

SHADES OF GRAY NEWSLETTER

NOVEMBER 2019



Anne Blankenship-Harris
Editor & Site Manager

VOLUME 2, ISSUE 11

PAHRUMP SENIOR CENTER

1370 W Basin Avenue, Pahrump, NV 89060-4501

Telephone (775) 727-5008

www.PahrumpSeniorCenter.org

[Facebook.com/PahrumpSeniorCenter/](https://www.facebook.com/PahrumpSeniorCenter/)

Office@PahrumpSeniorCenter.org

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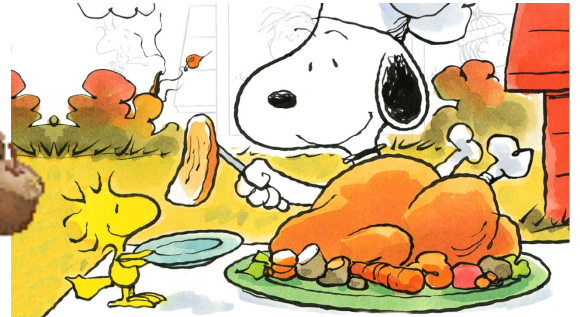
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WE ARE THANKFUL FOR YOU



HALLOWEEN PARTY

COSTUME CONTEST WINNERS



DANCING
THE TIME
AWAY



NOTICES, DISCLAIMERS AND CREDITS

WE HAVE GONE GREEN

Help save postage, paper and ink by getting your Newsletter e-mailed to you each month or download it from our website. This past summer we upgraded our office software that allows us to legally e-mail our Newsletters, Event Notices and the like to all those who opted-in to our e-mail list. If you want to add your e-mail address to our private e-mail list, please go to our website and subscribe on our HOME webpage. It's so easy! You can also subscribe by updating our Membership Form stating your e-mail address along with your first and last name. Be sure to check the correct box for e-mail and give it to the person at the Front Desk upon your next visit to our senior center.

DISCLAIMERS AND ACKNOWLEDGEMENTS

The Pahrump Senior Center does not endorse any company group or candidate advertising or promoting business through the Senior Center.

NOTICE

Our Senior Center staff will NEVER ask you for private information by mail, telephone or by email!

DON'T BE SCAMMED!

HOW TO CONTACT US

Our WEBSITE is updated often with new content, announcements, late arriving announcements of events etcetera. So check our website often. You can also find newly added things on our FACEBOOK page.

Our WEBSITE is: WWW.PAHRUMPSENIORCENTER.ORG

Our FACEBOOK: www.FaceBook.com/PahrumpSeniorCenterII

By Telephone: (775) 727-5008 Monday—Friday 9:00AM-3:30 PM

By E-mail: Office@PahrumpSeniorCenter.org

In Person: Our office is open weekdays 9:00 AM to 3:00 PM

PAHRUMP SENIOR CENTER ~ The Best In The West!

Check out our website: www.PahrumpSeniorCenter.org

Our FACEBOOK is: www.FaceBook.com/PahrumpSeniorCenterII

YOUR TAX-DEDUCTIBLE DONATIONS ARE NEEDED



All donations are appreciated no matter what is donated because we know it comes from the heart. To those who support us, THANK YOU! To those who have not contributed, we offer you the Opportunity. Your support is needed at this time to ensure that we can continue to enrich the lives of all the seniors in the Pahrump Valley area either directly or through making Pahrump Senior Center a better place to visit, meet new people and have nourishing lunch meals. Thank You!

CUT ALONG LINE

DONATION FORM Make Check or Money Order payable to: Pahrump Senior Center

I would like to support THE PAHRUMP SENIOR CENTER to help keep the doors open, the costs of our lunches from increasing and to enrich the lives of the seniors in Pahrump Valley area.

