December, 2019 SHADES OF GRAY

Anne Blankenship-Harris Site Manager



Editor Shades of Grav Monthly Newsletter

Volume 2, Issue 12

A Monthly Newsletter by and for the Seniors of Pahrump and the Pahrump Valley area.





Celebrating Dora's 100th Birthday!



Happy Birthday Dora, on your 100th Birthday! We celebrated it with her at our senior center in November. Dora is such a sweet lady and we love her very much!

PAHRUMP SENIOR CENTER, Inc.

Jim Gronemann President

> **Dolores Rice** Vice President

Shirley Roach Secretary/Treasurer

Gerry Rice

Nancy Fowler

DECEMBER **HOLIDAYS & EVENTS**

21st FIRST DAY OF WINTER 22nd HANUKKAH BEGINS

23rd CHRISTMAS DINNER At Our Senior Center

24th CHRISTMAS EVE 25th CHRISTMAS DAY

30th HANUKKAH ENDS

31st NEW YEARS EVE



Page 2 Volume 2, Issue 12

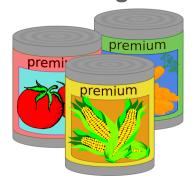
ne Holida YS Are Upon Ust Please Help Us Feed The Senior Shut-ins By Bringing

A Non-perishable Food Item Each Time YOU Come To The Senior Center! This Will Greatly Help Provide Food Baskets During The

Christmas Holiday. Thank You & God Bless You For Being A Part Of The Solution!



The Staff, Board of Trustees and Volunteers of Pahrump Senior Center Wish You and Your Family.....







YOUR TAX-DEDUCTIBLE DONATIONS ARE NEEDED TO KEEP OUR SENIOR CENTER OPEN AND OPERATIONAL! PLEASE MAKE A DONATION TODAY!

All donations are appreciated no matter what is donated because we know it comes from the heart. To those who support us, THANK YOU! To those who have not contributed, we offer you the opportunity. You support is needed at this time to ensure that we can continue to enrich the lives of all the seniors in the Pahrump Valley area, either directly or through making Pahrump a better place to live for our senior population. Thank You!

CUT ALONG LINE

DONATION FORM Make Check or Money Order payable to: Pahrump Senior Center

I would like to support THE PAHRUMP SENIOR CENTER to help keep the doors open.

DONOR'S NAME

DONATION AMOUNT

I have enclosed my donation by CHECK MONEY ORDER **CHECK BOXES THAT APPLY**

DO NOT SEND CASH IN THE MAIL!

PAHRUMP SENIOR CENTER 1370 W BASIN AVE PAHRUMP NV 89060-4501

MAIL TO:

☐ I **DO** WANT RECOGNITION

☐ I DO NOT WANT RECOGNITION

☐ SEND ME TAX-DEDUCTIBLE RECEIPT

Pahrump Senior Center, Inc. is a 501(c)(3) non-profit corporation and ALL DONATIONS ARE TAX DEDUCTIBLE. Your Donations throughout the year are never too small to make a difference! THANK YOU for your donations.



YES, WE NEED YOUR HELP!

Please Help Feed Our Pahrump Valley Seniors who are home-bound by making a *generous tax-deductible gift* to our Pahrump Meals On Wheels. Thank You!

PLEASE TALK TO ANNE. JIM OR NANCY WITH YOUR GENEROUS GIFT TODAY!

Make your check payable to: Pahrump Meals On Wheels and mail your check or money

order to: Pahrump Meals On Wheels
1370 W Basin Avenue

Pahrump, NV 89060-4501

You can also drop off your donation at the front desk at the Senior Center. Thank you!



Our CHRISTMAS DINNER at Pahrump Senior Center is Monday, December 23. Be sure to sign up for the 11:AM or 12:NOON group to be served the Christmas dinner.





JESUS IS THE REASON FOR THE CHRISTMAS SEASON!

