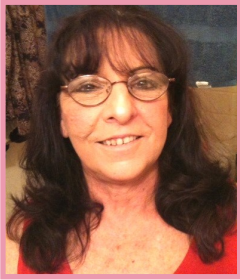


# SHADES OF GRAY OCTOBER NEWSLETTER 2023



Anne Blankenship-Harris  
Editor & Site Manager

VOLUME 6, ISSUE 10 OCTOBER 2023

## PAHRUMP SENIOR CENTER

1370 W Basin Avenue, Pahrump, NV 89060-4501

Telephone (775) 727-5008 FAX (775) 751-6831

[www.PahrumpSeniorCenter.org](http://www.PahrumpSeniorCenter.org)

[Facebook.com/PahrumpSeniorCenterII](https://www.facebook.com/PahrumpSeniorCenter/)

[Office@PahrumpSeniorCenter.org](mailto:Office@PahrumpSeniorCenter.org)

## PAHRUMP SENIOR CENTER THANKS TWO OF OUR OWN SENIOR VOLUNTEERS

A BIG HUGE "THANK YOU" to two of our very own seniors who volunteered to bless our center!

Gisela, gave our center a great gift! Besides being a volunteer helper here, she brings in pastries, donuts and goodies every week. Gisela gave us a new salad bar. She said our salad bar was a wreck and we needed a new one. It's perfect! THANK YOU GISELA! *You are a great and generous woman!*



A BIG THANK YOU TO TED, one of our senior center senior volunteers who cleaned our carpets and chairs in September! What an awesome blessing Ted, THANK YOU!

It is so nice to have people who care about our senior center.

## PAHRUMP SENIOR CENTER... THE BEST IN THE WEST!

## OCTOBER HOLIDAYS & HISTORICAL EVENTS

**MONDAY, OCTOBER 9**  
**Columbus Day (Observed)**

**SUNDAY, OCTOBER 13**  
**U.S. Navy Established ~ 1775**

**WEDNESDAY, OCTOBER 16**  
**National Boss Day**

**THURSDAY, OCTOBER 24**  
**1945 ~ United Nations Day**

**FRIDAY, OCTOBER 27**  
**Nevada Day—PSC Closed**

**TUESDAY, OCTOBER 31**

Halloween



## BOARD OF TRUSTEES

Jim Gronemann  
President

Dolores Rice  
Vice President

Sharon Dorgan  
Secretary / Treasurer

Gerry Rice  
Trustee

Nancy Fowler  
Trustee

YOUR STRESS LEVEL IS HIGH.  
FOLLOW ME TO THE LAB...



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## NOTICES, DISCLAIMERS AND CREDITS

### WE HAVE GONE GREEN

Help save postage, paper and ink by getting your Newsletter e-mailed to you each month or download it from our website. Last month we upgraded our office software that allows us to legally e-mail our Newsletters, Event Notices and the like to all those who opted-in on our e-mail list. If you want to add your e-mail address to our private e-mail list, please go to our website and subscribe on our HOME webpage. It's so easy! You can also subscribe by updating our Membership Form stating your email address. Be sure to check the correct box for e-mail and give it to the person at the Front Desk.

### DISCLAIMERS AND ACKNOWLEDGEMENTS

The Pahrump Senior Center does not endorse any company group or candidate advertising or promoting business through the Senior Center.

### NOTICE

Our Senior Center staff will NEVER ask you for private information by mail, telephone or by email!

***DON'T BE SCAMMED!***

### HOW TO CONTACT US

**Our WEBSITE** is updated often with new content, announcements, late arriving announcements of events etcetera. So check our website often. You can also find newly added things on our FACEBOOK page.

