

DECEMBER, 2023

Volume 6, Issue 12

SHADES OF GRAY

A Monthly Newsletter by and for the Seniors of Pahrump and the Pahrump Valley area.

Anne Blankenship-Harris
Site Manager



Editor
Shades of Gray
Monthly Newsletter



OUR THANKSGIVING DINNER WAS OH SO DELICIOUS!

Our Senior Center Kitchen Staff & Volunteers preparing our Thanksgiving meal. Shannon & Jon are dishing up the delicious food!



PAHRUMP SENIOR CENTER, Inc.

BOARD OF TRUSTEES

Jim Gronemann
President

Dolores Rice
Vice President

Sharon Dorgan
Secretary/Treasurer

Gerry Rice
Trustee

Nancy Fowler
Trustee

HOLIDAYS IN DECEMBER

- 7th HANUKKAH BEGINS
- 15th HANUKKAH ENDS
- 21st FIRST DAY OF WINTER
- 21st CHRISTMAS DINNER
- 24th CHRISTMAS EVE
- 25th CHRISTMAS DAY
- 29th NEW YEARS EVE DINNER
- 31st NEW YEARS EVE

HAPPY
BIRTHDAY

HAPPY
BIRTHDAY

Due to the volume of members, it has become a challenge to list individual birthdays and not miss a few. So rather than skip anyone, on behalf of the Board of Trustees, Staff and Members of the Pahrump Senior Center, we would like to wish all of you having a birthday in December a very HAPPY BIRTHDAY AND A HEALTHY YEAR!

PAHRUMP SENIOR CENTER... THE BEST IN THE WEST!

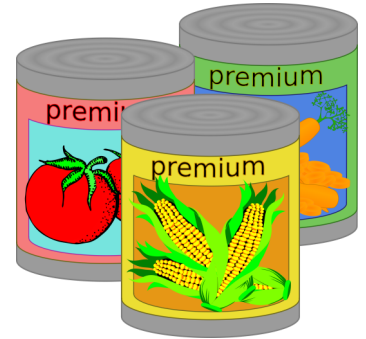


The Holidays Are Upon Us!

Please Help Us Feed
The Senior Shut-ins By Bringing
A Non-perishable Food Item Each Time YOU Come To The Senior
Center! This Will Greatly Help Provide Food Baskets During The
Christmas Holiday. *Thank You & God Bless You
For Being A Part Of The Solution!*



The Staff, Board of Trustees and Volunteers
of Pahrump Senior Center Wish You and Your
Family.....



A VERY MERRY CHRISTMAS and Happy New Year!



YOUR TAX-DEDUCTIBLE DONATIONS ARE NEEDED TO KEEP OUR SENIOR CENTER OPEN AND OPERATIONAL! PLEASE MAKE A DONATION TODAY!

All donations are appreciated no matter what is donated because we know it comes from the heart. To those who support us, THANK YOU! To those who have not contributed, we offer you the opportunity. Your support is needed at this time to ensure that we can continue to enrich the lives of all the seniors in the Pahrump Valley area, either directly or through making Pahrump a better place to live for our senior population. Thank You!

CUT ALONG LINE

DONATION FORM Make Check or Money Order payable to: **Pahrump Senior Center**

I would like to support THE PAHRUMP SENIOR CENTER to help keep the doors open.

\$

MAIL TO:

PAHRUMP SENIOR CENTER
1370 W BASIN AVE
PAHRUMP NV 89060-4501

DONOR'S NAME

DONATION AMOUNT

I have enclosed my donation by ☐ CHECK ☐ MONEY ORDER

CHECK BOXES THAT APPLY

DO NOT SEND CASH IN THE MAIL!

☐ I DO WANT RECOGNITION

☐ I **DO NOT** WANT RECOGNITION

☐ **SEND ME TAX-DEDUCTIBLE RECEIPT**

Pahrump Senior Center, Inc. is a 501(c)(3) non-profit corporation and ALL DONATIONS ARE TAX DEDUCTIBLE. Your Donations throughout the year are never too small to make a difference! THANK YOU for your donations.