DONOR'S NAME _____

DONATION AMOUNT

\$ _____

CHECK BOXES THAT APPLY

- I DO WANT RECOGNITION
 I **DO NOT** WANT RECOGNITION
 Send me Tax-deductible Receipt

I have enclosed my donation by CHECK MONEY ORDER

Pahrump Senior Center, Inc. is a 501(c)(3) non-profit corporation and ALL DONATIONS ARE TAX DEDUCTIBLE. Your Donations throughout the year are never too small to make a difference! THANK YOU for your donations. We would like to acknowledge your generosity in our monthly newsletter by name only. Please put an 'X' in the appropriate box to the

MAIL TO:

PAHRUMP SENIOR CENTER
1370 W BASIN AVE
PAHRUMP NV 89060-4501

CUT ALONG LINE

NOVEMBER BIRTHDAYS



Due to the volume of members, it has become a challenge to list individual birthdays and not miss a few. So rather than skip anyone, on behalf of the Board of Trustees, Staff and Members of the Pahrump Senior Center, we would like to wish all of you having a birthday in NOVEMBER a Happy Healthy Year!



MOVIE SCHEDULE

Here is the schedule for our **MOVIE Day** at the Pahrump Senior Center.



MOVIE DATE	TIME
Wednesday November 20	1:00 PM

Popcorn will be served at no-charge!

You can pick up a movie schedule at the front desk. The movies are held in our main hall and are approximately 2 hours long.

Quotable Quips & Jokes

1. "Don't try to save junk just because it took you a long time to obtain it. If you haven't used it in the past 6 months, get rid of it." *Unknown*
2. "Housework can't kill you, but why take a chance?"
[Repeated from last months' newsletter by request] *Phyllis Diller*
3. Why does a duck have tail feathers?
To cover its butt quack.
4. What do you call a bear with no teeth? A gummy bear.
5. At age 54, my race is more than half over. I'm in the last few laps. It's time to sprint.
6. A lie doesn't become truth, wrong doesn't become right, and evil doesn't become good, just because it's spoken nine hundred times. Be careful what you wish for!
Unknown

WE ♥ VOLUNTEERS



IF YOU DIDN'T GET OUR NEWSLETTER BY U.S. MAIL OR EMAIL IN THE PAST, THEN CHECK THESE FAQs....

Certain requirements have changed and/or have been added when our senior center updated the monthly newsletter format and automation. So if you haven't been getting your copy of our SHADES OF GRAY monthly newsletter in the past few months, either by U.S. Mail (*our printed format 'hardcopy'*), or did not receive an email from us with a link to download and view SHADES OF GRAY

Newsletter on your device, here are a few steps you can take to remedy the situation...

STEP 1 - Have you filled out a NEW Membership Form AFTER June 16, 2019? If not, please fill out our new Membership Form (found on our website DOWNLOADS webpage), making sure you print with ink and complete it fully. Then hand it to the person at the front desk the next time you visit our senior center. If you need assistance completing the new Membership Form, simply ask someone to assist you. Incomplete or not readable applications will not be processed in order to cut down on mistakes and postage costs.

STEP 2 - If you have done step 1 above after January 1, 2019, perhaps you did not submit your address or email address correctly. Did you leave out an apartment number or unit/lot number, or street address. You can check with the front desk person to see if your address is correct in our records. The front desk will have an up-to-date member listing to check if your information is correct.

STEP 3 - Next, did you place an 'X' in the checkbox telling us how you wanted your SHADES OF GRAY Newsletter to be delivered to you? The options are " By US Mail" or " By E-mail". You can check both if you want both.

STEP 4 - BE SURE TO ADD our senior center email address to your Contacts List in your email app. *If you do not do this, our emails to you most likely will wind up not delivered or our email to you ended up in your SPAM or JUNK MAIL folder.* Our Newsletter email address is:

