## **GOODRICH FOOTBALL SUMMER CALENDAR 2024**

Summer weightlifting begins on Monday June 10th.

Changes in any of the events listed below will be sent via Remind & published on our football website.

## www.goodrichfootball. Com

Date	Start Time	End Time	Event	Facility		
April 14th	2:00 p.m.	3:00 p.m.	Team Building	HS Auditorium		
May 5th	2:00 p.m.	3:00 p.m.	Team Building	HS Auditorium		
June 9th	4:00 p.m.	5:00 p.m.	Little Martians Camp	Game Field & Practice Field		
	5:30 p.m.	7:00 p.m.	Future Champions Camp	Game Field & Practice Field		
luna 10th	6:30 a.m.	8:00 a.m.	Var/JV Speed & Agility w/Weights after	Game Field		
	4:00 p.m.	5:00 p.m.	Little Martians Camp	Game Field & Practice Field		
June 10th	5:30 p.m.	7:00 p.m.	Future Champions Camp	Game Field & Practice Field		
			NO afternoon weights or MS Speed			
lance 4.4.1	4:00 p.m.	5:00 p.m.	Little Martians Camp	Game Field & Practice Field		
June 11th	5:30 p.m.	7:00 p.m.	Future Champions Camp	Game Field & Practice Field		
	7:00 a.m.	8:00 a.m.	Var/JV Weights	Weight Room		
June 12th	4:00 p.m.	7:00 p.m.	Martians Camp, JV-4-6 pm, Var 5-7 pm	Game Field & Practice Field		
	NO afternoon weights or MS Speed					
	6:30 a.m.	8:00 a.m.	Var/JV Speed & Agility w/Weights after	Game Field		
June 13th	4:00 p.m.	7:00 p.m.	Martians Camp, JV-4-6 pm, Var 5-7 pm	Game Field & Practice Field		
	,		NO afternoon weights or MS Speed			
	6:30 a.m.	8:00 a.m.	Var/JV Speed & Weights after	Game Field		
June 17th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field		
June 18th	6:00 p.m.	8:00 p.m.	JV 7 on 7	Game Field		
	7:00 a.m.	8:00 a.m.	Var/JV Weights	Weight Room		
June 19th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
	6:00 p.m.	8:00 p.m.	Varsity 7 on 7	Game Field		
	6:30 a.m.	8:00 a.m.	Var/JV Speed & Agility w/Weights after	Game Field		
June 20th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field		
	6:30 a.m.	8:00 a.m.	Var/JV Speed & Agility w/Weights after	Game Field		
1 2415	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
June 24th	4:00 p.m.	5:00 p.m.	MS Speed	Game Field		
	6:00 p.m.	8:00 p.m.	MS 7 on 7	Game Field		
1 251	10:00 a.m.	3:00 p.m.	Varsity Only Day Camp	Game Field		
June 25th	6:00 p.m.	8:00 p.m.	JV 7 on 7	Game Field		
	7:00 a.m.	8:00 a.m.	Var/JV Weights	Weight Room		
June 26th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
	6:00 p.m.	8:00 p.m.	Varsity 7 on 7	Game Field		
	6:30 a.m.	8:00 a.m.	Var/JV Speed & Agility w/Weights after	Game Field		
June 27th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field		
			June 30th - July 7th = DEAD WEEK			
	6:30 a.m.	8:00 a.m.	Var/JV Speed & Agility w/Weights after	Game Field		
July 8th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room		
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field		
	6:00 p.m.	8:00 p.m.	MS 7 on 7	Game Field		
July 9th	6:00 p.m.	8:00 p.m.	JV 7 on 7	Game Field		

GOODRICH FOOTBALL SUMMER CALENDAR 2024 (continued)							
	7:00 a.m.	8:00 a.m.	Var/JV Weights	Weight Room			
July 10th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	6:00 p.m.	8:00 p.m.	Varsity 7 on 7	Game Field			
July 11th	6:30 a.m.	8:00 a.m.	Var/JV Speed & Weights after	Game Field			
	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			
	6:30 a.m.	8:00 a.m.	Var/JV Speed w/Weights after	Game Field			
July 15th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			
	6:00 p.m.	8:00 p.m.	MS 7 on 7	Game Field			
July 16th	6:00 p.m.	8:00 p.m.	JV 7 on 7	Game Field			
	7:00 a.m.	8:00 a.m.	Var/JV Weights	Weight Room			
July 17th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	6:00 p.m.	8:00 p.m.	Varsity 7 on 7	Game Field			
	6:30 a.m.	8:00 a.m.	Var/JV Speed w/Weights after	Game Field			
July 18th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			
	6:00 a.m.		Varsity Departs for Alma Team Camp	Bus picks up outside Gym			
	6:30 a.m.	8:00 a.m.	JV Speed w/Weights after	Game Field			
July 22nd	3:00 p.m.	4:00 p.m.	MS & JV make-up weights	Weight Room			
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			
	6:00 p.m.	8:00 p.m.	MS 7 on 7	Game Field			
July 22 nd	2:00 p.m.		Varsity arrives GHS from Alma Camp	Bus drops off outside Gym			
July 23rd	6:00 p.m.	8:00 p.m.	JV 7 on 7	Game Field			
	7:00 p.m.	8:00 p.m.	Var/JV Weights	Weight Room			
July 24th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	6:00 p.m.	8:00 p.m.	Varsity 7 on 7	Game Field			
	6:30 a.m.	8:00 a.m.	Var/JV Speed w/Weights after	Game Field			
July 25th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			
	6:30 a.m.	8:00 a.m.	Var/JV Speed w/Weights after	Game Field			
July 29th	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
July 29th	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			
	6:00 p.m.	8:00 p.m.	MS 7 on 7	Game Field			
July 30th	6:00 p.m.	8:00 p.m.	JV 7 on 7	Game Field			
	7:00 a.m.	8:00 a.m.	Var/JV Weights	Game Field			
July 21c+	3:00 p.m.	5:00 p.m.	Varsity Day Team Camp vs. TBD or Alone	Game Field			
July 31st	3:00 p.m.	4:00 p.m.	MS Weights	Weight Room			
	6:00 p.m.	8:00 p.m.	Varsity 7 on7	Game Field			
August 1st	6:30 a.m.	8:00 a.m.	Var/JV Speed w/Weights after	Game Field			
	3:00 p.m.	4:00 p.m.	MS & HS make-up Weights	Weight Room			
	4:00 p.m.	5:00 p.m.	MS Speed	Game Field			

GOODRICH FOOTBALL SUMMER CALENDAR 2024 (continued)								
August 4th - August 10th = DEAD WEEK								
August 12th	All Day - TBD		1st Day of Football Practice	Game Field & Practice Field				
August 13th	3:00 p.m.	3:30 p.m.	Adrenaline Fundraiser Kickoff	Game Field				
August 16th	12:00 a.m.	2:30 a.m.	Varsity Christmas Practice	Game Field				
August 17th	9:00 a.m.	12:00 p.m.	Martian Football Kickoff Event	Game Field				
	2:00 p.m.		Annual Golf Outing - Shotgun Start	Atlas Valley Country Club				
August 19th	6:30 p.m.	9:00 p.m.	Adrenaline Fundraiser Blitz Night	Game Field				
August 22nd	9:00 a.m.	9:00 p.m.	Varsity & JV Pre-season Scrimmage	Game Field				
August 28th	6:00 p.m.		1st JV game vs. Frankenmuth - Home	Game Field				
August 29th	7:00 p.m.		1st Varsity game vs. Frankenmuth - Away	Frankenmuth HS				

Position coaches will schedule special workouts directly with players throughout the off-season.