**Our WEBSITE** is: [WWW.PAHRUMPSENIORCENTER.ORG](http://WWW.PAHRUMPSENIORCENTER.ORG)

**Our FACEBOOK:** [www.FaceBook.com/PahrumpSeniorCenterII](http://www.FaceBook.com/PahrumpSeniorCenterII)

**By Telephone:** (775) 727-5008 Monday—Friday 9:00AM-3:30 PM

**By E-mail:** [Office@PahrumpSeniorCenter.org](mailto:Office@PahrumpSeniorCenter.org)

**In Person:** Our office is open weekdays 9:00 AM to 3:00 PM

### PAHRUMP SENIOR CENTER ~ The Best In The West!

*Check out our website: [www.PahrumpSeniorCenter.org](http://www.PahrumpSeniorCenter.org)*

*Our FACEBOOK is: [www.FaceBook.com/PahrumpSeniorCenterII](http://www.FaceBook.com/PahrumpSeniorCenterII)*

## YOUR TAX-DEDUCTIBLE DONATIONS ARE NEEDED



All donations are appreciated no matter what is donated because we know it comes from the heart. To those who support us, THANK YOU! To those who have not contributed, we offer you the Opportunity. Your support is needed at this time to ensure that we can continue to enrich the lives of all the seniors in the Pahrump Valley area either directly or through making Pahrump Senior Center a better place to visit, meet new people and have nourishing lunch meals. Thank You!

CUT ALONG LINE

### DONATION FORM Make Check or Money Order payable to: Pahrump Senior Center

I would like to support THE PAHRUMP SENIOR CENTER to help keep the doors open, the costs of our lunches from increasing and to enrich the lives of the seniors in Pahrump Valley area.

DONOR'S NAME \_\_\_\_\_

DONATION AMOUNT

\$ \_\_\_\_\_

CHECK BOXES THAT APPLY

☐ I DO WANT RECOGNITION

☐ I **DO NOT** WANT RECOGNITION

☐ **Send me Tax-deductible Receipt**

I have enclosed my donation by ☐ CHECK ☐ MONEY ORDER

Pahrump Senior Center, Inc. is a 501(c)(3) non-profit corporation and ALL DONATIONS ARE TAX DEDUCTIBLE. Your Donations throughout the year are never too small to make a difference! THANK YOU for your donations. We would like to acknowledge your generosity in our monthly newsletter by name only. Please put an 'X' in the appropriate box to the

### MAIL TO:

PAHRUMP SENIOR CENTER  
1370 W BASIN AVE  
PAHRUMP NV 89060-4501

CUT ALONG LINE



# OCTOBER BIRTHDAYS



Due to the volume of members, it has become a challenge to list individual birthdays and not miss a few. So rather than skip anyone, on behalf of the Board of Trustees, Staff and Members of the Pahrump Senior Center, we would like to wish all of you having a birthday in OCTOBER a Happy Healthy Year!



## Quotable Quips for this month....

1. "I always wanted to be somebody, but now I realize I should have been more specific." *Lily Tomlin*
2. "Housework can't kill you, but why take a chance?" *Phyllis Diller*
3. "If you love something, set it free. Unless it's chocolate. Never release chocolate." *Renee Duvall*
4. "Adults are always asking little kids what they want to be when they grow up because they're looking for ideas." *Paula Poundstone*
5. "I went to a bookstore and asked the saleswoman, 'Where's the self-help section?' She said if she told me, it would defeat the purpose." *George Carlin*
6. "He who falls in love with himself will have no rivals." *Ben Franklin*
7. "The odds of going to the store for a loaf of bread and coming out with only a loaf of bread are three billion to one." *Erma Bombeck*



## SPEAKING TO OUR FUNNY BONE & OTHER TID-BITS OF LIFE



LOVE SOMEONE  
NOT BECAUSE THEY  
GIVE YOU WHAT  
YOU NEED, BUT BE-  
CAUSE THEY GIVE  
YOU FEELINGS YOU  
NEVER THOUGHT  
YOU NEEDED.



