ADOPT A GRANDPARENT GARDEN PROGRAM

FISHER OUTREACH GROUP, INC.

FOR RELEASE ON March 24, 2023 – 11:00 am Contact: Jacci Richards

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Sponsored by Fisher Outreach Group, Inc.

[Crystal Lake, Illinois, March 24, 2023] — Adopt A Grandparent Garden program

As part of our ongoing support of local low income seniors and senior veterans we, are preparing to get our hands dirty as we create personalized container gardens for our participating seniors. We will also be preparing and planting our community garden project, that <u>provides fresh fruits</u>, <u>vegetable</u>, <u>herbs and flowers that are distributed to the seniors weekly</u>.

Gardening aids in the health and happiness of seniors. Studies have proven that getting your hands dirty in a garden can provide great physical and mental benefits for senior health. Even the experience of caring for and nurturing a plant from a tiny seedling to maturity can bring a lot of joy!

We are now seeking those that would like to Adopt A Grandparent. The \$25.00 sponsorship covers the cost of their custom made container garden and fresh items distributed weekly.

Donations can be made via Zelle to fisheroutreachgroup@yahoo.com

Go Fund Me - https://gofund.me/1fd2e2f3

or mailed to us at 8600 US Hwy 14, Suite 106A, Crystal Lake, IL 60012.

Our wish lists are filled with items needed for this program and can be found on our website or Facebook page.

For more information on our programs please visit https://fisheroutreachgroup.com/

If you would like more information about this program, please email us at help@fisheroutreachgroup.com

On Facebook at: https://www.facebook.com/FisherOutreachGroup