKEN CORDON BLEU PARSLEY POTATOES GREEN BEANS PEACH CRISP GREEN SALAD BEAN SOUP MILK OR JUICE	9 COLD ROAST BEEF SUB W/W ROLL LETTUCE, TOMATOES, ONION L.S. CHIPS PEA SALAD FRUIT CUP APPLE SOUP MILK OR JUICE	10 ASD # 1 BBQ CHICKEN POTATO SALAD SPINACH SALAD BROCCOLI 7 GRAIN BREAD FRESH FRUIT SOUP MILK OR JUICE ASD # 1	11 ASD # 39 SPAGHETTI W/MEAT SAUCE ZUCCHINI SALAD W/W BREAD FRUIT BEAN SOUP MILK OR JUICE	12
14 TURKEY BACON WRAP W/POTATOES CAULIFLOWER W/W BREAD SALAD FRUIT SOUP MILK OR JUICE	15 SWEDISH MEATBALLS BROCCOLI W/W ROLL FRESH FRUIT SALAD COLORFUL SALAD YOGURT BEAN SOUP MILK OR JUICE	16 CHICKEN ALFREDO ZUCCHINI GARLIC TOAST FRUIT CARROT CAKE VEGGIE SOUP MILK OR JUICE	17 ASD # 3 MEATLOAF MASHED POTATOES CORN W/W BREAD FRUIT SOUP MILK OR JUICE	18 ASD # 79 LEMON BAKED COD BROWN RICE SQUASH W/W ROLL SALAD FRESH FRUIT BEAN SOUP MILK OR JUICE	19
21 ASD # 156 BAKED CHICKEN FINGERS VEGGIE MEDLEY BROCCOLI SALAD JELLO W/ FRUIT BEAN SOUP MILK OR JUICE	22 ASD # 159 PORK W/ MUSHROOM GRAVY POTATOES W/W BREAD CARROTS SALAD FRUIT CUP SOUP MILK OR JUICE	23 CHILI W/ CORNBREAD GREEN BEANS SALAD FRUIT VEGGIE SOUP MILK OR JUICE	24 BATTERED COD FRENCH BAKED POTATOES CUCUMBER SALAD JELLO W/ FRUIT BEAN SOUP MILK OR JUICE	25 CLOSED NEVADA DAY	
28 ASD # 103 ORANGE CHICKEN BROWN RICE MIXED VEGGIES YOGURT W/ FRUIT SALAD SOUP MILK OR JUICE	29 HAMBURGER AU GRATIN CASSEROLE GLAZED CARROTS FRUIT BEAN SOUP MILK OR JUICE	30 ASD # 133 PORK CHOPS W/APPLESAUCE BROWN RICE W/W ROLL SALAD FRUIT SOUP MILK OR JUICE	31 HALLOWEEN COUNTRY FRIED STEAK MASHED POTATOES CORN SALAD BEAN SOUP MILK AND JUICE	26 HALLOWEEN DANCE AT PSC SATURDAY 5:00 PM – 10:00 PM	

LUNCH IS SERVED MONDAY THROUGH FRIDAY 11:30 A.M. TO 12:30 P.M. 60+YEARS LUNCH \$3.00 DONATION APPRECIATED

SALAD BAR AVAILABLE \$2.00 FEE

COFFEE/HOT TEA/ICED TEA AVAILABLE \$1.00 FEE