

What Is Chronic Kidney Disease?



blackK.A.R.E.
KIDNEY AWARENESS RESOURCES & EDUCATION

What Do My Kidneys Do?



Why Are My Kidneys Important?



Remove excess
fluid & waste



Control blood
pressure



Help make red
blood cells



Help keep
bones healthy



Control pH
levels

What Happens When Kidneys Slow Down or Stop Working?

- Toxins built up and make you feel sick
- Chronic kidney disease develops over time

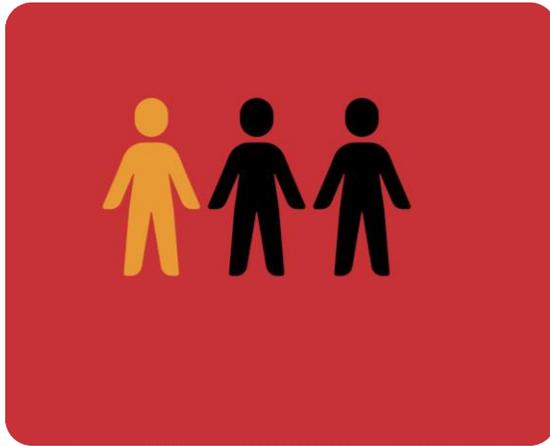


Minority Populations Are at Increased Risk of Kidney Disease

Black Americans are at increased risk of diabetes, high blood pressure, chronic kidney disease, and kidney failure.



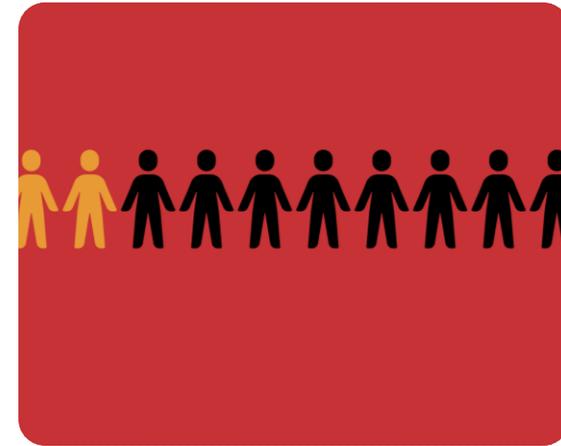
Diabetes and High Blood Pressure in Black Americans



