

Explore

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**EDVENTURE
OUTDOORS**



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Seef, Bahrain

CR: 177090-1



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Who we are:

- Our Adventure Outdoors staff have 15+ years experience in leading and delivering the DofE Award in UK and Bahrain and UAE.
- Led trips in Bahrain, Oman, Zanzibar and UK (with adventure activities).
- Planned and delivered social action projects attracting over 8000 BHD in donations.
- Passionate about helping you make our region a better, safe and more inclusive space for ALL.
- Developing volunteering initiatives and experiences that leave you feeling fulfilled and content.
- Delivery with UK lead instructors, trained to UK safeguarding and safety standards and first aid trained too.



We help with:

- Student Transition and team building days
- Organising school trips overseas
- UK, Oman, Zanzibar, Sri Lanka, Senegal, Kenya, Vietnam
- Residential DofE IA or charity trips abroad
- Wellbeing and mental health walks, talks and more specialist training can be arranged
- 'Just Fun' days out
- Environmental and Animal welfare programmes

Did you know...



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Recommended Ages: ages 10 to 13

Package 1 – Public Speaking Camp

Go on an immersive **adventure**, learning stories that shaped **Bahrain's past**. Use these as **inspiration** to create a story.

Hike in Bahrain's desert, learning navigation and being creative.

Learn the **skills** of **teamwork** and **confidence** to craft a story and share it around a safe, supervised **campfire**.

Our Objectives:

- To revive Bahraini traditional stories and build ideas into stories.
- To develop physical fitness and stimulate the mind in a guided desert hike.
- To learn steps to improve one's confidence when speaking.
- To develop voice modulation skills and eye contact effectively in a focused group setting.
- To deliver a story in a campfire setting.



Links to curriculum:

- Host a year group assembly and share stories.
- Read stories to younger students in school sharing Bahraini culture and heritage.
- Links to speech writing and rhetoric skills needed for KS3/iGCSE Language and IB curriculums.

What we provide:

- Personalised maps
- Route cards
- Compasses
- Shaded workspaces
- Wood for campfire
- Staff Tea/Coffee
- Student-friendly snacks
- Access to toilets
- Qualified, First Aid trained leaders
- Worksheets
- Qualified & experienced staff to UK standards
- Activity covered Insurance

Skills Check:

- ✓ Story Writing
- ✓ Communication of ideas
- ✓ Oracy & public speaking
- ✓ Confidence

*Additional Services - extra charge:

- Breakfast, Lunch, Dinner can be provided
- Overnight camping in tents (up to 50 PAX) - tents provided for all



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Recommended Ages: ages 10 to 15

Package 2 - Survival Camp

Hike in Bahrain's desert, **foraging** for food in hidden locations using a map.

Unlock these destinations with questions, **learning** about **outdoor safety** along the way.

Thrive outdoors by learning camp craft and survival skills.

Cook in a **safe manner** making a **nutritious** meal on outdoor stoves.

Enjoy an evening under the stars.

Our Objectives:

- To navigate a route using map reading skills.
- To build confidence of individuals on basic survival skills.
- To enhance team building skills to achieve a collective goal.
- To educate the team on aspects that create a balanced, nutritious meal.

Links to curriculum:

- Humanities: map reading skills, map symbols.
- Science: Learning components of a nutritious meal.
- Food: Cooking with raw or dehydrated ingredients.

Skills Check:

- ✓ Map reading
- ✓ Communication
- ✓ Cooking a meal
- ✓ Confidence in outdoors
- ✓ Team building
- ✓ Building a shelter with limited resources.
- ✓ Learning of the key principles for survival.

*Additional Services - extra charge:

- Breakfast, Lunch, Dinner can be provided
- Overnight camping in tents (up to 50 PAX) - tents provided for all

What we provide:

- Personalised maps
- Route cards
- Compasses
- Shaded workspaces
- Wood for campfire
- Staff Tea/Coffee
- Access to toilets (at campsite)
- Qualified, Outdoor First Aid trained leaders
- British qualified, experienced staff
- Activity covered Insurance
- Outdoor materials (tarp sheets, pegs, etc)
- Fire starting kits
- Foraging Food packs (extra cost)



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Recommended Ages: ages 8 to 13

Package 3 - Just Fun Camp

Hike in Bahrain's desert, **learning map reading and compass skills.**

Thrive outdoors by starting a fire in a **safe, supervised** manner.

