

SHADES OF GRAY

CHRISTMAS NEWSLETTER

DECEMBER 2022 VOLUME 5, ISSUE 12

DECEMBER 2022

A MONTHLY PUBLICATION BY AND FOR
THE SENIOR CITIZENS OF PAHRUMP
AND THE PAHRUMP VALLEY AREA



Anne Blankenship-Harris
Editor & Site Manager



A HOLIDAY MESSAGE TO OUR MEMBERS....

Dear Members and Friends of our Pahrump Senior Center:

*A little smile, a word of cheer, A bit of love from someone near,
A little gift from one held dear, Best wishes for the new year...
These make a Merry Christmas! The birth of Jesus is the reason
for this Christmas season.*

*May the warmth of happiness, joy, peace and love rest upon
your heart and life in the new year, as only God can truly bless
us with.*

*From Anne, the Board of Trustees, our employees and
volunteers, we wish you all a very Merry Christmas and a happy,
healthy and safe New Year!*

BOARD OF TRUSTEES

Jim Gronemann ~ *President*

Dolores Rice ~ *Vice President*

Sharon Dorgan ~ *Secretary/Treasurer*

Gerry Rice ~ *Trustee*

Nancy Fowler ~ *Trustee*

OUR ADDRESS

1370 W Basin Avenue
Pahrump, NV 89060-4501

TEL: (775) 727-5008

FAX (775) 751-6831

HOME-GOINGS

~ OCTOBER 2022 ~

**Our Friends Who Have Recently
Passed On Before Us**

Paula Aguilar

Jim O'Herron

Connie Roth

Cleaota Serpa

Our Father who art in heaven,
hallowed be thy name, thy Kingdom
come, thy will be done, on earth as
it is in heaven. Give us this day our
daily bread, and forgive us our tres-
passes, as we forgive those who
trespass against us, and lead us not
into temptation, but deliver us from
evil. For thine is the Kingdom and
the power and the glory forever and
ever, Amen.

DECEMBER HOLIDAYS & EVENTS

- 18th HANUKKAH BEGINS
- 21st FIRST DAY OF WINTER
- 22nd CHRISTMAS DINNER AT SENIOR CENTER
- 24th CHRISTMAS EVE—SATURDAY
- 25th CHRISTMAS DAY – SUNDAY
- 26th HANUKKAH ENDS
- 30th NEW YEARS CELEBRATION BEGINS AT NOON—SENIOR CENTER
- 31st NEW YEARS EVE—SATURDAY

HAPPY BIRTHDAY

Happy Birthday to all our members and friends who have birthdays in December!



REMEMBER WHEN....

Sledding on the snow was fun and you didn't have to worry about being soar for the next few days? Yep! Yep! The ole' gray mare she ain't what she used to be, for sure! Yep. Yep.

DID YOU KNOW....

that Cranberry Juice, Cabbage and Broccoli interfere with blood thinning medications? Talk to your doctor about this.

Let it Snow



BUY AMERICAN

PICTURES OF VOLUNTEERS FOR OUR THANKSGIVING DINNER AT OUR SENIOR CENTER AND DELIVERY OF MEALS ON WHEELS BY OUR LOCAL FIRE DEPARTMENT AND EMT PERSONNEL. THANK YOU TO ALL!



AT PAHRUMP SENIOR CENTER ~ ONE OF THE TABLES SET FOR OUR THANKSGIVING DINNER... WE SERVED 283 PEOPLE!



Let's Make Nevada Dementia-Friendly!

You're invited to become a dementia friend!

At this information session, you'll learn six key messages about dementia, what it's like to live with dementia, and how to translate this new understanding into practical actions to help people with living with dementia in our community.



Pahrump Senior Center

1370 W. Basin Ave, Pahrump, NV 89060

Wednesday, December 14th 2022

9:30am - 11:00am

Join us, and help make our community more respectful, educated, supportive, and inclusive.

Questions?

Contact: Cody Yamada | cyamada@unr.edu
 775-682-9444

O, Holy Night

O, holy night, the stars are brightly shining, It is the night of our dear Savior's birth, Long lay the world in sin and error, pining, Till He appeared and the soul felt it's worth'.

A thrill of hope the weary world rejoices For yonder breaks a new and glorious morn; Fall on your knees; O hear the Angel voices! O night divine, O night when Christ was born, O night, O Holy night, O night divine!

