



Anne Blankenship-Harris
Editor & Site Manager

A Monthly Newsletter by and for the Seniors of Pahrump and the Pahrump Valley area.

MAY 2022

VOLUME 5 ISSUE 5

SHADES OFGRAY

1370 W BASIN AVENUE, PAHRUMP NV 89060-4501

Telephone (775) 727-5008 Fax (775) 751-6831

MAY 5TH IS CINCO DE MAYO

<u>Cinco de Mayo</u>. Cinco de Mayo in Latin America, Spanish for "Fifth of May" is an **annual celebration held on May 5**. The date is observed and celebrated by Mexicans, Mexican Americans and non-Mexicans to commemorate the Mexican Army's victory over the French Empire at the <u>Battle of Puebla</u>, on May 5, 1862, under the leadership of General Ignacio Zaragoza.





SUNDAY, MAY 8TH IS MOTHER'S DAY This holiday honoring mothers and motherhood was first celebrated in 1907, when Anna Jarvis held the first Mother's Day service of worship at Andrews Methodist Episcopal Church in Grafton, West Virginia. Andrew's Methodist Church now holds the International Mother's Day Shrine. Mother's Day is celebrated in over 40 countries.



PAHRUMP SENIOR CENTER, Inc.

BOARD OF TRUSTEES

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MAY HOLIDAYS & EVENTS — PAHRUMP

MAY 1ST-7TH NATIONAL TEACHER WEEK NATIONAL NURSES WEEK

THURSDAY - MAY 5TH NATIONAL DAY OF PRAYER CINCO DE MAYO

SUNDAY — MAY 8TH MOTHER'S DAY

SUNDAY— MAY 15TH NATIONAL PEACE OFFICERS MEMORIAL DAY

SATURDAY— MAY 21ST ARMED FORCES DAY

MONDAY — MAY 30TH MEMORIAL DAY ~ SENIOR CENTER CLOSED



If we ever forget that we are One Nation Under God, then we will be a nation gone under.



YOUR TAX-DEDUCTIBLE DONATIONS ARE NEEDED TO KEEP OUR SENIOR CENTER OPEN AND OPERATIONAL! PLEASE MAKE A DONATION TODAY!

All donations are appreciated no matter what is donated because we know it comes from the heart. To those who support us, THANK YOU! To those who have not contributed, we offer you the opportunity. You support is needed at this time to ensure that we can continue to enrich the lives of all the seniors in the Pahrump Valley area, either directly or through making Pahrump a better place to live for our senior population. Thank You!

CUT ALONG LINE

DONATION FORM Make Check or Money Order payable to: Pahrump Senior Center

I would like to support THE PAHRUMP SENIOR CENTER to help keep the doors open.

\$

DONOR'S NAME

DONATION AMOUNT

I have enclosed my donation by CHECK MONEY ORDER

CHECK BOXES THAT APPLY DO NOT SEND CASH IN THE MAIL!

☐ I DO WANT RECOGNITION

☐ I DO NOT WANT RECOGNITION ☐ SEND ME TAX-DEDUCTIBLE RECEIPT

Pahrump Senior Center, Inc. is a 501(c)(3) non-profit corporation and ALL DONATIONS ARE TAX DEDUCTIBLE. Your Donations throughout the year are never too small to make a difference! **THANK YOU for your donations**.

The Nevada Assistive Technology Resource Center Nevada Telecommunication Equipment Distribution Program

in co-sponsorship with

Nevada Hands & Voices

present

Deaf, Hard of Hearing, and Speech Impaired Resource Fair

May 28th from 9am to 2pm

Location: Red Rock Casino Resort Spa Summerlin ABEF Ballroom 11011 West Charleston Las Vegas, Nevada 89135

Use Charleston Blvd. and Pavilion Center Dr. to park in the East Self-Parking Garage or Valet.