Play fun games like volleyball, football and bond with team building activities.

Enjoy an evening under a **campfire.**

Our Objectives:

- To ensure all participants experience the great outdoors.
- To understand road safety, read a map and navigate Bahrain's desert enhancing resilience and independence.
- To improve mental wellbeing of participants by getting them outdoors.



What we provide:

- Personalised maps
- Route cards
- Compasses
- Shaded workspaces
- Wood for campfire
- Staff Tea/Coffee
- Access to toilets
- Qualified, First Aid trained leaders
- British qualified, experienced staff
- Activity covered Insurance

Skills Check:

- ✓ Map reading
- ✓ Communication
- ✓ Confidence in outdoors
- ✓ Team building

Links to curriculum:

- Humanities: map reading skills, map symbols.
- Sports: games for fitness.

*Additional Services - extra charge:

- Breakfast, Lunch, Dinner can be provided
- Overnight camping in tents (up to 50 PAX) - tents provided for all

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Recommended Ages: ages 14 - 18

Package 4 - Duke of Edinburgh International Award

Adventure Outdoors is the only company certified (except for schools) to run and deliver this prestigious Award to anyone aged 13 to 25 in the Kingdom of Bahrain and Saudi Arabia.



Staff have 10+ years experience in leading and delivering the DofE Award in UK and Bahrain.

Led trips in Bahrain, Oman, Zanzibar and UK (with adventure activities)

Adventure Outdoors will provide:

- Full weekend (up to 8 hours) training sessions for the expedition section that meet the standards of the DofE International Award.
- 'Hands on' delivery of all aspects of expedition training to make sure students are safe to go outdoors in groups.
- Parent information packs (PDF).
- Parent information evenings (online meeting) and trip letters.
- Certificates and pin badges upon completion of all activities required (Physical, Skill, Service Volunteering, Expedition).
- Medical forms and emergency procedures for safety of all.
- Risk assessments and risk assessed routes.
- Step-by-step DofE Student guide.
- Free staff place on the trip.
- Staff access to vehicles on expedition.
- Water available throughout.
- First aid kits for staff.

Exclusions:

- Personal camping items (sleeping bag, camping bag rucksack, eating utensils).
- Student food to cook on stoves.
- Student participation fee (payable to DofE International Award - this can be included into my quotation if it helps you).



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Sample Programmes

Day programme - Package 2

- 8:00 AM Attendance, safety check and bus pickup from your desired location
- 8:45 AM Safety Briefing on site
- 9:15 AM Navigation exercises in teams & walk - improve communication and problem solving skills
- 11:00 AM Break - light refreshments provided
- 11:30 AM Team building games - capture the flag, blindfold games, etc
- 2:30 PM Shelter making and cooking with limited ingredients challenge
- 4:30 PM Campfire and share stories and fun filled outdoor memories.
- 5:50 PM Food time - light refreshments provided (BBQ or evening meal can also be arranged*)
- 7:30 PM Home time via bus or get the full experience and camp overnight*

Day programme - Package 3

- 8:00 AM Bus pickup from your desired location
- 8:45 AM Safety Briefing
- 9:15 AM Arrive at Rock Climbing location (indoors) - safety briefing with instructors
- 12:30 PM Transport to campsite
- 1:15 PM Arrival at campsite
- 1:30 PM Football/Volleyball/Basketball/Board Games
- 4:30 PM Make your own fire with our starter kits
- 5:50 PM Campfire!
- 7:30 PM Home time via bus or get the full experience and camp overnight*



1. Start exploring the outdoors today!
2. Join our immersive courses and discover Bahrain and Saudi desert whilst developing resilience in the outdoors.
3. Learn soft skills like communication, teamwork, problem solving, survival, animal and environment welfare and more!

Did you know...

You can organise your school trips with our qualified, safeguarding and first aid trained staff!

Locations: UK, Europe, Sri Lanka, Senegal, South Africa, Oman, Saudi.



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Thankyou for your time.



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Email or call us today to
enquire or simply say hello!



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