



**DIVISION 4 MASTERS**  
**Saturday 20th September, 2025**  
**5.30pm**  
**Adjudicator- Michelle Urquhart**

**MARCH**

- 1 Narre Warren Calisthenics Team 2
- 2 Sterling Calisthenics
- 3 Narre Warren Calisthenics Team 1
- 4 Bendigo Calisthenics
- 5 Diamond Creek Calisthenics Club
- 6 Altona Calisthenics

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**CLUBS**

**Part A**

- 1 Sterling Calisthenics Team 3
- 2 Narre Warren Calisthenics Team 2
- 3 Sterling Calisthenics Team 2
- 4 Bendigo Calisthenics Team 2

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**Part B**

- 1 Narre Warren Calisthenics Team 1
- 2 Sterling Calisthenics Team 1
- 3 Bendigo Calisthenics Team 1
- 4 Altona Calisthenics
- 5 Diamond Creek Calisthenics Club

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**RODS**

**Part A**

- 1 Narre Warren Calisthenics Team 2
- 2 Bendigo Calisthenics Team 2
- 3 Sterling Calisthenics Team 2

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_

**Part B**

- 1 Sterling Calisthenics Team 1
- 2 Narre Warren Calisthenics Team 1
- 3 Altona Calisthenics
- 4 Diamond Creek Calisthenics Club
- 5 Bendigo Calisthenics Team 1

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**BREAK**

**FREE EXERCISES**

- 1 Sterling Calisthenics Team 2
- 2 Narre Warren Calisthenics Team 2
- 3 Diamond Creek Calisthenics Club
- 4 Bendigo Calisthenics
- 5 Narre Warren Calisthenics Team 1
- 6 Sterling Calisthenics Team 1
- 7 Altona Calisthenics

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**AESTHETICS**

- 1 Narre Warren Calisthenics Team 2
- 2 Sterling Calisthenics Team 2
- 3 Bendigo Calisthenics
- 4 Diamond Creek Calisthenics Club
- 5 Altona Calisthenics
- 6 Sterling Calisthenics Team 1
- 7 Narre Warren Calisthenics Team 1

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**REVUE**

- 1 Bendigo Calisthenics
- 2 Diamond Creek Calisthenics Club
- 3 Altona Calisthenics
- 4 Narre Warren Calisthenics Team 1
- 5 Sterling Calisthenics

1st \_\_\_\_\_  
 2nd \_\_\_\_\_  
 3rd \_\_\_\_\_  
 HM \_\_\_\_\_  
 HC \_\_\_\_\_

**RESULTS WILL BE ANNOUNCED AFTER RODS, AESTHETICS AND REVUE**

|               | March | Clubs | Rods | Free Exercises | Aesthetics | Revue | Total |
|---------------|-------|-------|------|----------------|------------|-------|-------|
| Altona        |       |       |      |                |            |       |       |
| Bendigo       |       |       |      |                |            |       |       |
| Diamond Creek |       |       |      |                |            |       |       |
| Narre Warren  |       |       |      |                |            |       |       |
| Sterling      |       |       |      |                |            |       |       |



Please be aware that some item's themes, music or images may elicit a strong emotional response. Viewing is at audience discretion.