## IF YOU DIDN'T GET OUR NEWSLETTER BY U.S. MAIL OR EMAIL IN THE PAST, THEN CHECK THESE FAQs....

Certain requirements have changed and/or have been added when our senior center updated the monthly newsletter format and automation. So if you haven't been getting your copy of our SHADES OF GRAY monthly newsletter in the past few months, either by U.S. Mail (*our printed format 'hardcopy'*), or did not receive an email from us with a link to download and view

SHADES OF GRAY Newsletter on your device, here are a few steps you can take to remedy the situation..

**STEP 1** - Have you filled out a NEW Membership Form AFTER January 1, 2023? If not, please fill out our new Membership Form (found on our website DOWNLOADS webpage), making sure you print with ink and complete it fully. Then hand it to the person at the front desk the next time you visit our senior center. If you need assistance completing the new Membership Form, simply ask someone to assist you. Incomplete or not readable applications will not be processed in order to cut down on mistakes and postage costs.

**STEP 2** - If you have done step 1 above after January 1, 2023, perhaps you did not submit your address or email address correctly. Did you leave out an apartment number or unit/lot number, or street address. You can check with the front desk person to see if your address is correct in our records. The front desk will have an up-to-date member listing to check if your information is correct.

**STEP 3** - Next, did you place an 'X' in the checkbox telling us how you wanted your SHADES OF GRAY Newsletter to be delivered to you? The options are "☐ By US Mail" or "☐ By E-mail". You can check both if you want both.

**STEP 4** - BE SURE TO ADD our senior center email address to your Contacts List in your email app. If you do not do this, our emails to you most likely will wind up not delivered or our email to you ended up in your SPAM or JUNK MAIL folder. Our Newsletter email address is:

[Senior.Center@PahrumpSeniorCenter.org](mailto:Senior.Center@PahrumpSeniorCenter.org)

## WANT TO MAKE A BIG DIFFERENCE?

Please Help Feed Our Pahrump Valley Seniors who are home-bound by making a generous tax-deductible gift to our Pahrump Meals On Wheels. Thank You!

PLEASE TALK TO ANNE OR JIM WITH YOUR GENEROUS GIFT/

*Make your check payable to:*

**Pahrump Meals On Wheels**

**1370 W Basin AVE**

**Pahrump NV 89060**



## HAVE YOU HAD YOUR FLU SHOT AND COVID-19 UPDATED BOOSTER YET?

For Most Seniors with Medicare, there is NO-CHARGE! CDC states that October is the best time to get the Flu Vaccine and COVID-19 updated booster! Come on now!



