

# **Carshalton and Clockhouse Local Committee: Community Showcase**

14 January 2025

Debbie Kilby , Tuesday Club Coordinator

# Tuesday Club



*A friendly space for those living with  
dementia and their carers*



## **Tuesday Club Main Aims**

- **To provide a space for Carers to share their experiences.**
- **To support those living in the community with memory issues.**
- **To facilitate Carers to obtain the skills needed in their caring role.**

• Our Amazing Volunteers



# Volunteers Comment

“Personally, skills, given me a huge appreciation of the devastating impact dementia can have on an individual and their Carers. I’m really enjoying getting to know everyone who comes along and hearing how much everyone appreciates the group is very rewarding. For me the sessions work really well and the popularity of Carers Corner highlights how much the Carers need support. I think we have a lovely bunch of volunteers with different skills and we work very well together which makes the sessions enjoyable. Debbie has been pivotal, not only getting the club up and running but being so successful in such a short space of time”

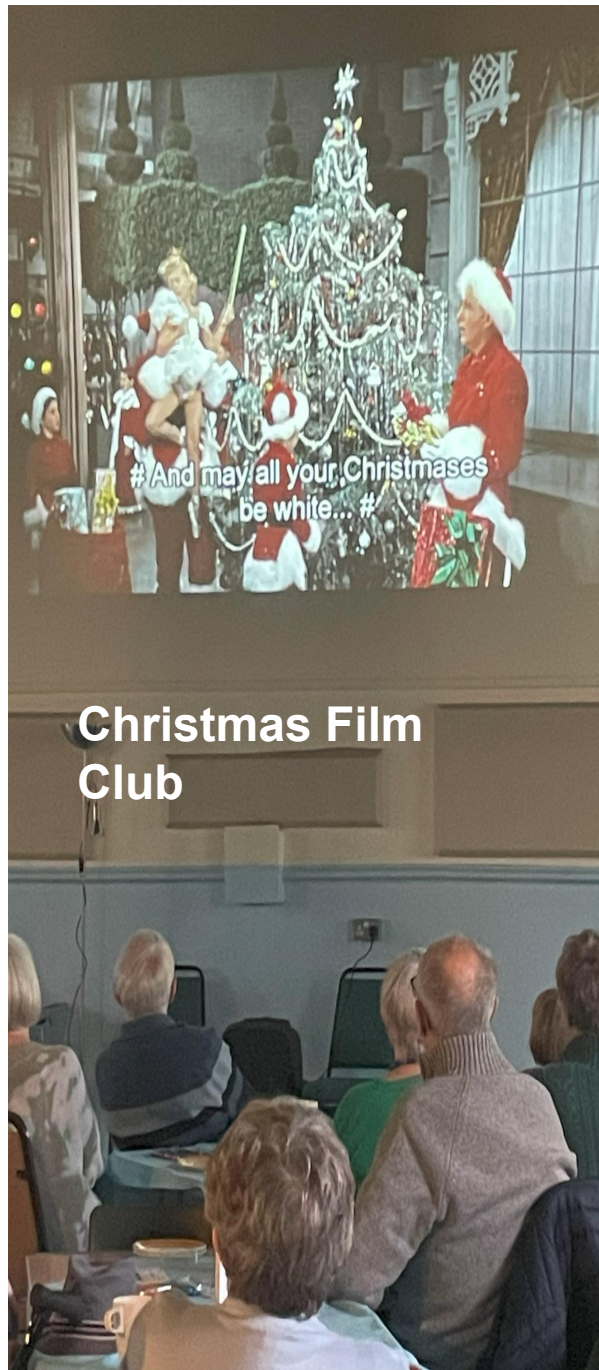


# Comments from Carers and those with memory loss.

- Great Support for me as a carer . There is lots of information and I enjoy talking to others in a similar situations. Activities are fun and pitched well. The club has given me a gauge of how my father is deteriorating. We are very grateful for this group being run. **Carer.**
- We have only just started coming to Tuesday Club but it's what we have been looking for. Everyone is so friendly, and the help and activities are great! Highly recommended!
- I look forward to coming to Tuesday Club every week – I appreciate the social time and meeting other people. **Dementia Patient**



Grand opening with  
the  
D Day Dollies



Christmas Film  
Club



Drumbeat with Tracy











# What's On

### LET'S LUNCH

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#### What's On Guide

Age of Taste

- 1. Taste and smell are important for our health and well-being.
- 2. As we get older, our taste and smell can change.
- 3. This can affect our appetite and our ability to eat a healthy diet.
- 4. A diet lacking in nutrients can lead to health problems.
- 5. It's important to eat a variety of different foods to get all the nutrients we need.
- 6. If you have any questions, please contact your GP or a dietitian.

### LET'S TALK

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#### What's On Guide

Let's Talk

- 1. Talking to others can help us feel better.
- 2. It can also help us to learn new things.
- 3. If you're finding it hard to talk to people, there are things you can do.
- 4. For example, you could try joining a club or group.
- 5. You could also try writing to someone.
- 6. If you need more information, please contact us.