8) "And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. **9)** And, lo, the angel of the Lord came upon them: and they were sore afraid. **10)** And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. **11)** For unto you is born this day in the City of David a Savior, which is Christ the Lord. **12)** And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger."

13) And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, 14) "Glory to God in the highest, and on earth peace. good will toward men."

This Bible scripture is from the New Testament book of Luke chapter 2, verses 8—14

This Christmas Message is paid for by your friends Lois and Oren Muller. MERRY CHRISTMAS!

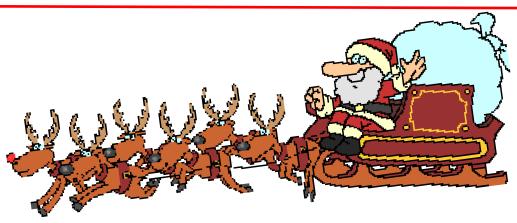
Page 4 Volume 2, Issue 12

THANKSGIVING DINNER ~ 2019 Pahrump Senior Center





SANTA CLAUS
IS COMING
TO PAHRUMP!
Have you been
naughty or
nice?



PAHRUMP SENIOR CENTER Tel: (775) 727-5008 ACTIVITIES ~ DECEMBER 2019

MONDAY – FRIDAY 9:00 AM-3:30 PM ALL ACTIVITIES ARE SUBJECT TO CHANGE

PC EX	23 1	16 SE EX	P 6	P m 2	
30 EXERCISE CLASS 9:30 AM POKER 12:30 PM	NO ACTIVITIES CHRISTMAS DINNER 11:00 AM SEATING 12:00 NOON SEATING	16 NEVADA HOSPICE SEMINAR 10:00 AM EXERCISE CLASS 9:30 AM	XERCISE CLASS 9:30 AM ALL GLAZED UP 10:00 AM-11:00 AM OKER 12:30 PM	2 EXERCISE CLASS 9:30 AM POKER 12:30 PM	MONDAY
31 NEW YEARS EVE CELEBRATION STARTING AT 10:30 AM MEMORIAM TO OUR DECEASED SENIORS 11:00 AM HAPPY NEW YEAR!	24 CHRISTMAS EVE CLOSED	17 EXERCISE CLASS 9:30 HAIRCUTS 1:00 PM	10 EXERCISE CLASS 9:30 AM BRIDGE 12:30 PM HAIRCUTS 1:00 PM	3 HUMANA OPEN ENROLLMENT 10:00 AM EXERCISE CLASS 9:30 HAIRCUTS 1:00 PM	TUESDAY
	25 CLOSED Representation of the first of th	18 AARP DRIVING CLASS 9:30 AM – 2:30 PM	11 INFINITY HOSPICE VET TO VET AT 10:30 AM	4 MOVIE DAY 1:00 PM	WEDNESDAY
	26 EXERCISE CLASS 9:30 AM MENS CLUB MEETING 7:30 AM WOMEN WELCOME YARN LADIES 11:00 AM	19 EXERCISE CLASS 9:30 AM MENS CLUB MEETING 7:30 AM WOMEN WELCOME TRUE CARE SEMINAR 10:00 AM YARN LADIES 11:00 AM	12 EXERCISE CLASS 9:30 MENS CLUB MEETING 7:30 AM WOMEN WELCOME COMFORT HOSPICE SEMINAR "FALLS" AT 10:00 AM YARN LADIES 11:00 AM HAIRCUTS 1:00 PM	5 EXERCISE CLASS 9:30 AM MENS CLUB MEETING 7:30 AM WOMEN WELCOME YARN LADIES 11:00 AM CHAD GOINS OPEN ENROLLMENT AT 10:00 AM HAIRCUTS 1:00 PM	THURSDAY
	T.O.P.S. MEETING 8:00 AM EXERCISE CLASS 9:30 AM	20 EXERCISE CLASS 9:30 AM T.O.P.S. MEETING 8:00 AM NATHAN ADELSON CHRISTMAS PARTY SPONSOR 10:00 AM	13 EXERCISE CLASS 9:30 AM T.O.P.S. MEETING 8:00 AM HEARING CENTERS OF NEVADA SEMINAR 10:00 AM-11:00 AM	EXERCISE CLASS 9:30 AM T.O.P.S. MEETING 8:00 AM HEALTHCARE PARTNERS SEMINAR AT 10:00 AM BINGO 1:00 PM	FRIDAY

