



7519 W. Judge Perez Dr.
Arabi, LA 70032
(504) 345-2276
Sisterheartsreentry@gmail.com

Items Needed

Toiletries

Tooth Paste
Tooth Brush
Soap
Lotion
Deodorant
Razors
Finger Nail Clipper
Sanitary napkins/ Tampons
Shower Shoes

Bedding (King, Queen, Full)

Cover sheets
Flat sheets
Comforter
Blankets
Pillows
Mattress Covers

Attire

Casual Wear
Business/Formal Wear
Pajamas
Tennis Shoes
Casual Shoes
Slippers
Bras
Under Wear

First Aid Kits

Band-Aids
Bandage Wraps
Motrin
Aspirin
Antibiotic Ointment
Benadryl
Hydrocortisone
Alcohol
Peroxide
Hot/Cold Compress

Cleaning Supplies

Industrial Strength
Cleaner/Disinfectant
Industrial Mops/Bucket
Brooms
Vacuum
Laundry Detergent
Bleach
Dryer Sheets
Dish Washing liquid
Scrubbers
Sponges
Gloves
Toilet Brushes

Office Supplies

Desks
Computers
Monitors/Television
Folders
Pens/Pencils/Highlighters
Envelops
Copier
Lockable File Cabinets
Intercom System
Scissors
Staples/Stapler



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Transportation

Bus/Shuttle

Van

Food & Supplies

Canned Goods

Meats

Dry Goods

Seasonings

Condiments

Rice

Foil

Plastic wrap

Ziploc Storage Bags

Plastic Utensils

Paper Plates

Plastic Cups

Pots/Pans/Skillets

Spatulas/Spoons/Knives

Oven Mitten

Miscellaneous

Lockers for Residents

Personal Storage

Yoga Mats for Health &
Wellness Program