

**Phases Counseling & Mental Health Services, PLLC**  
**Sonja L. Shipp MA, LPC, LCDC**  
**5787 South Hampton Road, Suite 230-K, Dallas TX 75232**  
**Phone: 469-730-3360 | Fax: 469-730-3361**  
**www.phasescounseling.com**

**Authorization to Release/Receive Client Information**

Phases Counseling & Mental Health Services, PLLC has my authorization to:

- Release information to
- Receive information from

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Relationship to Client: \_\_\_\_\_

Information to be released:

- Diagnosis
- Prognosis
- Biopsychosocial
- \_\_\_\_\_

Purpose of Disclosure: \_\_\_\_\_

Methods of Disclosure:

- Phone
- Fax
- Mail
- Other email \_\_\_\_\_

I understand that I have the right to revoke my authorization at any time and that I may do so by contacting my therapist at Phases Counseling and revoking my authorization(s) in writing. I understand that no data transmission via a telephone line or internet can be guaranteed to be 100% secure, and while the therapist strives to protect your personal information, the therapist cannot guarantee or warrant its complete security. This authorization is valid from \_\_\_\_\_ to \_\_\_\_\_.

Client Name (print): \_\_\_\_\_

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_

Date: \_\_\_\_\_