

# VALLEY VIEW MENU AT-A-GLANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p><b>6-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Cheerios                      Scrambled Egg                      Home Fried Potatoes                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Italian Baked Fish                      Herbed Penne Pasta w/Meat Sauce                      Garlic Bread                      Butterscotch Pudding                      ☐</p> <p><b>DINNER:</b>                      Chicken Noodle Soup                      Cheeseburger                      Roast Pork                      Tator Tots                      Caribbean Vegetables                      Chilled Mandarin Oranges</p>	<p><b>7-Apr</b>  <b>BREAKFAST:</b>                      Cream of Wheat                      Corn Flakes                      Cheddar Cheese Omelette                      Hash Browns                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Chicken Marsala                      Stuffed Bell Pepper                      Seasoned Egg Noodles                      Broccoli w/Onions &amp; Peppers                      Wheat Dinner Roll                      Frosted Chocolate Cake                      ☐</p> <p><b>DINNER:</b>                      Split Pea Soup                      Ham &amp; Cheese Sandwich                      Soft Chicken Tacos                      Cole Slaw                      Plain Potato Chips                      Chilled Sliced Peaches</p>	<p><b>8-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Cheerios                      Waffles                      Sausage Links</p> <p><b>LUNCH:</b>                      Meatloaf w/gravy                      Baked Lemon Tilapia                      Mashed Potatoes                      Seasoned Green Peas                      Chocolate Chip Cookie</p> <p><b>DINNER:</b>                      Stuffed Pepper Soup                      BBQ Chicken Sandwich                      Pork Chop &amp; Apples                      Herbed Seasoned Orzo Pasta                      Roasted Squash                      Blushing Pears</p>	<p><b>9-Apr</b>  <b>BREAKFAST:</b>                      Cream of Wheat                      Corn Flakes                      Scrambled Egg                      Home Fries                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Ham &amp; Macaroni Casserole                      Beef Terriyaki                      Steamed Rice                      Meadow Blend Vegetables                      Wheat Dinner Roll                      Carrott Cake</p> <p><b>DINNER:</b>                      Cream of Broccoli Cheese Soup                      Pepperoni Pizza                      Cheesy Ziti Bake                      Rosemary Potatoes                      Chilled Pineapple</p>	<p><b>10-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Cheerios                      Pancakes                      Sausage Patty</p> <p><b>LUNCH:</b>                      Turkey Penne Casserole                      Fish Sticks                      Herbed Rice                      Italian Beets                      Chocolate Cream Pie</p> <p><b>DINNER:</b>                      Hearty Vegetable Soup                      Tuna Noodle Casserole                      Country Fried Steak &amp; Gravy                      Seasoned Green Beans                      Chilled Apricots</p>	<p><b>11-Apr</b>  <b>BREAKFAST:</b>                      Cream of Wheat                      Corn Flakes                      Scrambled Egg &amp; Cheese                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Chicken &amp; Rice                      Pork Chop &amp; Mushroom Sauce                      Parslied Noodles                      Honey Glazed Baby Carrots                      Wheat Dinner Roll                      Butterscotch Pudding</p> <p><b>DINNER:</b>                      Chicken Corn Chowder                      Four Bean Salad                      Sloppy Joe &amp; Wheat Bun                      Mediterranean Fish                      Parslied Potatoes                      Chilled Tropical Fruit</p>	<p><b>12-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Corn Flakes                      Hash Brown Casserole                      Cinnamon Apple Muffin</p> <p><b>LUNCH:</b>                      Beef Pot Roast                      Baked Ham                      Roasted Red Potatoes                      Capri Blend Vegetables                      Wheat Dinner Roll                      Apple Pie</p> <p><b>DINNER:</b>                      Minestrone Soup                      Chicken Tenders                      Italian Sausage &amp; Peppers                      Mashed Sweet Potatoes                      Oatmeal Cookies</p>