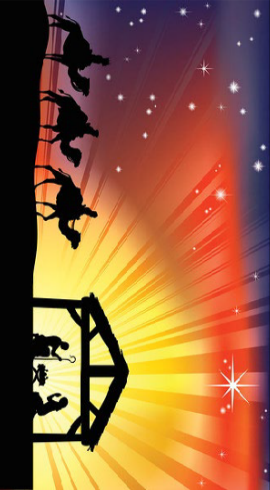
Truly He taught us to love one another; His law is love and His Gospel is Peace
 Chains shall He break, for the slave is our brother, And in His name, all oppression shall cease, Sweet hymns of joy in grateful chorus raise we Let all within us Praise His Holy name, Christ is the Lord;
 O praise His name forever!
 His power and glory evermore proclaim His power and glory evermore proclaim

PAHRUMP SENIOR CENTER

Tel: (775) 727-5008 FAX: (775) 751-6831

MENU ~ DECEMBER 2022

PLEASE NOTE: MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p>And the angel said unto them, Fear not, for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord</p> </div>				
5 CHICKEN CORDON BLEU ROASTED POTATOES GLAZED CARROTS PUDDING NORTHERN BEAN SOUP MILK OR JUICE	6 SHEPARD'S PIES ADSD #29 SPINACH LST ITALIAN DRESSING BRAN MUFFIN BANANA CHICKEN NOODLE SOUP MILK OR JUICE	7 HAM STEAK SCALLOPED POTATOES CORN PINEAPPLE CAKE CHEESY CAULIFLOWER SOUP MILK OR JUICE	1 STUFFED PEPPERS CORN CAKE FRENCH ONION SOUP MILK OR JUICE	2 ADSD #26 LEMON BAKED FISH BROWN RICE SQUASH W/W ROLL SALAD FRUIT LENTIL SOUP MILK OR JUICE
12 ADSD #129 STUFFED CABBAGE STEAMED CARROTS W/W BREAD APPLE CRISP CREAM OF MUSHROOM SOUP MILK OR JUICE	13 ADSD #72 BBQ CHICKEN SQUASH CUCUMBER SALAD BISQUIT W/HONEY FRUIT CUP VEGGIE SOUP MILK OR JUICE	14 COUNTRY FRIED STEAK MASHED POTATOES BEAN SOUP CANDIED CARROTS PUDDING MILK OR JUICE	15 OPEN FACED TURKEY SANDWICH ON W/W BREAD MASHED POTATOES BRUSSEL SPROUTS YOGURT W/FRUIT CREAMY BROCCOLI SOUP MILK OR JUICE	9 ADSD #141 ROAST BEEF AU JUS BROWN RICE GREEN BEANS SLICED TOMATOES APRICOT BRAN MUFFIN CANTALOUPE BEAN SOUP
19 ADSD #39 SPAGHETTI/MEAT SAUCE ZUCCHINI SALAD ORANGES ITALIAN WEDDING SOUP MILK OR JUICE	20 BEE STROGANOFF RICE BAKED SQUASH BEAN SOUP ORANGE SPINACH SALAD FRESH FRUIT	21 ADSD#78 HERB BAKED CHICKEN STUFFING PEASW/ ONIONS SALAD APPLESAUCE CREAMY POTATO SOUP MILK OR JUICE	22 CHRISTMAS DINNER DINNER HAM DINNER ROLL BROCCOLI CASSEROLE YAMS FRUIT SALAD CHERRY SURPRISE	16 MEATLOAF ADSD #3 MASHED POTATOES SPINACH W/W BREAD FRUIT PINTO BEAN SOUP MILK OR JUICE
26 CLOSED CHRISTMAS HOLIDAY	27 ADSD #122 PORK CHOW MEIN CHOPPED SPINACH WHEAT BREAD BALSAMIC VINAIGRETTE SLICED PINEAPPLE EGG DROP SOUP MILK OF JUICE	28 POT ROAST ADSD #157 POTATOES & HERBS CARROTS GARDEN SALAD CANTALOUPE GFY CREAMY SALAD DRESSING BEAN SOUP MILK OR JUICE	29 ADSD #38 CHICKEN BROCCOLI RICE CASSEROLE BEET SALAD BRAN MUFFIN FRUIT CUP VEGGIE SOUP MILK OR JUICE	30 NOON YEARS EVE CELEBRATION FRIED SHRIMP RICE PILAF ASPARAGUS LENTIL SOUP STRAWBERRY SHORT CAKE MILK OR JUICE

LUNCH MONDAY THROUGH FRIDAY 11:30 A.M. TO 12:30 P.M. 60+YEARS LUNCH \$4.00 DONATION APPRECIATED
 UNDER 60 YEARS OF AGE: \$6.00 FEE SALAD BAR \$3.00 FEE COFFEE OR ICED TEA \$1.00 FEE