The event is limited to 100 guests, so register TODAY at:

https://www.eventbrite.com/e/deaf-hard-of-hearing-and-speech-impaired-resource-fair-registration-305097122707

Communication Access Services (CAS), Relay Nevada, Nevada Hands & Voices, Nevada Telecommunication Equipment Distribution Program, Nevada Care Connection, Nevada Assistive Technology Resource Center, Nevada Deaf and Hard of Hearing Commission



Nevada Center for Excellence in Disabilities Contact Us: 833-427-1672 cas-telecom@unr.edu

https://www.unr.edu/nced/projects/ntedp



Happy Birthday to all our MAY Birthday Members!

PAHRUMP SENIOR CENTER

PAHRUMP NV 89060-4501

MAIL TO:

1370 W BASIN AVE



PAHRUMP SENIOR CENTER

Tel: (775) 727-5008 FAX (775) 751-6831

MENU ~ MAY 2022

PLEASE NOTE MENU SUBJECT TO CHANGE

the way 8th this year. the way he should go, ill not turn from it. se up and call her blessed; praises her.	Mother's Day is Sunday, May 8 th this year. Proverbs 22:6 Train a child in the way he should go, and when he is older he will not turn from it. Proverbs 31:28 Her children rise up and call her blessed; Her husband also, and he praises her.	An Info-Message from Jesus the Messiah Church. Pahrump, Nevada	31 COUNTRY FRIED STEAK MASHED POTATOES CORN FRUIT CHICKEN & RICE SOUP MILK OR JUICE	30 CLOSED MEMORIAL DAY
27 MEMORIAL DAY BBQ HAMBURGERS/HOTDOGS POTATO SALAD PASTA SALAD BAKED BEANS CUPCAKES MILK OR JUICE	26 ADSD #29 SHEPARDS PIE SPINACH YOGURT BEAN SOUP MILK OR JUICE	25 ITALIAN SAUSAGE SANDWICH SAUTEERED PEPPERS/ONIONS FRENCH FRIES CARROTS ICE CREAM CORN CHOWDER MILK OR JUICE	T ROAST BEEF MASHED POTATOES GRAVY MIXED VEGGIES SALAD MANDARIN ORANGES LENTIL SOUP	23 ORANGE CHICKEN RICE SPRING SALAD PINEAPPLE MILK OR JUICE EGG FLOWER SOUP
20 ADSD #108 BEEF STROGANOFF SQUASH SALAD FRUIT CAKE BEAN SOUP MILK OR JUICE	HAM STEAK AU GRATIN POTATOES CAULIFLOWER PUDDING BEEF BARLEY SOUP MILK OR JUICE	ADSD #39 SPAGHETTI MEAT SAUCE GARLIC BREAD SQUASH PUDDING MILK OR JUICE MINNESTRONE SOUP	BBQ CHICKEN POTATO SALAD CORN FRESH FRUIT VEGGIE SOUP MILK OR JUICE	CARNE ASADA TACOS SPANISH RICE REFRIED BEANS CINNAMON TWISTS ALBONDIGAS SOUP MILK OR JUICE
ADSD #3 MEAT LOAF MASHED POTATOES SPINACH W/W BREAD FRUIT LENTIL SOUP MILK OR JUICE	HERB BAKED CHICKEN STUFFING PEAS/ONIONS SALAD FRUIT CREAM OF BROCCOLI SOUP MILK OR JUICE	ADSD #14 HAMBURGERS W/BUN BAKED BEANS MILK OR JUICE TOMATOES/LETTUCE/ONION CELERY/CARROT STICKS FROZEN YOGURT TOMATO BASIL SOUP	PORK ROAST GRAVY MASHED RED POTATOES CORN PINEAPPLE CAKE PEA SOUP MILK OR JUICE	9 MOTHERS DAY LUNCH CHICKEN CORDON BLEU PARSLEY POTATOES CARROTS STRAWBERRY SHORT CAKE FRENCH ONION SOUP MILK OR JUICE
6 BATTERED COD RICE PEA SALAD FRUIT CREAM OF MUSHRM SOUP MILK OR JUICE	TURKEY SANDWICH LETTUCE/TOMATOES W/W BREAD BABY CARROTS YOGURT W/FRUIT CHICKEN NOODLE SOUP	CHICKEN BACON/RANCH WRAPS W/LETTUCE & TOMATOES PEAS CAKE MILK OR JUICE CREAM OF CAULIFLOWER SOUP	3 SMOTHERED PORK CHOPS BROWN RICE GREEN BEANS ROLL FRUIT SALAD TOMATO BASIL SOUP MILK OR JUICE	ADSD #123 CHICKEN TENDERS TATOR TOTS CARROT/CELERY STICKS BROCCOLI SALAD CAKE BEAN SOUP MILK OR JUICE
FRIDAY	THURSDAY FRIDAY	WEDNESDAY	TUESDAY	MONDAY

