

# VALLEY VIEW MENU AT-A-GLANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>27-Jul</b></p> <p><b>BREAKFAST:</b> Oatmeal Rice Krispies Scrambled Egg Hashbrown Potatoes Dry Wheat Toast</p> <p><b>LUNCH:</b> Fried Chicken w/Gravy Italian Baked Fish Fluffy Rice Herbed Green beans Lemon Cookies</p> <p><b>DINNER:</b> Hearty Vegetable Soup Cheeseburger Chicken Salad Sandwich on White Tator Tots Fresh Watermelon Cubes</p>	<p><b>28-Jul</b></p> <p><b>BREAKFAST:</b> Cream of Wheat Cheerios Pancakes Sausage Link Dry Wheat Toast</p> <p><b>LUNCH:</b> Penne Pasta w/Meat Sauce Chicken Marsala Herb Penne Pasta Caribbean Vegetable Mix Garlic Texas Toast Frosted White Cake ☐</p> <p><b>DINNER:</b> Broccoli Cheese Soup Hot Dog on a Bun Egg Salad Sandwich on White Lemon Dill Orzo Pasta Pineapple Tidbits</p>	<p><b>29-Jul</b></p> <p><b>BREAKFAST:</b> Oatmeal Corn Flakes Breakfast Ham Scrambled Egg Dry Wheat Toast/Biscuit</p> <p><b>LUNCH:</b> BBQ Pork Loin Turkey Roast &amp; Gravy Whipped Sweet Potatoes Braised Greens w/Peppers Wheat Roll Snickerdoodle Cookies</p> <p><b>DINNER:</b> Stuffed Pepper Soup Garlic Parmesan Tenders Grilled Ham &amp; Cheese Sandwich French Fries Pear Slices w/Blueberries</p>	<p><b>30-Jul</b></p> <p><b>BREAKFAST:</b> Cream of Wheat Rice Krispies French Toast, Strawberry FF Oven Crisp Bacon Strips Dry Wheat Toast</p> <p><b>LUNCH:</b> Mongolian Beef Pork Loin Roast Coconut Rice Asian Blend Mixed Vegetables Chocolate Cake</p> <p><b>DINNER:</b> Chicken Noodle Soup Pepperoni Pizza Roast Beef Sliders Herbed Green Beans Peach Cobbler</p>	<p><b>31-Jul</b></p> <p><b>BREAKFAST:</b> Oatmeal Corn Flakes Egg &amp; Ham Bake Dry Wheat Toast Glazed Donut</p> <p><b>LUNCH:</b> Meatloaf &amp; Gravy Stuffed Pasta Shells w/Sauce Mashed Potatoes Brussell Sprouts Wheat Roll Strawberry Cheesecake</p> <p><b>DINNER:</b> Baked Potato Soup Tuna Noodle Casserole Stuffed Pepper w/Beef Seasoned Zucchini Tropical Fruit Cup</p>	<p><b>1-Aug</b></p> <p><b>BREAKFAST:</b> Cream of Wheat Cheerios Biscuit &amp; Sausage Gravy Dry Wheat Toast</p> <p><b>LUNCH:</b> Chicken Scampi BBQ Pork Riblett Seasoned Orzo Pasta Glazed Baby Carrots Wheat Dinner Roll Rainbow Sherbet</p> <p><b>DINNER:</b> Corn Chowder Chicken Broccoli Alfredo Casserole Turkey w/American Cheese Sandwich Roasted Red Potatoes Mandarin Oranges w/Whipped Topping</p>	<p><b>2-Aug</b></p> <p><b>BREAKFAST:</b> Oatmeal Rice Krispies Colby Cheese Omelet Oven Crisp Bacon Dry Wheat Toast</p> <p><b>LUNCH:</b> Roast Turkey &amp; Gravy Beer Battered Cod Homemade Stuffing Baby Lima Beans Wheat Dinner Roll Lemon Meringue Pie</p> <p><b>DINNER:</b> Tomato &amp; Pinto Bean American Goulash Chicken Salad Sandwich on Wheat