

SHADES OF GRAY

A Monthly Newsletter by and for the Seniors of Pahrump and the Pahrump Valley area.

JUNE 2021 VOLUME 4 ISSUE 6



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PAHRUMP SENIOR CENTER

OUR MAY 3rd 2021 RE-OPENING DAY LUNCH!



Happy Birthday to all our JUNE Birthday Members!

Due to the volume of members, it has become a challenge to list individual birthdays and not miss a few. So rather than skip anyone, on behalf of the Board of Trustees, Staff and Members of the Pahrump Senior Center, we would like to wish all of you having a birthday in JUNE 2021 a very HAPPY BIRTHDAY AND A HEALTHY PROSPEPROUS YEAR!



PAHRUMP SENIOR CENTER Incorporated

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HOLIDAYS & EVENTS JUNE 2021

- 3RD **WORLD BICYCLE DAY**
- 4TH **NATIONAL CHEESE & DONUT DAY**
- 6TH **D-DAY, WORLD WAR II**
- 14TH **FLAG DAY**
- 15TH **NATIONAL PRUNE DAY**
- 19TH **JUNETEENTH**
- 20TH **FATHER'S DAY**



One of our members, Lois Muller wanted to share with all her PSC friends this picture of her beautiful orchid plant she received as a Mother's Day gift from her son.

Lois also celebrated her 94th birthday recently.

4TH OF JULY CELEBRATION BBQ LUNCH IS FRIDAY, JULY 2, 2021



DID YOU KNOW....

The month of June is known as the time schools let out for the summer, and June 20 is the longest day of the year with the most daylight hours in the Northern Hemisphere. June is also the middle of the year and the midpoint of growing season between planting and harvesting. The Strawberry Moon appears at various points every year in June, this last full moon of spring is named after the short strawberry harvesting period in the month—and not because the moon looks anything like the fruit. ■

MENU ~ JUNE 2021

PAHRUMP SENIOR CENTER Tel: (775) 727-5008

MENU ~ JUNE 2021

PLEASE NOTE MENU IS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 ADSD #133 PORK CHOPS W/ APPLES RICE W/W ROLL ZUCCHINI SALAD MANDARIN ORANGES BEAN SOUP	2 CHICKEN/BACON WRAPS W/LETTUCE & TOMATO SPINACH SALAD CAKE SOUP	3 OPEN FACE TURKEY SANDWICH MASHED POTATOES PEAS APPLE CRISP SOUP	4 ADSD #61 STUFFED PEPPERS SPINACH SPAGHETTI MIXED GREENS SALAD GARLIC BREAD FRUIT SOUP
7 CHICKEN PARMESAN TOSSED SALAD GREEN BEANS PINEAPPLE SOUP	8 BEEF TIPS W/ MUSHROOMS RICE BRUSSEL SPROUTS W/W/ ROLL SALAD YOGURT/FRUIT SOUP	9 HAM STEAK SCALLOPED POTATOES CARROTS SALAD FRUIT CAKE BEAN SOUP	10 ADSD #146 CHICKEN ALFREDO VEGGIE MEDLEY FRESH SALAD W/W ROLL APPLESAUCE SOUP	11 ADSD #3 MAT LOAF MASHED POTATOS SPINACH W/W BREAD FRUIT SOUP
14 ADSD #34 SLOPPY JOES BAKED BEANS BABY CARROTS FRUIT COCKTAIL SOUP	15 ADSD #123 CHICKEN TENDERS FRENCH BAKED FRIES CARROT/CELERY STICKS CARROT SALAD FRUIT SOUP	16 PORK ROAST MASHED POTATOES GREEN BEANS W/W ROLL APPLESAUCE BEAN SOUP	17 SMOTHERED BURRITOS SPANISH RICE CORN PEACH CRISP SOUP	18 ADSD #111 CHICKEN IN ORANGE SAUCE BROWN RICE PILAF SPRING SALAD W/VINAIGRETTE DRESSING SAVORY BEANS PINEAPPLE SALAD SOUP
21 COUNTRY FRIED STEAK MASHED POTATOES CORN W/W ROLL APPLE CRISP BEAN SOUP	22 ADSD #169 CHICKEN PENNE ZUCCHINI SALAD CGARLIC BREAD CITRUS DELIGHT SOUP	23 ADSD #104 ROAST BEEF RED POTATOES MIXED VEGGIES GARDEN SALAD PEACHES CAKE SOUP	24 BIT SANDWICH CUCUMBER SALAD BANANA MUFFIN SOUP	25 CHILI CORN BREAD SALAD FRUIT FLUFF SOUP
28 ADSD #177 TUNA CASSEROLE COLORFUL SALAD FRENCH DRESSING ORANGES W/W BREAD SOUP	29 ADSD #3 MEATLOAF MASHED POTATOES SPINACH W/W BREAD FRUIT BEAN SOUP	30 PULLED PORK SANDWICH LS CHIPS BROCCOLI FRUIT CARROT CAKE SOUP	MILK OR JUICE SERVED DAILY SALAD BAR AVAILABLE \$2.00 FEE	