1 in 3 had diabetes



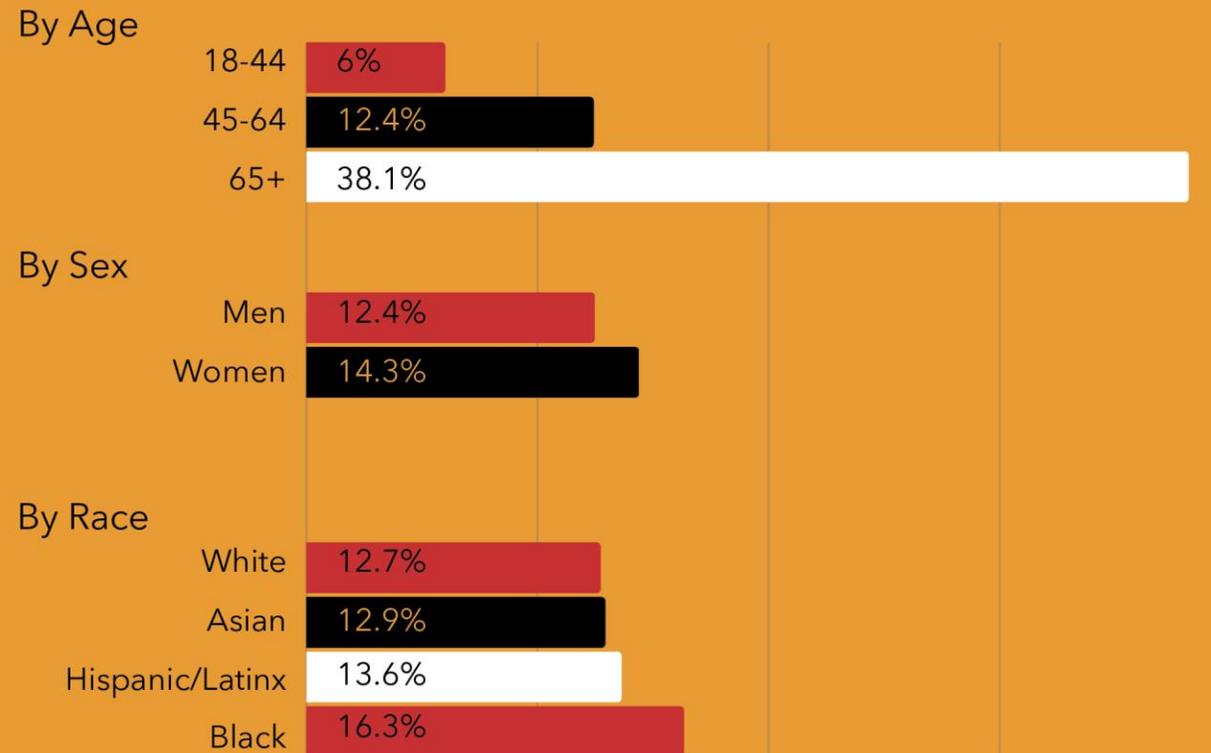
1 in 5 had
high blood pressure



19% had
chronic kidney disease

Chronic Kidney Disease in Black Americans

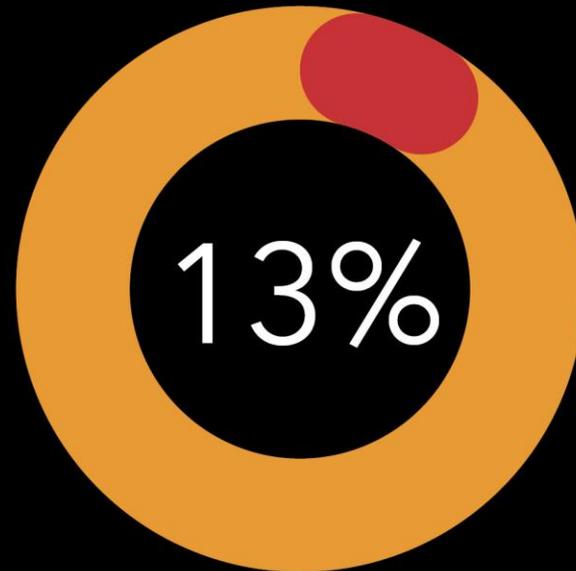
Prevalence of Chronic Kidney Disease



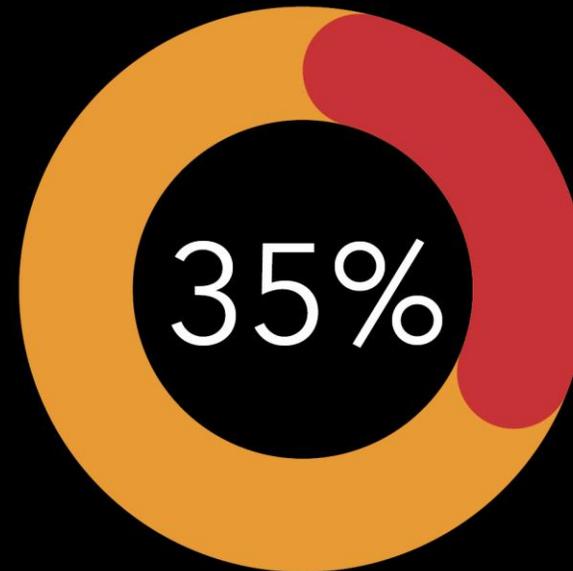
Interactive Map of Chronic Kidney Disease Rates

Kidney Failure in Black Americans

Kidney Failure in Black Americans



Black Americans make up just 13% of the U.S. population



In contrast, Black Americans make up 35% of the U.S. population with kidney failure

You have the power to prevent chronic kidney disease or to keep it from getting worse.

