

## Quick Start

### FRESH FRUIT CUP \$4.50

### FRUIT PLATE \$7.95

Seasons freshest fruit, with a fresh baked muffin and vanilla yogurt

### STEEL CUT OATMEAL \$5.25

Topped with brown sugar, blueberries and cream

### BLU JAM CEREAL \$4.95

House blend of bran, raisins, oats and toasted almonds. Served with bananas and milk

### AVOCADO TOAST

Multi-grain toast topped with smashed avocado \$8.50  
With fried egg \$9.50  
With bacon \$9.95

### KINGS BACON (served all day) \$5.99 \*

Hardwood smoked bacon with red chili flakes, smoked paprika black pepper, brown sugar, and a maple syrup drizzle

### JAM'D HASH BROWNS \$4.95

TJam up your hash browns by adding any meat, egg, veggie, or cheese  
Additional items \$1 each

### BUILD YOUR OWN BREAKFAST SANDWICH \$7.50 \*

EGGS: Fried or scrambled

BREAD: English muffin (white or wheat) or homemade buttermilk biscuit

CHEESE: Pepper jack, swiss, cheddar or american cheese

BREAKFAST MEAT: Bacon, ham or Blu Jam pork or turkey sausage patty

### MINI WAFFLE SANDWICH \$8.50

### MINI JALAPENO CHEDDAR WAFFLE SANDWICH \$9.50

## Omelettes\*

### BUILD YOUR OWN

Served with breakfast potatoes and choice of bread

2 INGREDIENTS \$8.75  
4 INGREDIENTS \$9.75  
6 INGREDIENTS \$10.75

VEGETABLES: broccoli, mushroom, bell pepper, tomato, spinach, scallions or jalapeno

MEAT: ham, bacon, Blu Jam pork or turkey sausage

CHEESE: swiss, american, cheddar or pepper jack

## Sweet Things

### BELGIAN WAFFLE \$9.50

Served sweet and golden brown with powdered sugar, warm syrup, and choice of bacon, Blu Jam pork or turkey sausage patty

### FRENCH TOAST \$10.00

Texas toast, maple syrup and powdered sugar with a berry compote, and choice of bacon, Blu Jam pork or turkey sausage patty

### AMARETTO VANILLA FRENCH TOAST \$10.75

Blueberry toast in Blu Jam egg mixture of amaretto, nutmeg, real vanilla topped with sliced almonds, powdered sugar and choice of bacon, Blu Jam pork or turkey sausage patty

### ORANGE MARMALADE FRENCH TOAST \$10.75

Orange marmalade french toast croissant filled with cream cheese marmalade in a Grand Marnier orange egg batter

### CARAMEL BANANA FRENCH TOAST \$11.75

Texas Toast in a orange cream egg batter topping with a banana caramel cauce

**PANCAKES** 3 pancakes \$5.50  
3 Blu-berry pancakes \$7.00  
3 chocolate chip pancakes \$7.00  
3 multi grain or gluten free \$8.50

## Benedicts\*

### CLASSIC \$10.50

2 poached eggs over english muffin and canadian bacon, topped with homemade hollandaise

### SOUTHERN \$11.00

2 poached eggs over our homemade biscuits, chicken tenders, topped with homemade gravy served with Blu Jam's signature jam

### CRAB CAKE \$14.50

2 poached eggs over our Blu Jam crab cake on grilled english muffin topped with homemade hollandaise

### FLORENTINE \$11.25

2 poached eggs over grilled homemade english muffin with spinach and topped with pesto parmesan sauce

### KINGS BENEDICT \$14.95

Grilled Texas toast topped with a 4 oz steak, Hollandaise steak sauce, black beans and Pico

Sat & Sun Only

## Sides

One egg any style	\$1.25	Grits: Cup \$2.75	Bowl \$3.50
One pancake	\$1.99	Toast white or wheat	\$1.25
Breakfast potatoes	\$2.00	Biscuit	\$1.75
Bacon (3 pieces)	\$3.00	Banana nut bread	\$3.00
Sausage (2 patties)	\$3.00	Muffin	\$2.50
Chorizo	\$3.00		