**LUNCH IS SERVED MONDAY - FRIDAY 11:30 A.M. TO 12:30 P.M. SUGGESTED DONATION \$3.00 PER MEAL
COFFEE, BOTTOMLESS CUP \$1.00 FEE ICED TEA \$1.00 FEE SALAD BAR \$2.00 FEE**

ACTIVITIES ~ JUNE 2021

PAHRUMP SENIOR CENTER

Tel: (775) 727-5008

PLEASE NOTE SCHEDULE IS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 EXERCISE CLASS 9:30 BRIDGE 12:30	2 HAIRCUTS 2:PM - 4:PM DESERT VIEW HOSPITAL JUNE BIRTHDAYS	3 EXERCISE CLASS 9:30 KNITTING LADIES 11:00 HAIRCUTS 2:PM – 4:PM	4 EXERCISE CLASS 9:30 BRIDGE 12:30
7 EXERCISE CLASS 9:30 BEADING CLASS 12:30	8 EXERCISE CLASS 9:30 BRIDGE 12:30	9 HAIRCUTS 2:PM – 4:PM	10 EXERCISE CLASS 9:30 KNITTING LADIES 11:00 HAIRCUTS 2:PM – 4:PM	11 EXERCISE CLASS 9:30 BRIDGE 12:30
14 EXERCISE CLASS 9:30 BEADING CLASS 12:30	15 EXERCISE CLASS 9:30 BRIDGE 12:30	16 PRO-CARE HOSPICE SEMINAR – WES 10:30 A.M. HAIRCUTS 2:PM – 4:PM	17 EXERCISE CLASS 9:30 KNITTING LADIES 11:00 HAIRCUTS 2:PM – 4:PM	18 EXERCISE CLASS 9:30 BRIDGE 12:30
21 EXERCISE CLASS 9:30 BEADING CLASS 12:30	22 EXERCISE CLASS 9:30 BRIDGE 12:30	23 HAIRCUTS 2:PM – 4:PM	24 EXERCISE CLASS 9:30 KNITTING LADIES 11:00 HAIRCUTS 2:PM – 4:PM	25 EXERCISE CLASS 9:30 BRIDGE 12:30
28 EXERCISE CLASS 9:30 BEADING CLASS 12:30	29 EXERCISE CLASS 9:30 BUNCO 12:00 NOON BRIDGE 12:30	30 HAIRCUTS 2:PM – 4:PM BLIND SUPPORT 12:30		

HAIRCUTS BY APPOINTMENT ONLY: CALL (775) 727-5008

ACTIVITIES , JUNE 2021

RECIPES...

This recipe "BLT & EGG PIE" is available on our website under DOWNLOADS.

You will be **very popular** with your friends when you serve them this delicious dish!

BLT & EGG PIE

Makes 6 Servings Hands-On Time: 30 Minutes Total Preparation Time: 65 Minutes

IMPORTANT: READ COOKS NOTES ON PAGE 3 BEFORE STARTING

Suggested Accompaniments: *Sautéed summer squash or corn on the cob.
* Basic Butter Pastry (recipe follows)

INGREDIENTS FOR THE PIE

- 1 pound small ripe tomatoes
 - 8 slices bacon (see Cooks Notes on page 3)
 - 1/4 teaspoon freshly ground black pepper
 - 3 cups Boston lettuce leaves
 - Pinch of cayenne pepper
 - Kosher salt
 - Creamy Garlic Dressing Two Ways (recipe below) or use store bought dressing
- END OF INGREDIENT LIST FOR THE PIE ONLY**

- 1 medium onion
- 3 extra-large eggs
- 1/2 cup mayonnaise
- 3/4 cup whole milk



Continued on reverse side...

Side 1 of Page 1 of 3

The above recipe in its entirety can be downloaded from our website.

GOURMET POPCORN

~ Virtually Hulless! ~

Do you enjoy delicious gourmet popcorn that is VIRTUALLY HULLESS?

We have found this gourmet popcorn totally awesome! You can purchase it on Amazon.com. It is available in white or yellow popcorn kernels.





Tel: (775) 727-5008
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FACEBOOK: [FaceBook.com/PahrumpSeniorCenterII](https://www.facebook.com/PahrumpSeniorCenterII)
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***Pahrump Senior Center...
The Best In The West!***

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