<p><b>13-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Cheerios                      Scrambled Egg &amp; Cheese                      Hash Browns                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Turkey Mornay                      Fish A L'Orange                      Baked Potato                      Wax Beans                      Wheat Dinner Roll                      Coconut Cream Pie</p> <p><b>DINNER:</b>                      Navy Bean &amp; Ham Soup                      Spaghetti &amp; Meat Sauce                      Chicken Salad Pita Plate                      Breadstick                      Sauteed Herbed Zucchini                      Oranges &amp; Pineapple</p>	<p><b>14-Apr</b>  <b>BREAKFAST:</b>                      Cream of Wheat                      Corn Flakes                      Egg &amp; Ham Bake                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Chicken Stir-Fry                      Beef &amp; Cider Stew                      Fluffy Rice                      Asian Vegetables                      Frosted Banana Cake</p> <p><b>DINNER:</b>                      Chicken Rice Soup                      Hot Dog on a Bun                      Baked Ham                      French Fried Potatoes                      Baked Beans                      Chilled Apricots</p>	<p><b>15-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Cheerios                      French Toast                      Sausage Patty</p> <p><b>LUNCH:</b>                      Baked Pork Chop                      Lemon Pepper Cod                      Garlic Noodles                      Creamed Peas &amp; Onions                      Wheat Dinner Roll                      Orange Sherbet</p> <p><b>DINNER:</b>                      Tomato Florentine Soup                      Pepperoni Pizza                      Chicken Nuggets                      Steak Fries                      Chilled Fruit Cocktail</p>	<p><b>16-Apr</b>  <b>BREAKFAST:</b>                      Cream of Wheat                      Corn Flakes                      Scrambled Egg &amp; Cheese                      Homefried Potatoes                      Dry Wheat Toast</p> <p><b>LUNCH:</b>                      Chicken Supreme                      Pork &amp; Rice Casserole                      Garlic Mashed Potatoes                      Seasoned Broccoli Florets                      Wheat Dinner Roll                      Apple Cobbler</p> <p><b>DINNER:</b>                      Beef Barley Soup                      Tater Tot Casserole                      BBQ Chicken Sandwich                      Sweet Potato Fries                      Fresh Canteloupe</p>	<p><b>17-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Cherrios                      Pancakes                      Bacon Strips</p> <p><b>LUNCH:</b>                      Braised Beef Cubes                      Parmesan Crusted Tilapia                      Scalloped Potatoes                      Maple Dijon Brussel Sprouts                      Wheat Dinner Roll                      Red Velvet Cake</p> <p><b>DINNER:</b>                      Hearty Vegetable Soup                      Philly Cheese Steak Sandwich                      Grilled Cheese on Wheat                      Plain Potato Chips                      Scandinavian Blend Vegetables                      Hot Spiced Apples</p>	<p><b>18-Apr</b>  <b>BREAKFAST:</b>                      Cream of Wheat                      Corn Flakes                      Sausage Patty                      Biscuit                      Home Fries</p> <p><b>LUNCH:</b>                      Garlic &amp; Sage Chicken                      Baked Lemon Cod                      Rice Pilaf                      Mixed Vegetable Medley                      Wheat Dinner Roll                      White Cocolate Macadamia Nut Cookies</p> <p><b>DINNER:</b>                      Italian Wedding Soup                      Shepherd's Pie                      Chicken Salad Sandwich on Wheat                      Green Beans with Thyme                      Peaches in Orange Sauce</p>	<p><b>19-Apr</b>  <b>BREAKFAST:</b>                      Oatmeal                      Corn Flakes                      Cheddar Cheese Omelette                      Blueberry Muffin</p> <p><b>LUNCH:</b>                      Meatloaf                      Maple Glazed Ham                      Mashed Potatoes                      Roasted Carrots                      Wheat Dinner Roll                      Frosted Chocolate Cake</p> <p><b>DINNER:</b>                      Chicken Orzo Soup                      Supreme Pizza Casserole                      Southwest Chicken Pasta                      Squash &amp; Peppers                      Breadstick                      Chilled Sliced Pears</p>