PIFASE NOTE MENII SIIBIECT TO CHANGE MENII ~ DECEMBER 2019 PAHRIJMP SENIOR CENTER Tel (775) 727-5008

PAHRUMP SENIOR CENIER	lel: (//5) /2/-5008	MENU ~ DECEMBER 2019		PLEASE NOTE MENU SUBJECT TO CHANGE
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4 ADSD #34	5 ADSD #175	6 ADSD #169
SWEDISH MEATBALLS W/W NOODLES	CHICKEN CORDON BLEU PARSLEY POTATOES	SLOPPY JOES/BUNS BABY CARROTS	SWEET N SOUR SPARERIBS BROWN RICE	PENNE W/ CHICKEN GARLIC BREAD
SPINACH SALAD	PEAS SALAD	BAKED BEANS SALAD	PEAS/CARROTS	ZUCCHINI SALAD
FRUIT BEAN SOUP	W/W BREAD FRUIT CUP	FRUIT COCKTAIL BEAN SOUP	VEGGIE SALAD	CITRUS DELIGHT SOUP
			SOUP MILK OR JUICE	
6	10 ADSD #3	11 ADSD #72	12	13
	MEAT LOAF	BBQ CHICKEN	HAMBURGER PATTY	LEMON BAKED FISH
BR	POTA	BAKED ACORN SQUASH	∠ ≻	2
PINEAPPLE CAKE FRUIT	SPI NACH W/W BREAD	CUCUMBER IN SOUR CREAM	PEAS W/W BREAD	GREEN BEANS SALAD
	R JUI	FRUIT CUP SOUP	BEAN SOUP	٩
		JCE	MILK OR JUICE	MILK OR JUICE
16	17 ADSD #170	18 ADSD #167	19	20 ADSD #16
NOOD	CHICKEN NOODLE CASSEROLE	HOT TURKEY SANDWICH	<u>√</u>	BEEF STEW
~	Ø	PEAS/CARROTS		W/W NOODLES
_	BREA	SAL C	READ	٥ ک
BEAN SOUP MILK OR JUICE	SOUP MILK OR JUICE	_	SOUP MILK OR JUICE	FRUIT BEAN SOUP
		SOUP MILK OR JUICE		MILK OK JUICE
23 CHRISTMAS HAM	24 CLOSED	25 CLOSED	26 ADSD#123	27
YAMS BROCOLLI CASSEROLE			BAKED CHICKEN TENDERS	SALMON
MASHED POTATOES			FRENCH BAKED POTAOES	ANGEL HAIR PASTA
W.W ROL AMBROSIA		**	CARROTS FRUIT	ASPARAGUS FRUIT
CHERRY SURPRISE CAKE		人类	SOUP MILK OR JUICE	BEAN SOUP
MILK OR JUICE				MILK OR JUICE
30	31 NEW YEARS EVE			
MEATBALL SUBS	BATTERED SHRIMP			
CAULIFLOWER SALAD	PASTA BROCOLLI			
FRUIT BEAN SOUP	W/W BREAD BEAN SOUP			
MILK OR JUICE	BANANA SPLIT PIE			
	MILK OR JUICE			
VACINCA CEDVED ADMINAV	A DISCEDITE SERVED MACHINES THE CONTRACT TO 13:00 FINANCIAL SERVED IN TO 1	COLVEADO	COLVICE CO CO CO TOTAL	

LUNCH IS SERVED MONDAY THROUGH FRIDAY 11:30 A.M. TO 12:30 P.M. 60+YEARS LUNCH \$3.00 DONATION APPRECIATED COFFEE/HOT TEA/ICED TEA AVAILABLE \$1.00 FEE SALAD BAR AVAILABLE \$2.00 FEE Volume 2, Issue 12 Page 7

MORE PICTURES FROM THANKSGIVING DINNER 2019 AT PAHRUMP SENIOR CENTER





Dr. Wilson from HealthCare Partners gave a seminar on different medical diseases to the mass. Health Care Partners also furnished our meal today. Thank you guys so much and thank you Dr Wilson.