**CHRISTMAS IS JUST AROUND THE CORNER. ARE YOU READY?**




# PAHRUMP SENIOR CENTER

TEL: (775) 727-5008 FAX: (775) 751-6831

# MENU ~ OCTOBER 2023

PLEASE NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>2</b> COUNTRY FRIED STEAK MASHED POTATOES GREEN BEANS PEACHES VEGETABLE SOUP MILK & JUICE	<b>3</b> PORK ROAST ROASTED POTATOES CORN W/W ROLL PEARS BEAN SOUP MILK & JUICE	<b>4</b> ADSD #34 SLOPPY JOES FRIES CARROTS DESERT VIEW HOSPITAL BIRTHDAY CAKE BEEF STEW SOUP MILK & JUICE	<b>5</b> CHICKEN & RICE CAULIFLOWER MIXED FRUIT VEGGIE SOUP MILK & JUICE	<b>6</b> ADSD #161 BAKED FISH BUTTERED PASTA W/W BREAD PEAS JELLO LENTIL SOUP MILK & JUICE	<b>7</b>
<b>9</b> HAM & BEANS CORN AU GRATIN POTATOES MIXED FRUIT VEGGIE SOUP MILK OR JUICE	<b>10</b> ADSD #39 SPAGHETTI W/ MEATSAUCE GREEN BEANS W/W BREAD PEACHES BEAN SOUP MILK & JUICE	<b>11</b> SWEET PORK RICE JELLO CAULIFLOWER CHICKEN SOUP MILK & JUICE	<b>12</b> <b>SENIOR CARNIVAL</b> <b>SPONSORED BY LIZ PERAZA</b> <b>&amp; JAMES</b> HOT DOGS POTATO SALAD BAKED BEANS	<b>13</b> ADSD #115 STEAK STRIPS W/ ONIONS PASTA CARROTS W/W ROLL PEARS TOMATO BASIL SOUP MILK & JUICE	<b>14</b>
<b>16</b> ADSD #3 MEATLOAF MASHED POTATOES GREEN BEANS W/W BREAD JELLO VEGGIE SOUP MILK & JUICE	<b>17</b> CHICKEN TORTELLINI CORN MIXED FRUIT BLACK BEAN SOUP MILK & JUICE	<b>18</b> SAUSAGE, EGG & PEPPER BREAKFAST PEACHES HASH BROWNS BEEF BARLEY SOUP MILK & JUICE	<b>19</b> PULLED PORK W/W BUN BAKED BEANS BROCCOLI CAKE CHICKEN / RICE SOUP MILK & JUICE	<b>20</b> ADSD #56 TUNA CASSEROLE WHEAT ROLL PEARS SPLIT PEA SOUP MILK & JUICE	
<b>23</b> ADSD #14 BEEF PATTY W/MOZZARELLA RICE W/W ROLL CORN PEACHES LAMB STEW	<b>24</b> PORK CHOW MEIN CAULIFLOWER JELLO BEAN SOUP	<b>25</b> ADSD #123 CHICKEN TENDERS POTATO WEDGES PEAS & CARROTS PEARS VEGGIE SOUP	<b>26</b> SWEDISH MEATBALLS NOODLES BROCCOLI MIXED FRUIT BEAN SOUP	<b>27</b> <b>CLOSED</b> <b>NEVADA DAY</b>	<b>28</b> <b>HALLOWEEN</b> <b>DANCE</b> 5:PM to 9:PM
<b>30</b> CHICKEN CORDON BLEU ROASTED POTATOES GREEN BEANS CAKE VEGGIE SOUP	<b>31 HALLOWEEN</b> ADSD # 165 HERB BAKED CHICKEN RICE BROCCOLI PEACHES BEAN SOUP	<b>HALLOWEEN DANCE</b> <b>Pahrump Senior Center</b> <b>Saturday, October 28, 2023</b> <b>5:00 PM to 9:00 PM</b>			

LUNCH IS SERVED MONDAY THROUGH FRIDAY 11:30 A.M. TO 12:30 P.M. 60+YEARS LUNCH \$4.00 DONATION APPRECIATED SALAD BAR \$3.00 FEE COFFEE & ICED TEA \$1.00 FEE

