Little Socks Gymnastics – newsletter

What a fantastic term – all gymnasts took part in their badge testing – the first badge is badge 8 and they go up to badge 1 - once you get higher up the badges the trickier they get. You need to be able to perform at least 8 out of the 10 moves on the badge chart a minimum of 3 times and be tested once by another coach in order to pass your badge, so please don’t be disheartened if you didn’t get your badge this time. We do review the badges through out the year although the Autumn term is our main badges term.

Congratulations to Martha, Firdaus & Raven who all successfully attended the level 1 judging course. Thank you to our fantastic older gymnasts who volunteer their time to assist on a Saturday and Thursday. Some of them use it to count towards Duke of Edinburgh and to gain coaching experience before they attend their first coaching courses.

All our current gymnasts are automatically re allocated their places, however, you MUST confirm that they will be returning in January. Please confirm as soon as possible as we will offer any places we have available to our waiting list from December 18th.

Thursday – watching week

We are inviting parents/carers to come to watch your children on Thursday 13th December, the children will be able to show you come of the floor and vaulting skills they have been learning. We will also be presenting the children with the badges and certificates that they have passed. All badges and certificates must be paid for by Thursday 6th December, they are £5. Please return your passed badge slip with you child’s name as you wish it to appear on the certificate. You do not have to purchase badges & certificates, we will keep a record of all passed levels.

Saturday presentations will take place on Saturday 15th December, all badges and certificates must be paid for by Saturday 8th December.

In the Spring term we are holding our 2nd club floor and vault competition. All gymnasts’ will be invited to take part and it will be based on the London Regional competition rules. There will be a nominal entry fee & spectator fee. All gymnasts participating will receive a ribbon with medals for the top 3 places and an overall winner. The competition will be spilt into age groups and levels.

We will be using this competition as a selection for the London regional competition later in the year.

Club leotards are going to be available for everyone from next week in turquoise and purple at £20 for the sleeveless leotards and £25 for the senior class long sleeve leotards. I have bought in a small stock and am happy to order more if necessary.

A few important reminders:

* You must be a member of British Gymnastics to continue to attend lessons
* Please be on time for your class – warm up is important (if you are 10 minutes late you will not be allowed to attend that day)
* Please go to the toilet before your class starts
* Please name your child’s club T shirt and leotard

Spring term dates 2019

Thursday classes: Saturday classes:

10th, 17th, 24th, 31st January 12th, 19th & 26th January

7th, 14th & 28th February 2nd, 9th, & 16th February

7th, 14th , 21st & 28th March 2nd, 9th, 16th, 23rd & 30th March

4th April 6th April

NO CLASS 21st Feb ½ term NO CLASS 23rd Feb ½ term

12 week term 12 week term

\*\* Club competition Sunday 24th March

Class fees:

1 hour class £6 per class = £72

1.5 hour class £7.50 per class= £90

2 hour class £9 per class = £108

Please pay your child’s fees by the 2nd week of term.

Little Socks bank details:

Sort code: 08 92 50

Account number: 68168955

Please use your childs’ name as reference