

# Finch Presentations



## Meet Carolyn Finch

Carolyn is an award-winning Keynote speaker and trainer and internationally recognized body language expert. Her fresh, fun and fast paced style inspires, entertains, and motivates. She brings joy, laughter, wisdom and love to all her presentations while having audience members tweak their body language for improved health, performance and success.

**Oops! Your Body Language is Showing.** From the moment you enter the room until the moment you say good bye you are sending messages to others about your mental ability, emotional stability, physical agility and spiritual capability known as M.E.P.S.™ *If you are on my team* a supervisor might think, I want someone with greater spirit who's not timid but open. Laugh and learn in this fun, interactive program that discusses posture handshakes, eye contact, personality traits, awareness of others and self for needed change and adaptations.

**The New You in a World of Change** We have all experienced changes in our life-style since COVID 19, some good and yet challenging things have happened. We still put on makeup to do Zoom calls and many of us buck the traffic to get to work. No matter what we are now doing we know these are turbulent times. We are on the brink of a major revolution in health and technology and we have to be ready for this. Adapting, adopting and accepting will be a new way of life, in order for you to advance your health, performance and success. I will be there to help you make that transition to *the new you in a world of change*.

## Partial List of clients

Adelphi University-American Red Cross-Amoena-Annual Business Women's Forum-Arnot Ogen Medical Center- Cambridge College-Clemson University-Dun and Bradstreet-Elmira College-Ethen Allan-HOSA Future Medical Professionals-I.B.M.-Intermountain Hospital-LEGO-National Roofing Contractors Association New York Bankers Association-North American Van Lines- Rotary International-Toastmasters International- Warton School of U. of Pennsylvania-Greater Waterbury Chamber of Commerce-Western CT State University-Post University-CT Association of Public School Superintendents. Wilson Disease-Association.



## Testimonials

Carolyn has tremendous energy. It was bouncing off the walls at her program, and I was drawn in. Her positivity, optimism, and the way she tells her stories is truly electric. I became fiercely aware of my body language, and I learned a lot about how health and energy truly play a huge role in it.

Bianca Hock Horwitz, Associate Producer at ESPN

The ideas and skills that Carolyn Finch brought to my team have generated results that helped create a strong culture and a high level of excitement. Carolyn is by far the most dynamic trainer I have worked with. I would recommend her to any organization looking for growth and culture change.

Brian Fain, Aflac Regional Sales Coordinator

Carolyn Finch blew me away with her insightfulness of the human psyche and how our physical bodies reveal truth despite our words. I highly recommend her for legal practitioners in all interest areas, and I can't wait to attend another of her programs.

Carmina Hirsch, Esq., Hirsch Legal, LLC

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