## Blu Jam Classics

### CHICKEN AND WAFFLES \$12.50

Fried chicken and jalapeno-bacon cheddar waffles served with Blu-berry butter and cajun syrup

### THE SOUTHERN BREAKFAST \$11.00\*

Two eggs any style, toast or biscuit, choice of bacon, ham, Blu Jam pork or turkey sausage, potatoes or grits

### THE TRIPLE JAM \$12.50\*

Three eggs any style with two pancakes, bacon or Blu Jam pork or turkey sausage, potatoes or grits

### DEEP SOUTH JAM \$12.00\*

Two eggs any style with 1 bone in 8oz pork chop with texas toast and home fries

### EGG IN A HOLE \$9.75\*

2 eggs cooked in Texas Toast with your choice of meat

### BISCUITS AND SAUSAGE GRAVY \$9.95

3 buttermilk biscuits with our rich homemade country sausage gravy

### HUEVOS RANCHEROS \$12.50\*

3 eggs topped with fresh ranchero sauce, Cheddar jack cheese and toasted corn tortillas, served with black beans and choice of bacon or Blu Jam pork or turkey sausage

### SMALL JUEVOS RANCHERO w/ 2 EGGS \$10.50\*

### CORNED BEEF HASH W/POACHED EGGS & TOAST \$12.50\*

Our slow-roasted corned beef chopped up with diced red skin potatoes and grilled to perfection topped with eggs and served with toast

Sat & Sun Only

### TEXAS JAM \$14.95

4 oz steak, 2 eggs any style, choice of potatoes or grits

Sat & Sun Only

## Beverages

Milk & Chocolate Milk	\$2.00	Strawberry or Blackberry Lemonade	\$3.00
Apple or Cranberry Juice	\$2.50	GEVA Premium Coffee	\$2.95
Fresh Orange Juice	\$2.75 & \$3.75	Hot Tea	\$2.00
Coke Products	\$2.50	Latte	\$3.75
Iced Tea (sweet or unsweet)	\$2.50	Chai, Caramel or Mocha	\$3.75
		Cappuccino	\$3.50
		Espresso: Single \$2.00 or Double \$2.50	

\* All meals are cooked to order. These items may be served raw or undercooked based on your specification, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of foodborne illness. Please let us know if you have food allergies. Not all ingredients are listed on the menu.



## Soups

### DAILY SOUP : Tomato Basil

CUP \$4.50  
BOWL \$6.95

## Salads

Served with your choice of dressing: honey mustard, ranch, balsamic vinaigrette, thousand island or blue cheese

### VINE RIPENED TOMATO \$9.75

Beef steak tomatoes served with blue cheese, red onion, shredded argula with lemon vinaigrette

### GRILLED ROMAINE \$12.00

Fresh heads of romaine lettuce split down the middle, grilled until charred and smoky, then topped with blue cheese and bacon with blue cheese balsamic

### CAESAR \$8.50 W/CHICKEN \$9.75 W/GRILLED SHRIMP \$10.50

Romaine lettuce tossed with oven baked croutons and shaved parmesan

### THE TRIO \$10.75

3 hearty scoops of chicken salad, tuna salad and keto avocado blt salad on a bed of fresh greens with sliced tomatoes, red onion, cucumbers, and carrots

## Keto Delights

### KETO SHRIMP & GRITS \$14.95

Cheddar & Romano cauliflower puree topped with shrimp, roasted tomatoes, sautéed collard greens and crumbled bacon

### KETO WAFFLE \$9.75

Served with your choice of meat

### KETO BREAKFAST SANDWICH \$7.50

Two sausage patties, one egg, cream cheese, sharp cheddar, avocado, and sracha

### KETO CHORIZO OMELETTE \$11.50

Spinach, white onions, cheddar cheese topped with sour cream, avocado, and bacon

### KETO CHAFFLE SANDWICH \$10.50 (add \$2.00 for Chicken, \$1.50 for Bacon or Ham)

Your choice of meat, egg & cheese

### KETO AVOCADO BLT & EGG \$10.75

Bacon, avocado, hard boiled eggs, green onions atop spinach drizzled with fresh lemon juice

### KETO CAULIFLOWER MAC \$10.50

Grilled chicken, cheddar and munster cheese, dijon mustard, spinach, and fresh garlic

**KETO DESSERTS:** Ask Your Server

## Blu Jam Burgers & Sandwiches

Served with fries

ADDITIONAL TOPPINGS: \$1.50 for caramelized onions sautéed mushrooms, avocado, or pico de gallo. Egg \$1.00, bacon \$1.00, and \$0.75 for grilled onions, mushrooms, or jalapenos.