PAHRUMP SENIOR CENTER

ACTIVITIES ~ DECEMBER 2022

ALL ACTIVITIES ARE SUBJECT TO CHANGE

TEL: (775) 727-5008 FAX (775) 751-6831
 MONDAY - FRIDAY 9:00 AM TO 3:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOTE SPACE FOR YOU				
5 CAPTION CALL 10:00 AM BILL WATSON & THE GLAM GIRLS PERFORM 10:30 AM BEADING HEARTS 12:30 POKER 12:30 PM	6 BINGOSIZE 12:30 PM	7 CHAD GOINS – OPEN ENROLLMENT AT 10:00 AM HAIRCUTS 1:00 PM – 3:00 PM	1 CHAD GOINS OPEN ENROLLMENT 10:00 AM RIPPITS KNITTING GROUP 10:30 AM BINGOSIZE 12:30 PM HAIRCUTS 1:00 PM – 3:00 PM	2 TOPS MEETING 8:00 AM
12 BEADING HEARTS 12:30 PM POKER 12:30 PM	13 CNS -NUCLEAR CARE 10:30 AM BINGOSIZE 12:30 PM	14 ALZHEIMERS/DEMENTIA SEMINAR 9:00 AM – 11:00 AM PAHRUMP CHAPTER BLIND SUPPORT 12:30 PM	15 BINGOSIZE 12:30 PM HAIRCUTS 1:00 PM – 3:00 PM	16 TOPS MEETING 8:00 AM
19 BEADING HEARTS 12:30 PM POKER 12:30 PM	20 BINGOSIZE 12:30PM	21 JUST ONE PROJECT 9:00 AM (COMMODITIES) HAIRCUTS 1:00 – 3:00 PM	22 NO ACTIVITIES CHRISTMAS DINNER SERVED	23 CLOSED FAMILY DAY CHRISTMAS EVE
26 CLOSED CHRISTMAS HOLIDAY	27 BUNCO 12:30 PM BINGOSIZE 12:30 PM	28 BLIND SUPPORT 12:30 PM	29 RIPPITS KNITTING GROUP 10:30 PM BINGOSIZE 12:30 PM HAIRCUTS 1:00 PM – 3:00 PM	30 TOPS MEETING 8:00 AM NOON YEARS EVE CELEBRATION



31st Annual Community

Christmas Benefit Show

presented by

Nevada Silver Tappers, Ms. Senior Golden Years & Guests

Sunday, December 11th 3:00 PM

Saddle West Hotel Casino

(doors open at 2:00 PM)

For tickets call Jackie Greco (775) 751-3468

Beneficiary – Senior Meals on Wheels

Donation \$20

Meals On Wheels

So no senior goes hungry™





Recipes For Our Seniors

PERFECT PIE CRUST

This will make enough crusts for two double crust pies.

- | | |
|--|----------------------------|
| 1 ³ / ₄ cups Crisco shortening | 4 cups flour |
| 1 tablespoon sugar | 2 teaspoons salt |
| 1/2 cup water | 1 tablespoon white vinegar |
| 1 beaten egg | |

Cut shortening into mixture of flour, sugar and salt. Add water, vinegar and beaten egg. Stir until all ingredients are moistened (Do not over-stir). Divide dough into portions. Chill dough for 1 to 2 hours before rolling on a cold surface. Dough portions can be frozen in individual plastic freezer bags and used in the future as needed.



CINNAMON JELLO RECIPE

ITEMS NEEDED FOR RECIPE

- 1 Large packet of Raspberry Jello
- 1 Large packet of Orange Jello
- 1 Regular size Cool Whip (for topping)
- 4 cups Apple Sauce 24 RED HOTS

RECIPE INSTRUCTIONS

Bring 4 cups of water to boil with 24 RED HOTS until RED HOTS are melted. Then stir in Raspberry and Orange Jello Packets.

Stire till ALL Jello crystals are melted / dissolved.

Then add and stir in 4 cups Apple Sauce. Let set in refrigerator until cooled and Jello is set firm.

When the Jello is cooled and set firm, remove from refrigerator and top with Cool Whip. ENJOY! This recipe is also a winner at Valentines Day.

Recipe submitted by Lois Muller, one of our members.



This is what RED HOTS look like in the candy section at the grocery store.



Your 2023 Membership Fee is due by December 30, 2022. Annual Membership Fee is \$10 per person. Please pay at the reception desk with this Member Application Form.