Italian Pasta Salad Pudding Parfait</p>
<p><b>3-Aug</b></p> <p><b>BREAKFAST:</b> Oatmeal Rice Krispies Scrambled Egg Hash Browns Dry Wheat Toast</p> <p><b>LUNCH:</b> Chicken Supreme Sausage &amp; Sauerkraut Baked Potato Cauliflower w/Parsley Wheat Dinner Roll Chocolate Chip Cookies</p> <p><b>DINNER:</b> Minestrone Soup Turkey Club Sandwich Beef Ravioli w/Homemade Sauce Zucchini w/Oregano Fruit Cocktail</p>	<p><b>4-Aug</b></p> <p><b>BREAKFAST:</b> Cream of Wheat Cheerios Apple Pancakes Breakfast Sausage Link Dry Wheat Toast</p> <p><b>LUNCH:</b> Ham, Macaroni &amp; Cheese Casserole Oven Fried Chicken Bow Tie Pasta Green Peas w/Paprika Garlic Texas Toast Chocolate Cake</p> <p><b>DINNER:</b> Mushroom Barley Soup Tater Tot Casserole Pepperoni Calzone Broccoli Florets Cranberry Velvet</p>	<p><b>5-Aug</b></p> <p><b>BREAKFAST:</b> Oatmeal Corn Flakes Fruit Danish Scrambled Egg Dry Wheat Toast</p> <p><b>LUNCH:</b> BBQ Chicken Thighs Catfish Nuggets Baked Beans Peas &amp; Carrots Wheat Dinner Roll Carrot Cake</p> <p><b>DINNER:</b> Hearty Vegetable Soup Chicken Nuggets Ham Quiche Potato Wedges Breadstick Mandarin Oranges w/Whipped Topping</p>	<p><b>6-Aug</b></p> <p><b>BREAKFAST:</b> Cream of Wheat Rice Krispies Cinnamon French Toast Oven Crisp Bacon Strips Dry Wheat Toast</p> <p><b>LUNCH:</b> Spaghetti &amp; Meat Sauce Pork Chop &amp; Cabbage Mashed Potatoes Green Beans w/Oregano Garlic Texas Toast Coconut Cream Pie</p> <p><b>DINNER:</b> Cream of Tomato Soup Cheeseburger Pulled Chicken Quesadilla Onion Rings California Blend Mix Vegetables Fruit Tropical Mix</p>	<p><b>7-Aug</b></p> <p><b>BREAKFAST:</b> Oatmeal Corn Flakes Egg &amp; Sausage Bake Buttered Croissant Dry Wheat Toast</p> <p><b>LUNCH:</b> Italian Pork Maple Mustard Glazed Chicken Herb Penne Pasta Baked Butter Beans Chocolate Cream Pie</p> <p><b>DINNER:</b> Beef Cabbage Soup Hot Dog on a Bun Greek Turkey Bowl Steak Fries Diced Pears</p>	<p><b>8-Aug</b></p> <p><b>BREAKFAST:</b> Cream of Wheat Cheerios Pancakes Breakfast Sausage Patty Dry Wheat Toast</p> <p><b>LUNCH:</b> BBQ Meatballs Cod w/Mango Salad Rice Pilaf Roasted Cauliflower Apple Cobbler Wheat Dinner Roll</p> <p><b>DINNER:</b> Chicken Noodle Soup Shepherd's Pie Cottage Cheese Fruit Plate Seasoned Cabbage Orange Pineapple Gelatin</p>	<p><b>9-Aug</b></p> <p><b>BREAKFAST:</b> Oatmeal Rice Krispies Colby Cheese Omelet Crispy Bacon Strips Dry Wheat Toast</p> <p><b>LUNCH:</b> Meatloaf &amp; Gravy Chicken Tenders Mashed Potatoes Broccoli Florets Wheat Dinner Roll Frosted Chocolate Cake</p> <p><b>DINNER:</b> Baked Potato Soup BBQ Riblett on a Bun Egg Salad Sandwich on White Italian Pasta Salad Broccoli Vegetable Mix Fresh Pineapple</p>