

VALLEY VIEW MENU AT-A-GLANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>21-Sep BREAKFAST: Oatmeal Rice Krispies Scrambled Egg Hashbrown Potatoes Dry Wheat Toast</p> <p>LUNCH: Fried Chicken w/Gravy Italian Baked Fish Fluffy Rice Herbed Green beans Lemon Cookies</p> <p>DINNER: Hearty Vegetable Soup Cheeseburger Chicken Salad Sandwich on White Tator Tots Fresh Watermelon Cubes</p>	<p>22-Sep BREAKFAST: Cream of Wheat Cheerios Pancakes Sausage Link Dry Wheat Toast</p> <p>LUNCH: Penne Pasta w/Meat Sauce Chicken Marsala Herb Penne Pasta Caribbean Vegetable Mix Garlic Texas Toast Frosted White Cake ☐</p> <p>DINNER: Broccoli Cheese Soup Hot Dog on a Bun Egg Salad Sandwich on White Lemon Dill Orzo Pasta Pineapple Tidbits</p>	<p>23-Sep BREAKFAST: Oatmeal Corn Flakes Breakfast Ham Scrambled Egg Dry Wheat Toast/Biscuit</p> <p>LUNCH: BBQ Pork Loin Turkey Roast & Gravy Whipped Sweet Potatoes Braised Greens w/Peppers Wheat Roll Snickerdoodle Cookies</p> <p>DINNER: Stuffed Pepper Soup Garlic Parmesan Tenders Grilled Ham & Cheese Sandwich French Fries Pear Slices w/Blueberries</p>	<p>24-Sep BREAKFAST: Cream of Wheat Rice Krispies French Toast, Strawberry FF Oven Crisp Bacon Strips Dry Wheat Toast</p> <p>LUNCH: Mongolian Beef Pork Loin Roast Coconut Rice Asian Blend Mixed Vegetables Chocolate Cake</p> <p>DINNER: Chicken Noodle Soup Pepperoni Pizza Roast Beef Sliders Herbed Green Beans Peach Cobbler</p>	<p>25-Sep BREAKFAST: Oatmeal Corn Flakes Egg & Ham Bake Dry Wheat Toast Glazed Donut</p> <p>LUNCH: Meatloaf & Gravy Stuffed Pasta Shells w/Sauce Mashed Potatoes Brussell Sprouts Wheat Roll Strawberry Cheesecake</p> <p>DINNER: Baked Potato Soup Tuna Noodle Casserole Stuffed Pepper w/Beef Seasoned Zucchini Tropical Fruit Cup</p>	<p>26-Sep BREAKFAST: Cream of Wheat Cheerios Biscuit & Sausage Gravy Dry Wheat Toast</p> <p>LUNCH: Chicken Scampi BBQ Pork Riblett Seasoned Orzo Pasta Glazed Baby Carrots Wheat Dinner Roll Rainbow Sherbet</p> <p>DINNER: Corn Chowder Chicken Broccoli Alfredo Casserole Turkey w/American Cheese Sandwich Roasted Red Potatoes Mandarin Oranges w/Whipped Topping</p>	<p>27-Sep BREAKFAST: Oatmeal Rice Krispies Colby Cheese Omelet Oven Crisp Bacon Dry Wheat Toast</p> <p>LUNCH: Roast Turkey & Gravy Beer Battered Cod Homemade Stuffing Baby Lima Beans Wheat Dinner Roll Lemon Meringue Pie</p> <p>DINNER: Tomato & Pinto Bean American Goulash Chicken Salad Sandwich on Wheat Italian Pasta Salad Pudding Parfait</p>
<p>28-Sep BREAKFAST: Oatmeal Rice Krispies Scrambled Egg Hash Browns Dry Wheat Toast</p> <p>LUNCH: Chicken Supreme Sausage & Sauerkraut Baked Potato Cauliflower w/Parsley Wheat Dinner Roll Chocolate Chip Cookies</p> <p>DINNER: Minestrone Soup Turkey Club Sandwich Beef Ravioli w/Homemade Sauce Zucchini w/Oregano Fruit Cocktail</p>	<p>29-Sep BREAKFAST: Cream of Wheat Cheerios Apple Pancakes Breakfast Sausage Link Dry Wheat Toast</p> <p>LUNCH: Ham, Macaroni & Cheese Casserole Oven Fried Chicken Bow Tie Pasta Green Peas w/Paprika Garlic Texas Toast Chocolate Cake</p> <p>DINNER: Mushroom Barley Soup Tater Tot Casserole Pepperoni Calzone Broccoli Florets Cranberry Velvet</p>	<p>30-Sep BREAKFAST: Oatmeal Corn Flakes Fruit Danish Scrambled Egg Dry Wheat Toast</p> <p>LUNCH: BBQ Chicken Thighs Catfish Nuggets Baked Beans Peas & Carrots Wheat Dinner Roll Carrot Cake</p> <p>DINNER: Hearty Vegetable Soup Chicken Nuggets Ham Quiche Potato Wedges Breadstick Mandarin Oranges w/Whipped Topping</p>	<p>1-Oct BREAKFAST: Cream of Wheat Rice Krispies Cinnamon French Toast Oven Crisp Bacon Strips Dry Wheat Toast</p> <p>LUNCH: Spaghetti & Meat Sauce Pork Chop & Cabbage Mashed Potatoes Green Beans w/Oregano Garlic Texas Toast Coconut Cream Pie</p> <p>DINNER: Cream of Tomato Soup Cheeseburger Pulled Chicken Quesadilla Onion Rings California Blend Mix Vegetables Fruit Tropical Mix</p>	<p>2-Oct BREAKFAST: Oatmeal Corn Flakes Egg & Sausage Bake Buttered Croissant Dry Wheat Toast</p> <p>LUNCH: Italian Pork Maple Mustard Glazed Chicken Herb Penne Pasta Baked Butter Beans Chocolate Cream Pie</p> <p>DINNER: Beef Cabbage Soup Hot Dog on a Bun Greek Turkey Bowl Steak Fries Diced Pears</p>	<p>3-Oct BREAKFAST: Cream of Wheat Cheerios Pancakes Breakfast Sausage Patty Dry Wheat Toast</p> <p>LUNCH: BBQ Meatballs Cod w/Mango Salad Rice Pilaf Roasted Cauliflower Apple Cobbler Wheat Dinner Roll</p> <p>DINNER: Chicken Noodle Soup Shepherd's Pie Cottage Cheese Fruit Plate Seasoned Cabbage Orange Pineapple Gelatin</p>	<p>4-Oct BREAKFAST: Oatmeal Rice Krispies Colby Cheese Omelet Crispy Bacon Strips Dry Wheat Toast</p> <p>LUNCH: Meatloaf & Gravy Chicken Tenders Mashed Potatoes Broccoli Florets Wheat Dinner Roll Frosted Chocolate Cake</p> <p>DINNER: Baked Potato Soup BBQ Riblett on a Bun Egg Salad Sandwich on White Italian Pasta Salad Broccoli Vegetable Mix Fresh Pineapple</p>