LUNCH IS SERVED MONDAY THROUGH FRIDAY 11:30 A.M. TO 12:30 P.M.

60+YEARS **LUNCH \$4.00 DONATION APPRECIATED**

PAHRUMP SENIOR CENTER

Tel: (775) 727-5008 FAX (775) 751-6831

ACTIVITIES ~ MAY 2022

MONDAY - FRIDAY 9:00 AM to 3:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BEADING CLASS 12:30 POKER 12:30	BINGOSIZE 12:30	4 HAIRCUTS 1:00 - 3:00 PM	SRIPPITS (KNITTING CLUB) 10:30 BINGOSIZE12:30 HAIRCUTS 1:00 – 3:00 PM	G TOPS MEETING 8:00 AM
9 BEADING CLASS 12:30 POKER 12:30	10 BINGOSIZE 12:30	Sara Martin Mobile Eye DR 9:30 AM HAIRCUTS 1:00 – 3:00 PM BLIND SUPPORT – PAHRUMP CHAPTER 10 11:30 AM	12 RIPPITS (KNITTING CLUB) 10:30 BINGOSIZE12:30 HAIRCUTS 1:00 – 3:00 PM	13 TOPS MEETING 8:00 AM
46 ADULT PROTECTIVE SERVICES SEMINAR 10:00 AM BEADING CLASS 12:30 POKER 12:30	17 BINGOSIZE 12:30	18 BLIND SUPPORT 12:30 HAIR CUTS 1:00 – 3:00 PM	19 RIPPITS (KNITTING CLUB) 10:30 BINGOSIZE 12:30 HAIRCUTS 1:00 – 3:00 PM	20 TOPS MEETING 8:00 AM JOE PARRA CANDIDATE FOR SHERIF MEET-N-GREET 10:30 AM
23 BEADING CLASS 12:30 POKER 12:30	24 BINGOSIZE 12:30	25 BLIND SUPPORT 12:30	26 RIPPITS (KNITTING CLUB) 10:30 BINGOSIZE 12:30 PM	27 TOPS MEETING 8:00 AM LEO BLUNDO CANDIDATE FOR COMMISSIONER MEMORIAL DAY BBQ
30 CLOSED MEMORIAL DAY	31 BINGOSIZE 12:30 BUNCO 12:30	NOTICE: EARLY VOTING BEGINS TH MOTHER'S DAY IS SUNDAY MAY 8 TH ,	EARLY VOTING BEGINS THE 28th OF MAY. S DAY IS SUNDAY MAY 8TH,	· MAY.



Hard of Hearing or Deaf? Speech Impaired? Can't Hear on the Phone? Do You Have Low Vision? CALL NEVADA ASSISTIVE TECHNOLOGY RESOURCE CENTER

Nevada Assistive Technology Resource Center Telecommunications Program (NATRCTP) provides telephones and communication type equipment to the Deaf, Hard of Hearing as well as the Speech Impaired. We can also offer Electrolarynx devices to individuals with speech impairments to be able to speak and communicate over the telephone.

We distribute many different models of telephones with amplification as well as VP Voice Phones, and Captioned Telephones by Captel and Caption Call so individuals can read what is said on the telephone when speaking.