Merry Christmas



YES, WE NEED YOUR HELP!

Please Help Feed Our Pahrump Valley Seniors who are home-bound by making a *generous tax-deductible gift* to our Pahrump Meals On Wheels. Thank You!

PLEASE TALK TO ANNE, JIM OR NANCY WITH YOUR GENEROUS GIFT TODAY!

**Make your check payable to: Pahrump Meals On Wheels and mail your check or money order to: Pahrump Meals On Wheels
1370 W Basin Avenue
Pahrump, NV 89060-4501**

You can also drop off your donation at the front desk at the Senior Center. Thank you!



Staff preparing Thanksgiving Dinner for Meals On Wheels recipients and congregate.

Our CHRISTMAS DINNER at Pahrump Senior Center is Thursday, December 21. Be sure to sign up for the 11:AM or 12:NOON group to be served the Christmas dinner.

H A P P Y
Holidays

THANK YOU FOR YOUR CONTINUED SUPPORT OF OUR SENIOR CENTER!

JESUS IS THE REASON FOR THE CHRISTMAS SEASON!

8) "And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. 9) And, lo, the angel of the Lord came upon them: and they were sore afraid. 10) And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. 11) For unto you is born this day in the City of David a Savior, which is Christ the Lord. 12) And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger. 13) And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, 14) "Glory to God in the highest, and on earth peace, good will toward men."

The Bible, Book of Luke chapter 2, verses 8—14



PAHRUMP SENIOR CENTER... THE BEST IN THE WEST!

A Great Big THANK YOU to our wonderful Pahrump Valley Fire & Rescue teams preparing to deliver 177 Thanksgiving meals to local home-bound as they do each year at Thanksgiving and Christmas. THANK YOU!



WE 
VOLUNTEERS

*Smile
Sparkle
Shine!*

FUNNY BONE TINGLES FOR DECEMBER 2023

1. What is every grandparent's favorite Christmas song? Silent Night!
2. How did Joseph and Mary weigh baby Jesus at birth? They had a weigh in the manger.
3. What did Adam say on the day before Christmas? It's Christmas, Eve!
4. What did the bald man say when he got a comb for Christmas? "I'll never part with it!"
5. What do they sing at a snowman's birthday party? Freeze a jolly good fellow!
6. What do you get when you cross a snowman with a vampire? Frostbite.

ACTIVITIES CALENDER ~ DECEMBER 2023

Volume 6, Issue 12

PAHRUMP SENIOR CENTER

TEL (775) 727-5008 FAX (775) 751-6813

ACTIVITIES ~ DECEMBER 2023

PLEASE NOTE: ACTIVITIES/EVENTS SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 				
4 MEDICARE BY AMA 10:AM	5 MEDICARE BY AMA 10AM OPEN ENROLLMENT BINGOSIZE 12:30 PM HAIRCUTS 12:30 PM	6 COMFORT HOSPICE 9:00 - 11:30 AM	7 RIPPITS KNITTING CLUB 10:30 AM BINGOSIZE 12:30 PM HAIRCUTS 12:30 PM	1 TOPS MEETING 8:00 AM FUSION BELLY DANCING 12:30 - 2:30 PM
11 NEPTUNE SOCIETY 10:00 AM BEADING HEARTS 12:30 PM POKER 12:30 PM	12 BINGOSIZE 12:30 PM HAIRCUTS 12:30 PM	13 GLAM GIRLS DANCERS 10:AM BLIND SUPPORT- PAHRUMP CHAPTER 12:30 PM	14 RIPPITS KNITTING CLUB 10:30 AM BINGOSIZE 12:30 PM HAIRCUTS 12:30 PM	15 TOPS MEETING 8:00 AM FUSION BELLY DANCING 12:30 - 2:30 PM
18 BEADING HEARTS 12:30 PM POKER 12:30 PM	19 SU CASA HOME HEALTH 10:AM BINGOSIZE 12:30 PM HAIRCUTS 12:30 PM	20 UGLY/FUNNIEST CHRISTMAS SWEATER CONTEST \$5 11:10 AM SEE AD ON PAGE 7.	21 BINGOSIZE 12:30 PM CHRISTMAS DINNER AT PAHRUMP SENIOR CENTER. SIGN-UP REQUIRED!	22 CLOSED
25 CLOSED CHRISTMAS DAY	26 BINGOSIZE 12:30 PM BUNCO 12:30 PM HAIRCUTS 12:30 PM	27 	28 RIPPITS KNITTING CLUB 10:30 AM BINGOSIZE 12:30 PM HAIRCUTS 1:00 - 3:00 PM	29 TOPS MEETING 8:00 AM FUSION BELLY DANCING 12:30 - 2:30 PM