Senior.Center@PahrumpSeniorCenter.org



**Wes Clouser and
Nikkie Ellis from
Infinity Hospice.**

**Thank You for sponsoring
our Halloween Dance at
our Pahrump Senior
Center!**

**Everyone had a great
time!**

**THANK YOU,
THANK YOU,
THANK YOU!**

MEMBER APPLICATION & UPDATE FORM PAHRUMP SENIOR CENTER

1370 W Basin Avenue, Pahrump, NV 89060-4501 Tel: (775) 727-5008 Fax: (775) 751-6831

Website: www.PahrumpSeniorCenter.org

NEW MEMBERS are welcome throughout the year. Complete this form for Membership.
MEMBERSHIP RENEWAL is due January of each year and the cost is \$10.00 per year per person. *Thank you for your support!* Please check your Member Card for expiration date.
UPDATE YOUR INFO WITH US PLEASE USE THIS FORM TO UPDATE YOUR MAILING ADDRESS, PHONE, OR EMAIL ETCETERA. THANK YOU FOR YOUR SUPPORT!

**START
HERE**

PLEASE NOTE: The information you provide on this form is PRIVATE and is not sold, rented, traded or shared. It is used only by our Senior Center for internal use, statistical reports and governmental auditing purposes to maintain our non-profit 501(c)(3) tax-exempt status.



TODAY'S DATE: ____/____/____

FIRST MEMBER (PLEASE PRINT) PLEASE CHECK ALL THAT APPLY: **NEW MEMBER** **RENEWAL**
MALE **FEMALE** **UPDATE MY INFORMATION**

First Name _____ Middle Initial _____ Last Name _____

Address _____ Apt / Unit _____ City _____ State/Province _____ Zip _____

Cell (_____) _____ — _____ Home Phone (_____) _____ — _____
AREA CODE X X X X X X X X X X X X X X X X

E-mail _____

Birth Date ____/____/____
MM DD YYYY

Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating you want it **MAILED** or **E-MAILED** to you.

Please present this completed Membership Form to the person at the front check-in counter along with your check or money order for payment of Membership Fee made payable to PAHRUMP SENIOR CENTER.

SECOND MEMBER (PLEASE PRINT) PLEASE CHECK ALL THAT APPLY: **NEW MEMBER** **RENEWAL**
MALE **FEMALE** **UPDATE MY INFORMATION**

First Name _____ Middle Initial _____ Last Name _____

Address _____ Apt / Unit _____ City _____ State/Province _____ Zip _____

Cell (_____) _____ — _____ Home Phone (_____) _____ — _____
AREA CODE X X X X X X X X X X X X X X X X

E-mail _____

Birth Date ____/____/____
MM DD YYYY




Our Monthly Newsletter contains our Monthly Lunch Menu and Monthly Calendar. Please check the appropriate box, stating you want it **MAILED** or **E-MAILED** to you.