# PAHRUMP SENIOR CENTER

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# ACTIVITIES ~ OCTOBER 2023

MON - FRI 9:00 AM - 3:00 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>2</b> BEADING CLASS 12:30 PM POKER 12:30 PM	<b>3</b> BINGOSIZE 12:30 PM	<b>4</b> FARMERS INS. MEDICARE INFO OPEN ENROLLMENT 10:00 AM	<b>5</b> RIPPITS (KNITTING CLUB) 10:30 AM BINGOSIZE 12:30 PM T-MOBILE 9:00 AM – 11:00 AM	<b>6</b> TOPS MEETING 8:AM FUSION BELLY DANCE CLASS 12:30 - 2:30 PM	<b>7</b>
<b>9</b> BEADING CLASS 12:30 PM POKER 12:30 PM	<b>10</b> BINGOSIZE 12:30 PM	<b>11</b>	<b>12</b> RIPPITS (KNITTING CLUB) 10:30 AM <b>SENIOR CARNIVAL</b> 10:00 AM – 2:00 PM IN THE GRASSY AREA AT PSC BINGOSIZE 12:30 PM	<b>13</b> TOPS MEETING 8:AM LIZ & JAMES BINGO 10:00 AM FUSION BELLY DANCE CLASS 12:30 - 2:30 PM	<b>14</b>
<b>16</b> BEADING CLASS 12:30 PM POKER 12:30 PM	<b>17</b> MEDICARE BY AMA OPEN ENROLLMENT 10:00 AM BINGOSIZE 12:30 PM	<b>18</b> FARMERS INS. MEDICARE INFO OPEN ENROLLMENT 10:00 AM	<b>19</b> RIPPITS (KNITTING CLUB) 10:30 AM T-MOBILE 9:00 AM – 11:00 AM BINGOSIZE 12:30 PM	<b>20</b> TOPS MEETING 8:00 AM FUSION BELLY DANCE CLASS 12:30 - 2:30 PM	<b>21</b>
<b>23</b> BEADING CLASS 12:30 PM POKER 12:30 PM	<b>24</b> BINGOSIZE 12:30 PM	<b>25</b> BLIND SUPPORT 12:30 PM	<b>26</b> RIPPITS (KNITTING CLUB) 10:30 BINGOSIZE 12:30 PM	<b>27</b> <b>CLOSED</b> <b>NEVADA DAY</b>	<b>28</b> <b>HALLOWEEN</b> <b>DANCE</b> 5:00 PM – 9:00 PM
<b>30</b> BEADING CLASS 12:30 PM POKER 12:30 PM	<b>31</b> BINGOSIZE 12:30 PM BUNCO 12:30 PM				



# First Annual Halloween Costume Benefit Ball & Spaghetti Dinner

**Tuesday Oct. 31<sup>st</sup>**

**5:30 – 8:30 pm**

**Dinner \$15.00 per plate**



**Entertainment: The Gatlin Band**



**Wildside Tavern (WST)  
2101 E. Gamebird**

**All proceeds go to The Pahrump Senior Center &  
Never Forgotten Animal Society**

**For more information Contact:  
(702) 524-2707 or 775-253-5447**



## 65 or Older?

Participate, ask questions, and have fun with us!

# FREE Senior Carnival

**Thursday**  
**October 12**  
**10am-2pm**

**WOW!**  
GREAT PRIZES  
TO BE WON!

**Pahrump**  
**Senior Center**  
1370 W Basin Ave  
Pahrump, NV 89060

## Food and prizes

**Invite your  
friends!**



[AgentLizVegas.com](http://AgentLizVegas.com)

Join us for

**FUN &  
Games**

**Good times!**

For Details Call Elizabeth Peraza **702-886-2287**

**Empress**  
Insurance Agency

Sponsored by  
**♥ aetna®**



# HALLOWEEN DANCE

## **Pahrump Senior Center**

1370 W Basin Avenue  
Pahrump, NV 89060

**SATURDAY**  
**OCTOBER 28, 2023**  
**5:00 PM TO 9:00 PM**

### **MARY HAD A LITTLE LAMB**

Mary had a little lamb,  
His fleece was white as snow.  
And everywhere that Mary went,  
The Lamb was sure to go.  
He followed her to school each day,  
Twasn't even in the rule.  
He made the children laugh and play,  
To have a Lamb at school.  
And then the rules all changed one day,  
Illegal it became;  
To bring the Lamb of God to school,  
Or even speak his Name.  
Everyday got worse and worse,  
And days turned into years.  
Instead of hearing children laugh,  
We heard gun shots and tears.  
What must we do to stop the crime  
That's in our schools today?  
Let's let the Lamb of God come back to  
school,  
And teach our children to pray!



Smile  
Shine  
Sparkle!





**PAHRUMP SENIOR CENTER**  
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**PAHRUMP NV 89060-4501**

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**Pahrump Senior Center...**  
**The Best In The West!**



PAHRUMP SENIOR CENTER, Inc  
1370 W BASIN AVE  
PAHRUMP NV 89060-4501

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PLEASE APPLY STRAIGHT