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## The psychology of investing

Why we can be our own worst enemy

## Which would you pick?



Lo, Andrew, 2017, Adaptive Markets: Financial Evolution at the Speed of Thought (Figure 10.3). Princeton University Press. For illustrative purposes only. Not meant to represent a specific recommendation for any security listed. Past performance is no guarantee of future results.

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Keys to investment success

Taxes \& estate planning

## Asset allocation

 and security selection
## Investor behavior

# 1720, Sir Isaac Newton <br> lost a fortune in the <br> South Sea Company, the hottest stock in England. 

Newtonconcluded..
That he] cancalculate the motions of the heavenly bodies, but not the madness of people.'
"We don't have to be smarter than the rest. We have to be more disciplined than the rest."
-Warren Buffett

## Agenda



## Envy

## Regret

Lottery ticket effect Miscalculating the risks


## Bronze medal winners are happier than silver medal winners

Happiness levels of each winner
( $\mathbf{1}$ to $\mathbf{1 0}$ happiest)

## 7.1



## S\&P Envy: A diversified portfolio is ripe for regret

40\% U.S. stocks, $\mathbf{1 5 \%}$ intl stocks, $\mathbf{5 \%}$ small cap stocks 30\% U.S. bonds, $\mathbf{1 0 \%}$ high yield bonds

| Years | S\&P 500 | Diversified portfolio |
| :---: | :---: | :---: |
| $\mathbf{2 0 0 0 - 2 0 0 2}$ | $(37.6 \%)$ | $(16.3 \%)$ |
| $\mathbf{2 0 0 3 - 2 0 0 7}$ | $+82.9 \%$ | $+73.8 \%$ |
| $\mathbf{2 0 0 8}$ | $(37.0 \%)$ | $(24.0 \%)$ |
| $\mathbf{2 0 0 9 - 2 0 1 7}$ | $+258.8 \%$ | $+152.2 \%$ |
| Total Return | $\mathbf{+ 1 4 6 . 6 \%}$ |  |

## Americans spend $\$ 73$ billion on lottery tickets every year (\$223 per person).

## The odds of winning the Powerball lottery are 1 in 292,000,000.

## Implications: Single stocks



## Individual U.S. stocks versus U.S. stock mutual funds

U.S. stocks are up 8.5\% over the last 5 years


## Do we really know how severe the risks can be?



## LOSS

Tendency to act
Sideline sitting
Following the herd
三 MarketWatch a

Dow soars over 1,000 points as stocks bounce back from Christmas Eve meltdown

By William Watts and Barbara Kollmeyer
Major indexes log biggest one-day percentage rise since March 2
 Prolong Winning Streak
Falling industrial shares weigh on indexes Monday, but S\&A

## Ow BIINIIESS.

## Nobody on Wall Street seems afraid. Here's why that's scary

in late afternoon

By Avantika Chilkoti and Akane Otani
Uddated April8, 2019 423 pm. ET

The S\&P 500 drifted higher late in the afternoon of a quiet trading session Monday, narrowly avoiding breaking its longest streak of consecutive gains since 2017.

Major indexes started the trading day with losses, weighed down by tumbling shares of manufacturers and airlines. As the afternoon progressed, though,

## Our tendency to take action



> Statistics show that the best penalty kick strategy for goalkeepers is to stay in the middle. But they lump left or right $94 \%$ of the time.

Source: The New York Times Magazine, "Goalkeeper Science", 2008.
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## Time in the market vs. timing the market

## Missing top-performing days can hurt your return

Hypothetical investment of \$100,000 in the S\&P 500 Index over the last 20 years (1999-2018)


Source: Morningstar as of 12/31/18. Past performance does not guarantee or indicate future results. Index performance is shown for illustrative purposes only. You cannot invest directly in an index.

