

Physical Items Needed

For the BFG Soccer Academy and BFG Supported Families in Atlanta and Ghana

**These items can be slightly used or brand new. Suggested stores - Amazon, Goodwill, Play it again sports, Children's consignment sales, Market place etc.
Remember in Africa it is always HOT so the clothing items are "summer clothing."**

Atlanta Family - Lakeisha

1. Multi Vitamins - chewables
2. Children's Tylenol
3. Size 14-16 girls clothes
4. Size 6x-7 girls clothes
5. Books, Toys enjoyed by 5 year old and 12 year old girls.
6. Toiletry items for African American women - hair care items, shampoo, lotions etc.
7. Toiletries like toothpaste, tooth brushes, deodorant.
8. Can foods
9. Laundry detergent, Dish Soap, Bar soap.

Bright Future Golden Soccer Academy

1. Durable Soccer Balls
2. Kids Soccer Cleats - ages 2 to 18 y/o - lightly used or new
2. Training Supplies - cones, Agility equipment
3. Soccer Goals
4. Sports Towels
5. Royal Blue or White Soccer Socks.



Zidane's Family in Ghana

1. Laptop for Zidane
2. Multi Vitamins - chewables
3. Children's Tylenol
4. Twin girl's clothing size 5, means "matching" sets.
5. Size 1 girls sandals, tennis shoes (matching)
6. Size large men's t-shirts
7. Size UK 41 men's shoes
8. Books, educational items and toys for 4 y/o girl twins.
9. Men's deodorant, Body sprays and cologne for Zidane.

Adwoa's Family in Ghana

1. Multi Vitamins - chewables
2. Children's Tylenol
3. **Lisa** - Girl's clothing size 5
4. Size 1 girls sandals, tennis shoes, soccer cleats
5. **Nhyria** - Girl's clothing size large or 12 for a 10 yr old tall thin young girl
6. **James** (10 yr old) 14-16 size T-shirts, XL kids shorts, Size 7-8 boys tennis shoes or cleats
7. **Endrik** (14 month old boy) Size 24 months clothes, Size 10 sandals, tennis shoes and cleats
7. Books, educational items for 5 year olds and 10 yr olds boy and girl.
8. Toiletry items for African American women - hair care items, shampoo, lotions etc.
9. Toiletries like toothpaste, tooth brushes, deodorant.
10. Womens XXL dresses, stretchy, fits close.

Helen's Family in Ghana

1. Multi Vitamins - chewables
2. Children's Tylenol
3. Books, educational items for 8 year old and 2 yr old boys.
4. Toiletry items for African men and women - hair care items, shampoo, lotions etc.
5. Toiletries like toothpaste, tooth brushes, deodorant, razors.
6. **Manuel** - Pants (6x) 6-7 years Top Sizes - Medium
7. **Maceo** - pants 2-3T Top (4) 2-3 yrs
8. **Helen** - Size 12 dresses Tops (L), Pants size 12 Shoes - size 40
9. **Nicholas** - Size L T-shirt UK Size 40-42 shoes



Individual Footballers

1. **Douglas** - Size (L) T-shirt Size L shorts Size 42 Tennis shoes or soccer cleats.
2. **Wisdom** - Size (L) T-shirt Size M shorts Size 40 Tennis shoes or soccer cleats.
3. **Jerry** - Size XL 16-18 kids shorts and tops, Size 40 Tennis shoes or soccer cleats
4. Toiletry items for African men - hair care, hair oil, shampoo, lotions etc.
5. Toiletries like toothpaste, tooth brushes, deodorant, razors.
6. Men's body sprays or cologne.

Thank you for donations from the BFG family ❤️