**BLU JAM'S BURGER \$9.50**  
**WITH CHEESE \$10.50**  
**WITH BACON \$11.50**

Angus beef, bibb lettuce, tomato, pickles, red onion, mustard, and mayo

### BALSAMIC GRILLED CHICKEN SANDWICH \$10.75

Dressed with balsamic mayo, white cheddar cheese, romaine lettuce, sliced tomato, bacon on a brioche bun and served with sweet potato fries

### THE CLASSIC BLT \$8.75 ADD A FRIED EGG \$9.75

On texas toast with smoked bacon, lettuce, tomato, and served with a side

### BLU JAM CLUB \$10.25

Roasted turkey, smoked ham, bacon, cheddar cheese, lettuce, tomato, and herb aioli on toasted white or wheat bread, served with a side

### TURKEY WRAP \$9.25

Spinach tortilla, slow roasted turkey, bacon, avocado, tomato, iceberg lettuce, and served with a side

### THE ULTIMATE GRILLED CHEESE \$7.50

Gruyere, munster and white cheddar with onion, tyme, rosemary, and served with a side

### CREOLE SHRIMP PO-BOY \$13.00

Grilled or fried shrimp with shredded lettuce, tomato, homemade remoulade sauce on a French baguette

### ROAST BEEF PO-BOY \$11.50

Your choice of cheese with horseradish mayo on a French baguette with fresh au jus sauce for dipping

### CRABBY PATTY \$14.00

Our 6 oz crab cake on Brioche Bun, lettuce, tomato, and remoulade sauce

## Deli Sandwiches

Choice of bread: white, wheat, croissant, or rye, with lettuce, tomato, and mayo served with choice of side

HAM AND CHEESE	\$8.25	CHICKEN SALAD	\$9.25
TUNA SALAD	\$8.75	TURKEY	\$8.00



BREAKFAST • BRUNCH • LUNCH

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## Ms. Marguerite's Plates

### CAJUN JAMBALAYA PASTA \$14.75

Shrimp, chicken and Andouille sausage with onions, bell peppers, mushrooms, and green onions in creole cream sauce tossed with fettuccine

### SHRIMP & GRITS \$14.75

Cheddar & romano cheese grits topped with shrimp, roasted tomatoes, sautéed collard greens, and crumbled bacon

### SHRIMP CREOLE \$12.50

Tender gulf shrimp combined with the holy trinity a slightly spicy tomato sauce over white rice

### CRAB CAKES \$14.25

Two jumbo lump crab mixed with ritz crackers, pico de gallo, drizzled with remoulade or onions and pico de gallo, served with green dressed salad

### HOMEMADE CHICKEN TENDERS \$10.75

Three chicken tenders, served with coleslaw, french fries & your choice of house made honey mustard or white gravy

### LO COUNTRY BOIL \$13.95

Combination of corn on the cob, red potatoes, onion, sausage, and shrimp all together in a tasty crab boil

## Blu Plate Specials

(subject to change, be sure to ask your server)

### TUESDAY: MEATLOAF \$11.50

Mashed potatoes, green beans, and a roll

### WEDNESDAY: CHICKEN OF THE DAY \$11.50

Ask your server about our chicken specials

### THURSDAY: BEEF POT ROAST \$11.50

Mashed potatoes, english peas, and a roll

### FRESH FISH FRIDAY: ASK YOUR SERVER FOR THE FISH OF THE DAY

Fish of the day cooked to order, cole slow, hushpuppies, and french fries

## Sides

COLESLAW	\$1.75	FRENCH FRIES	\$2.50
POTATO SALAD	\$2.25	GARDEN SALAD	\$3.50
JALAPENO MACARONI SALAD	\$2.50	FRUIT	\$4.00

## Desserts

ASK YOUR SERVER FOR THE DESSERT OF THE DAY