Lunch was sponsored by Allstate Home and Health Services. They are located at:

101 Convention Drive, Suite 660 Las Vegas, Nevada Tel: (702) 312-7000

Our thanks for the great hospitality you have shown our senior center.

Allstate Home and Health Services also took blood pressure readings for the seniors. They said they would come back again in the future.



Celebrating Jackie Taylor's birthday. Happy birthday to you and many more!

Love ya girl.

YOUR MEMBERSHIP DUES FOR 2020 ARE DUE FOR THE NEW YEAR

Please use the 2020 Membership Form in this Newsletter to update your info and pay the \$10 per person annual membership dues.

You will receive your 2020 Membership Card when you hand your completed form to the front desk receptionist with your \$10 per person member dues.

THANK YOU!

2020 MEMBER APPLICATION & UPDATE FORM PAHRUMP SENIOR CENTER

1370 W Basin Avenue, Pahrump, NV 89060-4501 Tel: (775) 727-5008 Fax: (775) 751-6831

Website: www.PahrumpSeniorCenter.org

<u>MEMBERS</u> are welcome throughout the year. Complete this form for Membership.

<u>MEMBERSHIP RENEWAL</u> is due January of each year and the cost is \$10.00 per year per person. Thank you for your support! Please check your Member Card for expiration date.

<u>UPDATE YOUR INFO WITH US</u> PLEASE USE THIS FORM TO UPDATE YOUR MAILING ADDRESS, PHONE, OR EMAIL ETCETERA. THANK YOU FOR YOUR SUPPORT!

PLEASE NOTE: The information you provide on this form is PRIVATE and is not sold, rented, traded or

TODAY'S DATE:/	EASE CHECK ALL THAT APPLY: NEW MEMBER RENEWAL UPDATE MY INFORMATION
First Name Mi	ddle Initial Last Name
Address	Apt / Unit City State/Province Zip
Cell ()	X Home Phone ()
E-mail	
Birth Date///////	Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating you want it MAILED or E-MAILED to you.
	nip Form to the person at the front check-in counter along with of Membership Fee made payable to PAHRUMP SENIOR CENTER.
SECOND MEMBER (PLEASE PRINT) MALE FEMALE	PLEASE CHECK ALL THAT APPLY: NEW MEMBER ☐ RENEWAL ☐ UPDATE MY INFORMATION ☐
First Name Midd	lle Initial Last Name
Address	Apt / Unit City State/Province Zip
Cell ()	Home Phone ()
E-mail	
Birth Date//	Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating



MONDAY-FRIDAY 9:AM to 3:00 PM (Except Holidays)

Pahrump Senior Center 1370 W Basin Ave

Pahrump NV 89060-4501

Tel: (775) 727-5008

e-mail: Office@PahrumpSeniorCenter.org

FACEBOOK: FaceBook.com/PahrumpSeniorCenterII

Website: PahrumpSeniorCenter.org

Newsletter e-mail: Senior.Center@PahrumpSeniorCenter.org

We are on the web at: PahrumpSeniorCenter.org





PAHRUMP SENIOR CENTER, Inc 1370 W BASIN AVE PAHRUMP NV 89060-4501

RETURN SERVICE REQUESTED



Non-Profit Org. U.S.A. Postage PAID Pahrump, NV 89060

Permit #60

MAILING LABEL PLEASE APPLY STRAIGHT