PAHRUMP SENIOR CENTER 1370 W BASIN AVE, PAHRUMP, NV 89060 HOURS: 9:00 AM TO 2:30 PM MONDAY THRU FRIDAY (EXCEPT HOLIDAYS)

PAHRUMP SENIOR CENTER **MENU** ~ **DECEMBER 2023**

TEL: (775) 727-5008 FAX: (775) 751-6831 1370 W BASIN AVE, PAHRUMP, NV 89060 PLEASE NOTE MENU IS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>   </div>				
4 SPAGHETTI W/ MEAT SAUCE CORN W/W ROLL PEACHES CREAM OF MUSHROOM SOUP MILK & JUICE	5 APPLE ROASTED PORK ROASTED POTATO W/W ROLL CARROTS YOGURT W/ FRUIT CREAM OF CHICKEN SOUP MILK & JUICE	6 CHICKEN CORDON BLEU AU GRATIN POTATO VEGGIE BLEND DVH BIRTHDAY CAKE BLACK BEAN SOUP MILK & JUICE	7 ASD #27 BEEF TERIYAKI RICE BROCCOLI MANDARIN ORANGES FRENCH ONION SOUP MILK & JUICE	1 COUNTRY FRIED STEAK MASHED POTATOES/GRAVY GREEN BEANS FRUIT VEGGIE SOUP MILK & JUICE
11 ASD #3 MEATLOAF COLLARD GREENS MASHED POTATO/GRAVY W/W ROLL COBBLER BEAN SOUP MILK & JUICE	12 CHILI SPANISH RICE CORN FRUIT ALBONDIGAS SOUP MILK & JUICE	13 ASD #122 PORK CHOW MEIN SPINACH W/W BREAD PINEAPPLE EGG DROP SOUP MILK & JUICE	14 LAMB & RICE STIR FRY PEAS PEARS VEGGIES MILK & JUICE	15 TUNA CASSEROLE WW BREAD PEARS SPLIT PEA SOUP MILK & JUICE
18 ASD #14 BEEF PATTY FRIES MOZZARELLA CHEESE BROCCOLI CUPCAKE CRACKED CHICKEN NOODLE SOUP MILK & JUICE	19 OPEN FACE ROAST BEEF MASHED POTATOES GRAVY CAULIFLOWER FRUIT BEAN SOUP MILK & JUICE	20 ASD #73 HERB BAKED CHICKEN MASHED POTATO PEAS YOGURT VEGGIE SOUP MILK & JUICE	21 CHRISTMAS DINNER HAM YAMS ROLL BROCCOLI CASSEROLE FRUIT SALAD MILK & JUICE	22 CLOSED
25 CLOSED	26 ASD #72 BBQ CHICKEN RICE SQUASH W/W BREAD FRUIT BEAN SOUP MILK & JUICE	27 ASD #46 LASAGNE SPINACH W/W ROLL ORANGES CHICKEN SOUP MILK & JUICE	28 BEEF STROGANOFF RICE FRUIT GREEN BEANS VEGGIE SOUP MILK & JUICE	29 NEW YEARS EVE DINNER FRIED SHRIMP HAIR PASTA VEGGIE BLEND SPLIT PEA SOUP CAKE MILK & JUICE