MEMBER APPLICATION & UPDATE FORM PAHRUMP SENIOR CENTER

1370 W Basin Avenue, Pahrump, NV 89060-4501 Tel: (775) 727-5008 Fax: (775) 751-6831

Website: www.PahrumpSeniorCenter.org

NEW MEMBERS are welcome throughout the year. Complete this form for Membership.
MEMBERSHIP RENEWAL is due January of each year and the cost is \$10.00 per year per person. *Thank you for your support!* Please check your Member Card for expiration date.
UPDATE YOUR INFO WITH US PLEASE USE THIS FORM TO UPDATE YOUR MAILING ADDRESS, PHONE, OR EMAIL ETCETERA. THANK YOU FOR YOUR SUPPORT!

PLEASE NOTE: The information you provide on this form is PRIVATE and is not sold, rented, traded or shared. It is used only by our Senior Center for internal use, statistical reports and governmental auditing purposes to maintain our non-profit 501(c)(3) tax-exempt status.

**START
HERE**



TODAY'S DATE: ____/____/____

FIRST MEMBER (PLEASE PRINT) PLEASE CHECK ALL THAT APPLY: **NEW MEMBER** **RENEWAL**
MALE **FEMALE** **UPDATE MY INFORMATION**

First Name _____ Middle Initial _____ Last Name _____

Address _____ Apt / Unit _____ City _____ State/Province _____ Zip _____

Cell (_____) _____ - _____ Home Phone (_____) _____ - _____
AREA CODE X X X X X X X X X X X X X X X X

E-mail _____

Birth Date ____/____/____
MM DD YYYY

Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating you want it **MAILED** or **E-MAILED** to you.

Please present this completed Membership Form to the person at the front check-in counter along with your check or money order for payment of Membership Fee made payable to PAHRUMP SENIOR CENTER.

SECOND MEMBER (PLEASE PRINT) PLEASE CHECK ALL THAT APPLY: **NEW MEMBER** **RENEWAL**
MALE **FEMALE** **UPDATE MY INFORMATION**

First Name _____ Middle Initial _____ Last Name _____

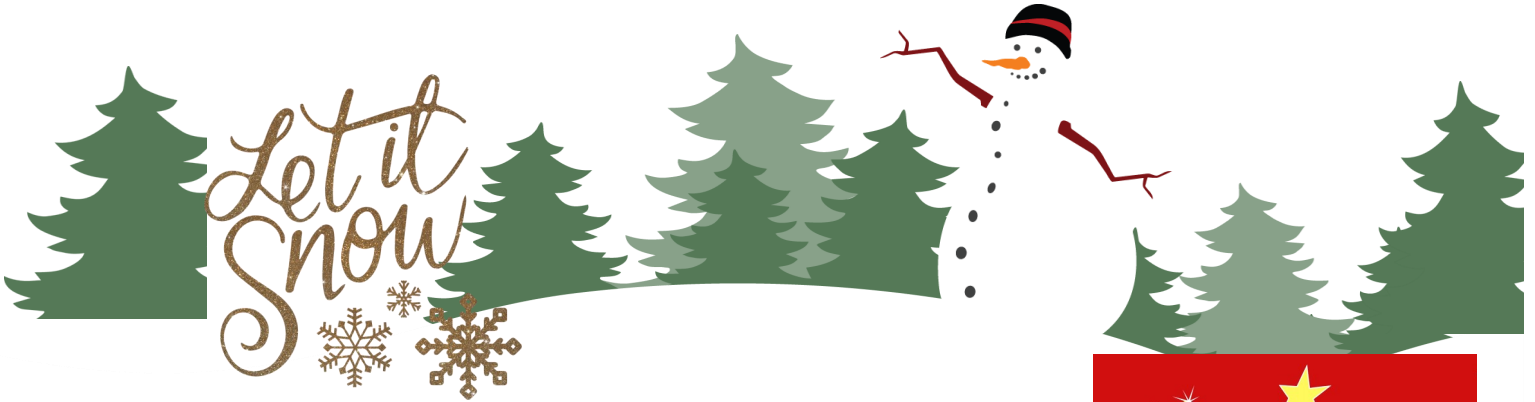
Address _____ Apt / Unit _____ City _____ State/Province _____ Zip _____

Cell (_____) _____ - _____ Home Phone (_____) _____ - _____
AREA CODE X X X X X X X X X X X X X X X X

E-mail _____

Birth Date ____/____/____
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1370 W BASIN AVENUE
PAHRUMP, NV 89060-4501



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