The Nevada Assistive Technology Resource Center (NATRC) is a project of the Nevada Center for Excellence in Disabilities (NCED). NATRC's goal is to increase awareness and knowledge of the benefits of assistive technology related services among individuals with disabilities and their families, older individuals and their families, and the general population.

WE SUPPORT:

- device demonstrations –compare and contrast options for an informed choice
- · device loans-try it out to inform decision making
- training-expand your knowledge about current AT
- · public awareness-outreach and community engagement
- technical assistance-ongoing support to agencies and providers
- transition activities AT supports for decisions regarding independent living across the lifespan. It can include areas such as housing, employment, education, personal care, safety remaining in your home, and discharge planning from acute care settings.

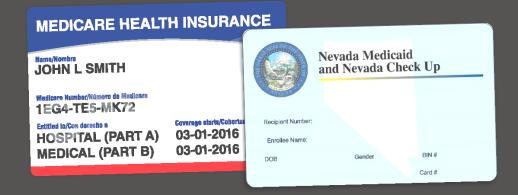
During COVID-19 crisis, services have been modified to align with federal and state guidelines regarding safety and social distancing.

RENO NEVADA MAIN OFFICE
Nevada Assistive Technology Resource Center
Tel: (775) 682-9056
1664 N Virginia Street
Reno, NV 89557-0001

SOUTHERN NEVADA—LAS VEGAS OFFICE
Nevada Assistive Technology Resource Center
Tel: (702) 665-4926
5550 W Flamingo RD STE A3
Las Vegas, NV 89103-0135

This Ad was made possible by the Nevada Assistive Technology Collaborative (NATC) funded in part by Grant Number 1901NVATSG from the U.S. Department of Health and Human Services through the Assistive Technology Act of 2004 as amended. The mission of the NATC is to improve the provision of Assistive Technology (AT) through a comprehensive statewide continuum of integrated activities for individuals with disabilities of all ages.

Don't miss out! If you have these two cards:



Learn how you may qualify for more benefits than just having Medicare and Medicaid alone.

Start getting more value with your healthcare coverage!

I represent many major insurance companies and work independently for you at no cost! Learn about Medicare Advantage plans that may offer:



up to \$4,000 allowance and may include up to \$1,000 flex card for dental



up to \$300 in eyewear allowance



up to \$210/quarter for over-thecounter products



up to \$40/month for healthy foods or groceries



up to 54 one-way transportation trips

Call today to schedule a one-on-one (in-person/virtual) appointment:



Brian Paradis (702) 277-7147 License #580158



IT'S FREE!

YOU CAN RECEIVE OUR MONTHLY NEWSLETTER BY E-MAIL. SIGN-UP TODAY! IT'S FREE!

You can sign up for our FREE Monthly Newsletter "Shades of Gray" and also get advanced special events e-mail notices by going to our website www.PahrumpSeniorCenter.org

On our HOME page, scroll down to the sign-up section, enter your e-mail address and click the **SUBMIT** button. Yes, it really is that simple to sign-up! You will receive an email from us to verify your e-mail address usually within 15 minutes. (If you don't, check your spam/junk folder.) Click CONFIRM your e-mail address. That's all you need to do.

If you want to receive a printed hardcopy of our monthly newsletter, stop by the reception desk and say you want to be on our mailing list. Complete the form and hand it back to the receptionist. **Please be sure to print your information legibly.**

HAPPY READING!





PAHRUMP SENIOR CENTER 1370 W BASIN AVE PAHRUMP NV 89060-4501 Tel: (775) 727-5008

e-mail: Office@PahrumpSeniorCenter.org

FACEBOOK: FaceBook.com/PahrumpSeniorCenterII

Website: PahrumpSeniorCenter.org

Pahrump Senior Center... The Best In The West!

PAHRUMP SENIOR CENTER, Inc 1370 W BASIN AVE PAHRUMP NV 89060-4501

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