LUNCH IS SERVED MONDAY THRU FRIDAY 11:30 A.M. TO 12:30 P.M. 60+ YEARS LUNCH \$4.00 DONATION APPRECIATED
SALAD BAR AVAILABLE \$3.00 FEE COFFEE/HOT TEA/ICED TEA AVAILABLE \$1.00 FEE



JOIN US @ 11:10 AM

WEDNESDAY, DECEMBER 20th

FOR OUR ANNUAL

CHRISTMAS

SWEATER CONTEST!

**WEAR YOUR UGLIEST/FUNNIEST CHRISTMAS SWEATER
AND SHOW IT OFF AT OUR SENIOR CENTER.**

THERE WILL BE PRIZES FOR 1st, 2nd, 3rd & 4th PLACE!

1st PLACE PRIZE: \$50 CASH

2nd PLACE PRIZE: \$30 CASH

3rd PLACE PRIZE: \$20 CASH

4th PLACE PRIZE

2 meal tickets including salad bar to our
Pahrump Senior Center weekday Lunch.



Merry Christmas!

PRIZES SPONSORED BY... Oren (*Oren Business Group*) who puts our monthly Newsletter together, and e-mails them to our e-mail subscribers every month at no-charge.

Thank You Oren for your volunteer service to Pahrump Senior Center.

Judging & Selection of Winners shall be done at about 11:10 AM Wednesday December 20, by Oren and his employee(s). By entering this Contest, Contestants & Winners Agree to have their picture taken and photo put in our Pahrump Senior Center January 2024 edition Newsletter.

PAHRUMP SENIOR CENTER... THE BEST IN THE WEST!

PLEASE TAKE NOTE....

A CHANGE IN OUR TRANSPORTATION MEDICAL APPOINTMENTS FROM PAHRUMP TO LAS VEGAS....

Effective January 1, 2024 medical appointments to Las Vegas must be made for 9:00 AM to 11:30 AM.

SANTA CLAUS JOKES...

What did Mrs. Claus say when I asked her how the weather looked?
It looks like reindeer.

What's the first thing Santa's helpers learn at school?
The elf-abet! Ho! Ho!

What's the most popular breakfast food at the North Pole?
Ice Crispies.

Worrying does not take
away tomorrow's
troubles. It takes away
today's peace.



Be the reason somebody smiles today.
Even if it means just being there.

Characters by
Charles Schulz



A tribute to Snoopy and the Peanuts gang



RECIPES FOR OUR SENIORS

STRAWBERRY DREAM CAKE

From the episode: *Season 5 'Fun Modern Cakes'*
Serves 8 to 10 people *From Cook's Country TV*

INGREDIENTS — CAKE

- 10 ounces frozen whole strawberries (2 cups)
- $\frac{3}{4}$ cup whole milk, room temperature
- 6 large egg whites, room temperature
- 2 teaspoons [vanilla extract](#)
- $2\frac{1}{4}$ cups (9 ounces) cake flour
- $1\frac{3}{4}$ cups (12 $\frac{1}{4}$ ounces) granulated sugar
- 4 teaspoons [baking powder](#)
- 1 teaspoon salt
- 12 tablespoons unsalted butter, cut into 12 pieces and softened to room temp.