## Cash on the sidelines is near historic levels

## Assets in money market accounts

\$3,015,325


## Waiting for the "right time to invest" can leave you behind

Compound interest... "The eighth wonder of the world"- Albert Einstein
Hypothetical growth of \$100,000 assuming 10\% annual yield


## "Herding": We confuse the actions of others with the right actions

## The crowd often gets the timing wrong

Quarterly U.S. equity mutual funds and ETFs flows with 3-year performance average of the S\&P 500 (1993-2018)

## 12.2

\%
9.0\% average (all periods)


## "Following the herd" Return if buying when others were buying

## "Against the herd" Return if buying when others were selling

Source: Morningstar as of $12 / 31 / 18$. "Following the Herd" represents the average of the following 3-year returns of the S\&P 500 Index for each of the largest 20 quarters of inflows for US equity mutual funds and ETFs, as defined by Morningstar. "Against the Herd" represents the average of the following 3 -year returns of the S\&P 500 Index for each of the largest 20 quarters of outflows for US Equity mutual funds and ETFs, as defined by Morningstar. Past performance does not guarantee or indicate future results. Index performance is shown for illustrative purposes only. You cannot invest directly in an index.

# "Be fearful when others are greedy. Be greedy when others are fearful." 

-Warren Buffett

## Building Discipline



## A lack of discipline erodes investment results

## The average investor trails the market

Morningstar's "Mind the Gap" study annualized returns (2008-2018)*


[^0]
## Talk to a financial advisor



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## Prepare for the worst before it happens

Riding the ups and downs of the market


## Forecasting folly: Turn off financial TV \& news

## Predicting the direction of interest rates



Coin flip
"It's tough to make predictions, especially about the future." - Yogi Berra

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## The psychology of investing

Proper investor behavior is critical to investment success

Common investor biases are a challenge (for everyone)

- ENVY: Regret, S\&P Envy, Lottery Ticket Effect
- LOSS: Compounding, Time vs Timing, Following the Herd

Work with your financial advisor to build in discipline and ensure you are reacting to the market rationally

- Be critical, even when times are good
- Be opportunistic, even when times seem bad


## Become a disciplined investor, the sooner the better.



## Important notes

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Investment involves risks. International investing involves additional risks, including risks related to foreign currency, limited liquidity, less government regulation and the possibility of substantial volatility due to adverse political, economic or other developments. The two main risks related to fixed income investing are interest rate risk and credit risk. Typically, when interest rates rise, there is a corresponding decline in the market value of bonds. Credit risk refers to the possibility that the issuer of the bond will not be able to make principal and interest payments. Index performance is shown for illustrative purposes only. Commodities' prices may be highly volatile. Prices may be affected by various economic, financial, social and political factors, which may be unpredictable and may have a significant impact on the prices of precious metals. Concentrated investments in specific industries, sectors, markets or asset classes may underperform or be more volatile than other industries, sectors, markets or asset classes and the general securities market. A significant portion of the aggregate world gold holdings is owned by governments, central banks and related institutions. One or more of these institutions could sell in amounts large enough to cause a decline in world gold prices. Should there be an increase in the level of hedge activity of gold producing companies, it could cause a decline in world gold prices. Should the speculative community take a negative view towards gold, it could cause a decline in world gold prices. You cannot invest directly in an index.

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## Appendix

## Factor \& Dividend strategies potentially benefit from behavioral biases



| Standardized returns as of $\mathbf{3 / 3 1 / 2 0 1 9}$ | Total ret <br> $\mathbf{1}$ year | Total ret <br> $\mathbf{5}$ years | Total ret <br> $\mathbf{1 0}$ years |
| :--- | :---: | :---: | :---: |
| S\&P 500 TR USD | 9.50 | 10.91 | 15.92 |
| MSCI USA Diversified Multi-Factor NR USD | 1.06 | 9.00 | 15.82 |
| MSCI USA Minimum Volatility (USD) NR USD | 14.90 | 11.96 | 15.43 |
| MSCI USA Momentum NR USD | 7.55 | 14.37 | 17.58 |
| MSCI USA Quality NR USD | 11.81 | 12.51 | 16.26 |


[^0]:    Sources: BlackRock, Morningstar, Informa Investment Solutions; *Morningstar returns based on performance between 4/1/2008 to 3/31/2018. Asset classes represented by the following indexes: U.S. stocks by the S\&P 500 Index, Average U.S. stock fund investor by the Morningstar "Mind the Gap" Study U.S. stock s \& sector fund average, U.S. bonds by the U.S. Aggregate Bond Index and Average U.S. bond fund investor by the Morningstar "Mind the Gap" Study U.S. taxable bond fund average. For illustrative purposes only. Index performance returns do not reflect any management fees, transaction costs, or expenses. Indexes are unmanaged and one cannot invest directly in an index.
    Past performance does not guarantee future results.