### LET'S STAY ACTIVE

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#### What's On Guide

Let's Stay Active

ACTIVITY	GROUP	DATE	CONTACT FOR MORE INFORMATION
Walking	Walking	10th Nov 2023	01865 726600
Chair exercises	Chair exercises	17th Nov 2023	01865 726600
Arts and crafts	Arts and crafts	24th Nov 2023	01865 726600
Music	Music	1st Dec 2023	01865 726600
Reading	Reading	8th Dec 2023	01865 726600
Table tennis	Table tennis	15th Dec 2023	01865 726600
Chess	Chess	22nd Dec 2023	01865 726600
Card games	Card games	29th Dec 2023	01865 726600

### NUTRITION AND HYDRATION

Drinking water is essential for our health.

It helps us to stay hydrated and healthy.

It also helps us to digest food and absorb nutrients.

It can also help us to regulate our body temperature.

It's important to drink enough water every day.

If you're not sure how much to drink, contact your GP.



# Carers Corner

### October Timetable

Activity	Carers Corner	Memory Care Activity
10th October	Tuesday 10:30am	Arts and Crafts
17th October	Tuesday 10:30am	Arts and Crafts
24th October	Tuesday 10:30am	Arts and Crafts
31st October	Tuesday 10:30am	Arts and Crafts

### Introducing Continuity My Care

SCW, NHS, Conventon Methodist Church

Supports the patient and carer needs and preferences of people living with dementia in an NHS care home.

Helps to ensure the patient's care is personalised and meets their needs and preferences.

Helps to ensure the patient's care is personalised and meets their needs and preferences.

Lead yourself to others but give yourself to yourself.

### Film Club CHRISTMAS

19th December Christmas Memories

### Film Club MEMORIES

19th November Look at Life 50's and 60's

### Supporting our customers

Helping you to live better.

Supporting our customers.


# Public Realm Capital Budget update




C&C Capital budget	£
24/25 capital allocation for the local committee	£19,000.00
24/25 capital allocation + funding carried over from previous years	£41,211.23
Sum of outstanding commitments (projects from 23/24 and before)	£9,099.96
Total cap balance for 24/25; (allocation + carryover) - commitments	£32,111.27
£ committed to projects in 24/25 to date	£8,448.04
<b>Remainder for 24/25</b>	<b>£23,663.23</b>


If you have any ideas for new projects please email [publicrealm@sutton.gov.uk](mailto:publicrealm@sutton.gov.uk)

## Funding requests approved 24/25 to date











 **New Bench in Stanley Park** - £859.00

 **Four Trees in CFRA area** - £3,576.04

 **Sutton Nature Conservation Volunteers signage** - £2400.00


 **Two Welcome Signs in Queen Mary's Park** - £1,613.00

## Projects completed

-  Two Welcome Signs in Queen Mary's Park
-  New and replacement signage in Wrythe Rec
-  New bench in Wrythe Rec
-  Replacement noticeboard for Clockhouse by the Mount bus stop
-  2 green benches in Courtney Crescent
-  Flagpole for Queen Mary's park
-  Trees on South Rise
-  Outdoor table tennis table in the Grove
-  Additional disabled parking bays in Oaks Park
-  Replacement netball hoops in Carshalton Park

## Projects in train

**In addition to the new requests approved this financial year, the following project is still in progress.**

 Re-chalking a mansion outline in Oaks Park - *Friends group waiting for better weather to complete this project.*



Carshalton and Clockhouse Area Committee  
14 January 2025  
**Assets Update**

Thuso Selelo  
Assistant Director (Assets)  
Resources Directorate





# Assets

1. The Grove
2. The Old Rectory
3. Town Centre Projects

# The Grove

- Former council office surplus to operational requirements
- Originally a residential mansion, then HQ of Carshalton UDC from 1923
- Planning consent obtained by Sutton Living
- 10 residential properties to be created
- No additional parking within Grove Park
- Construction and refurbishment ongoing
- Internal panelling featuring list of Mayors of Carshalton UDC until amalgamation in 1965 to be retrieved and retained.



## The Old Rectory, Festival Walk

- Former council office surplus to needs
- Originally residential, acquired by Carshalton UDC in 1940s for office use
- Grade II\* listed, conversion to apartments promoted by Sutton Living but not viable due to conservation constraints and additional cost/risk due to building materials inflation
- Historic England feedback was negative about impact on building fabric of work needed for apartment conversion
- Carter Jonas marketed for sale in Aug - Nov 2024.
- Council considering offers from suitable purchasers - due diligence ongoing.



# The Old Rectory

## A Reminder of the Options Considered

- Retain - means continuing maintenance liability without an operational need
- Community-based use - would normally mean council retaining liability
- Commercial use - layout thought not consistent with modern office space, but some potential interest is being followed up
- Apartment scheme/ holiday letting - not favoured by Historic England and Landmark Trust
- Residential refurbishment for single/dual dwelling - considered that there would be demand and specialist knowledge/resources in the market.

## Considerations During the Sale

- Complexity and risk attaching to Grade II\* status
- Increased cost of conversion
- Additional maintenance required due to historic nature
- Additional listed building consents required and Historic England involvement
- Small grounds/gardens relative to size of property and limited parking, also subject to access rights
- Limited pool of capable and interested parties given the above factors.



# Projects - Future High Streets Funding



Oru Sutton



Public Realm Masterplan



Elm Grove Regeneration



Town Centre and Civic Regeneration



Oru Sutton Enhanced



Throwley Yard



Northern Gateway



137 -145 High Street



# Questions

Thuso Selelo

Assistant Director (Assets)

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