INGREDIENTS — FROSTING

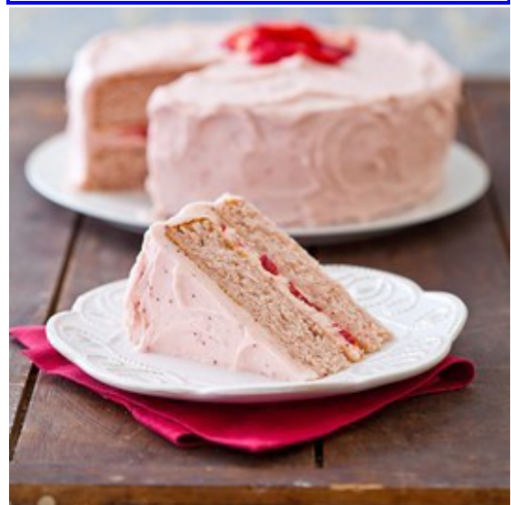
- 10 tablespoons unsalted butter, softened
- $2\frac{1}{4}$ cups (9 ounces) confectioners' sugar
- 12 ounces [cream cheese](#), cut into 12 pieces and soften to room temperature!
- Pinch salt
- 8 ounces fresh strawberries, hulled and sliced thin (about 1 $\frac{1}{2}$ cups)

INSTRUCTIONS Be sure to set butter out after slicing into 12 pieces so it gets to room temperature before using in this recipe!

1. FOR THE CAKE: Adjust oven rack to middle position and heat oven to 350 degrees. Grease two 9-inch round cake pans, line bottoms with parchment, grease parchment, and flour.
2. Transfer strawberries to bowl, cover, and microwave until strawberries are soft and have released their juice, about 5 minutes. Place in fine-mesh strainer set over small saucepan. Firmly press fruit dry (juice should measure at least $\frac{3}{4}$ cup); reserve strawberry solids. Bring juice to boil over medium-high heat and cook, stirring occasionally, until syrupy and reduced to $\frac{1}{4}$ cup, 6 to 8 minutes. Whisk milk into juice until combined.
3. Whisk strawberry milk, egg whites, and vanilla in bowl. Using stand mixer fitted with paddle, mix flour, sugar, baking powder, and salt on low speed until combined. Add butter, 1 piece at a time, and mix until only pea-size pieces remain, about 1 minute. Add half of milk mixture, increase

WHY THIS RECIPE WORKS:

Strange as it may seem, the vast majority of existing strawberry cake recipes turn to strawberry Jell-O for flavor. Hoping to avoid this artificial solution, we preformed test after test to figure out the best way to season our cake with actual strawberries. Any strawberry solids wreaked havoc on the tender cake, but strained and reduced strawberry juices kept our cake light and packed a strawberry punch. Not to be left behind, the reserved strawberry solids made for the perfect studded addition to the frosting.



....Continued on Reverse Side of This Page...

RECIPES FOR OUR SENIORS

Continued from Page 9

speed to medium-high, and beat until light and fluffy, about 1 minute. Reduce speed to medium-low, add remaining milk mixture, and beat until incorporated, about 30 seconds. Give batter final stir by hand.

4. Scrape equal amounts of batter into prepared pans and bake until toothpick inserted in center comes out clean, 20 to 25 minutes, rotating pans halfway through baking. Cool cakes in pans on wire rack for 10 minutes. Remove cakes from pans, discarding parchment, and cool completely, about 2 hours. (Cooled cakes can be wrapped with plastic wrap and stored at room temperature for up to 2 days.)

5. FOR THE FROSTING: Using stand mixer fitted with paddle, mix butter and sugar on low speed until combined, about 30 seconds. Increase speed to medium-high and beat until pale and fluffy, about 2 minutes. Add cream cheese, one piece at a time, and beat until incorporated, about 1 minute. Add reserved strawberry solids and salt and mix until combined, about 30 seconds. Refrigerate until ready to use, up to 2 days.

6. Pat strawberries dry with paper towels. When cakes are cooled, spread 3/4 cup frosting over 1 cake round. Press 1 cup sliced strawberries in even layer over frosting and cover with additional 3/4 cup frosting. Top with second cake round and spread remaining frosting evenly over top and sides of cake. Garnish with remaining strawberries. Serve. (Cake can be refrigerated for 2 days. Bring to room temperature before serving.)

Beware Of Utility Scams Targeting Seniors

To help you easily identify possible scams, here is a list of actions scammers might take that your Utility Company will not.