MENU ~ NOVEMBER 2019

SHADES OF GRAY

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PAHRUMP SENIOR CENTER 775-727-5008 MON-FRI 9AM-3:30PM
MENU - NOVEMBER 2019 LUNCH SERVED 11:30AM-12:30PM ALL MENU ITEMS ARE SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Italian Beef Bake Peas & Carrots Spinach Salad Yogurt Soup Milk or Juice ADSD#152	2
3 DAYLIGHT SAVINGS TIME ENDS. SET YOUR CLOCKS BACK 1 HR.	4 Grilled Cheese Sandwich Potato Salad Mixed Veggies Jello Tomato Basil Soup Juice or Milk	5 Tuna Casserole Salad Fruit Northern Bean Soup Milk or Juice ADSD # 177	6 Meatloaf Mashed Potatoes Green Beans w/w Bread Fruit Soup Milk or Juice ADSD# 3	7 Ham Steak Baked Beans Carrots w/w Bread Fruit Cake Bean Soup Milk or Juice	8 Cranberry Glazed Chicken Breast Brown Rice Salad Green Beans Mandarin Oranges Soup Milk or Juice ADSD#163	9
10	11 CLOSED 	12 Hawaiian Kielbasa Red Potatoes Cauliflower Pudding Fruit Bean Soup Milk or Juice	13 Grilled Chicken Strips Wild Rice California Blend Veggies w/w Bread Fresh Fruit Soup Milk or Juice ADSD#183	14 Pork Chops Mashed Potatoes Spinach Salad w/w Bread Carrot Cake Bean Soup Milk or Juice	15 Baked Fish Coleslaw French Baked Potatoes Salad Banana Soup Milk or Juice Adsd #6	16
17	18 Stippy Joes Carrots Spinach Salad Carrot Salad Apple Crisp Soup Milk or Juice ADSD#70	19 Beef Tenderloin Potatoes & Herbs 7 Grain Bread Salad Veggie Blend Mixed Berry Cup Soup Milk or Juice ADSD#185	20 Herb Baked Chicken Coleslaw Baked Potato Green Beans Pears Lentil Soup Milk or Juice ADSD#165	21 Chili w/ Corn Bread Corn Yogurt Pie Split Pea Soup Milk or Juice	22 Pork and Green Beans in Tomatoes Carrots Rice Peach Crisp Soup Milk or Juice	23
24	25 Chicken & Dumplings Peas Carrot Salad Yogurt w/ fruit Soup Milk or Juice ADSD#102	26 Beef Stew Biscuit Salad Fresh Fruit Bean Soup Milk or Juice ADSD #16	27 THANKSGIVING DINNER Turkey w/ Stuffing & Gravy Mashed Potatoes Yams Cranberry Sauce Green Bean Casserole w/w Rolls Fruit Salad Pumpkin Pie Milk or Juice 11:AM & 12:PM SEATINGS SIGN UP PLEASE	28 CLOSED 	29 CLOSED 	30

PAHRUMP SENIOR CENTER Telephone: (775) 727-5008 **MON-FRI 9:AM - 3:30PM**
ACTIVITIES ~ NOVEMBER 2019 ALL ACTIVITIES ARE SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 EXERCISE CLASS 9:30 T.O.P.S. MTG 7-9 AM MEDICARE OPEN ENROLLMENT SEMINAR JACOB- 10AM	2
3 DAYLIGHT SAVINGS TIME ENDS SET YOUR CLOCKS BACK 1 HR.	4 EXERCISE CLASS 9:30 CHAD GOINS OPEN ENROLLMENT 10AM POKER 12:30 BEADING GROUP 1PM	5 EXERCISE CLASS 9:30 SELECT HEALTH OPEN ENROLLMENT 10AM NYE COALITION BINGO 1PM HAIRCUTS 1PM-3PM	6 HUMANA OPEN ENROLLMENT 10AM DESERT VIEW HOSPITAL SEMINAR ORTHO DR. 10AM CRAFTY LADIES 12:30	7 EXERCISE CLASS 9:30 MEN'S BREAKFAST MEETING WOMEN WELCOME 8AM- YARN LADIES 11AM MEDICARE OPEN ENROLLMENT 10AM JACOB HAIRCUTS 1PM-3PM	8 EXERCISE CLASS 9:30 T.O.P.S. MTG 7-9 AM	9
10	11 CLOSED VETERANS DAY	12 EXERCISE CLASS 9:30 INFINITY HOSPICE SEMINAR 10AM CHAD GOINS OPEN ENROLLMENT 11AM HAIRCUTS 1PM-3PM	13 HUMANA OPEN ENROLLMENT 10AM MOVIE DAY 1PM CRAFTY LADIES 12:30	14 MEN'S BREAKFAST MEETING 8AM- WOMEN WELCOME EXERCISE 10AM YARN LADIES 11AM HAIRCUTS 1PM-3PM	15 EXERCISE CLASS 9:30 T.O.P.S. MTG 7-9 AM MEDICARE OPEN ENROLLMENT JACOB 10AM	16
17	18 EXERCISE CLASS 9:30 HUMANA OPEN ENROLLMENT 10AM	19 EXERCISE CLASS 9:30 CHAD GOINS OPEN ENROLLMENT 11AM HAIRCUTS 1PM-3PM	20 AARP DRIVING CLASS 9:30AM - 2:30PM WECARE HOME HEALTH 10AM CRAFTY LADIES 12:30	21 MEN'S BREAKFAST MEETING 8AM- WOMEN WELCOME ICAN SEMINAR 10AM YARN LADIES 11AM EXERCISE CLASS 9:30	22 EXERCISE CLASS 9:30 T.O.P.S. MTG 7-9 AM MEDICARE OPEN ENROLLMENT JACOB 10AM	23
24	25 EXERCISE CLASS 9:30 POKER 12:30 BEADING GROUP 1PM HEALTHCARE PARTNERS SEMINAR 10AM HCP - BINGO 1PM	26 EXERCISE CLASS 9:30 SELECT HEALTH OPEN ENROLLMENT 10AM BRIDGE 12:30 BUNCO 12:30	27 NO ACTIVITIES THANKSGIVING DINNER	28 CLOSED THANKSGIVING DAY	29 CLOSED THANKSGIVING FAMILY DAY	