- Valley Electric Association [VEA] does not accept payments through Zelle or gift cards.
- VEA will not reach out and ask you to pay using specific methods. We may contact you directly about payments but will never request that you use a particular accepted payment method.
- VEA will not ask you to make an immediate payment. If you are at risk of power disconnection, VEA will **always** send you one or more notices by mail. If we call to let you know that your power will be disconnected, we will not pressure you into paying over the phone.

Steps you can take to protect against scammers:

- If you receive a call from someone who says they are from VEA, **HANG UP and call us directly**, even if your caller ID says the number they are calling from is VEA's. Scammers can spoof any number, including ours, so even if it looks like a call is coming from VEA, it may not be.

MEMBER APPLICATION & UPDATE FORM

PAHRUMP SENIOR CENTER

1370 W Basin Avenue, Pahrump, NV 89060-4501 Tel: (775) 727-5008 Fax: (775) 751-6831

Website: www.PahrumpSeniorCenter.org

NEW MEMBERS are welcome throughout the year. Complete this form for Membership.

MEMBERSHIP RENEWAL is due January of each year and the cost is \$10.00 per year per person. *Thank you for your support!* Please check your Member Card for expiration date.

UPDATE YOUR INFO WITH US PLEASE USE THIS FORM TO UPDATE YOUR MAILING ADDRESS, PHONE, OR EMAIL ETCETERA. THANK YOU FOR YOUR SUPPORT!

**START
HERE**

PLEASE NOTE: The information you provide on this form is PRIVATE and is not sold, rented, traded or shared. It is used only by our Senior Center for internal use, statistical reports and governmental auditing purposes to maintain our non-profit 501(c)(3) tax-exempt status.



TODAY'S DATE: ____/____/____

FIRST MEMBER (PLEASE PRINT) PLEASE CHECK ALL THAT APPLY: **NEW MEMBER** ☐ **RENEWAL** ☐
MALE ☐ **FEMALE** ☐ **UPDATE MY INFORMATION** ☐

First Name _____ Middle Initial _____ Last Name _____

Address _____ Apt / Unit _____ City _____ State/Province _____ Zip _____

Cell (_____) _____ — _____ Home Phone (_____) _____ — _____
AREA CODE X X X X X X X X X X X X X X

E-mail _____

Birth Date ____/____/____
MM DD YYYY

Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating you want it **MAILED** ☐ or **E-MAILED** ☐ to you.

Please present this completed Membership Form to the person at the front check-in counter along with your check or money order for payment of Membership Fee made payable to PAHRUMP SENIOR CENTER.

SECOND MEMBER (PLEASE PRINT) PLEASE CHECK ALL THAT APPLY: **NEW MEMBER** ☐ **RENEWAL** ☐
MALE ☐ **FEMALE** ☐ **UPDATE MY INFORMATION** ☐

First Name _____ Middle Initial _____ Last Name _____

Address _____ Apt / Unit _____ City _____ State/Province _____ Zip _____

Cell (_____) _____ — _____ Home Phone (_____) _____ — _____
AREA CODE X X X X X X X X X X X X X X

E-mail _____

Birth Date ____/____/____
MM DD YYYY

Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating you want it **MAILED** ☐ or **E-MAILED** ☐ to you.



Pahump Senior Center

1370 W Basin Ave
Pahump NV 89060-4501

Tel: (775) 727-5008

e-mail: Office@PahumpSeniorCenter.org

FACEBOOK: [FaceBook.com/PahumpSeniorCenter/](https://www.facebook.com/PahumpSeniorCenter/)

Website: PahumpSeniorCenter.org

MONDAY—FRIDAY 9:AM to 3:00 PM
(Except Holidays)

Newsletter e-mail: Senior.Center@PahumpSeniorCenter.org

We are on the web at:
PahumpSeniorCenter.org



PAHRUMP SENIOR CENTER, Inc
1370 W BASIN AVE
PAHRUMP NV 89060-4501

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Permit #60

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