PICTURES FROM OUR 2019 HALLOWEEN DANCE PARTY HERE AT THE PAHRUMP SENIOR CENTER



MORE PICTURES FROM OUR 2019 HALLOWEEN DANCE PARTY



COULD THIS
BE OUR
FRIGHT
NIGHT
CREW?

INFINITY HOSPICE CARE AND PAHRUMP
SENIOR CENTER PRESENT:

VET-TO-VET CAFE

Join us for a social coffee hour where you can listen to others, share your own stories, or just enjoy the provided refreshments.

We are welcoming all Active Duty Military Members, All Veterans, and their spouses and families.

The Cafe will be held at The Pahrump Senior Center on Tuesday, November 12th, starting around 10:15 AM and ending at 11:00 AM.

For more information please contact Nikkie Ellis at (702) 793-8789 or Anne Blankenship at (775) 727-5008 Ext. 10

BINGO BASH

@ the Senior Center

Tuesday, November 5
1:00pm-3:00pm



Join Community
Members for Bingo!

Have Fun and
Win Prizes

Learn about resources and
events in the community





HealthCare Partners Nevada.
an Intermountain Healthcare company



Doctor Winters of HealthCare Partners

Doctor Winters came to the senior center last month to give a seminar. We were so glad to have him speak to the seniors here.

He was a great sport to go along with the picture-taking portion.



From all the staff and volunteers of the Pahrump Senior Center, we wish you a



PAHRUMP TACO FEST 2019

Our great cooks Yolanda and Tammie at Taco Fest 2019 took 3rd place!

Peoples Choice Award



MORE 2019 HALLOWEEN DANCE PICTURES — AWESOME GREAT FOOD — YUMMY FOR THE TUMMY!



DANCE TO THE MUSIC...





PAHRUMP SENIOR CENTER

Tel: (775) 727-5008

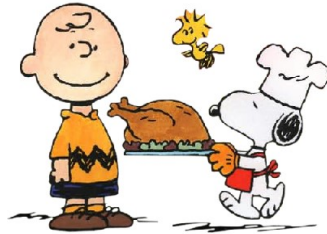
e-mail: Office@PahrumpSeniorCenter.org

FACEBOOK: FaceBook.com/PahrumpSeniorCenterII

Website: www.PahrumpSeniorCenter.org

**PAHRUMP SENIOR CENTER
1370 W BASIN AVE
PAHRUMP NV 89060-4501**

*Happy
Thanksgiving*



**NOVEMBER HOLIDAYS
& HISTORICAL EVENTS**

SUNDAY, NOVEMBER 3
Daylight Saving Time Ends

TUESDAY, NOVEMBER 5
Election Day

SUNDAY, NOVEMBER 10
U.S. Marine Corps Established
(1775)

MONDAY, NOVEMBER 11
Veterans Day

Signing of WWI Armistice (1918)

THURSDAY, NOVEMBER 21
Grenada Campaign Ended
(1983)

THURSDAY, NOVEMBER 28
Thanksgiving Day

PAHRUMP SENIOR CENTER, Inc
1370 W BASIN AVE
PAHRUMP NV 89060-4501

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