Your special delivery

Before the big day

- Register for one of the many free classes we offer at BSWHealth.com/Events, including virtual class options.
- Take a look at our beautiful facilities at BSWHealth.com/ YourMomentCollegeStation under "Our birthing suites."
- Pre-register: Ensure that we have your most up-to-date information demographics, insurance and more.
 Call 979.207.2176 to pre-register over the phone. If desired, make an appointment for financial counseling.
- Drive around campus so you know where the Emergency Department entrance is.

On the big day

Please come in through the Emergency Department entrance, regardless of the time of day. They can get you registered quickly and up to Labor & Delivery. If you are scheduled for delivery, induction or planned cesarean section, arrive through the hospital's main entrance. Registration personnel will assist you.

Don't forget to pack:

- Toiletries (We have some in case you forget, but you might prefer your own.)
- Clothes for baby to wear home and a pacifier if desired
- Camera
- · Car seat
- · Clothes for mom to wear home
- · A birthing or peanut ball, if you desire

What to expect after delivery

- We believe in the philosophy of couplet care. That means we don't want to separate you and your baby except for medical necessity.
- Immediately after delivery, most babies spend the first hour skin-to-skin with their mothers.
- We have certified lactation support available for both inpatient and outpatient needs.
- We provide weekend/holiday newborn follow-up appointments here at the hospital if your pediatrician's office is not open.
- We are a Breast Pump Depot and can facilitate receiving a pump before discharge.



700 Scott and White Drive College Station, TX 77845 BSWHealth.com/YourMomentCollegeStation
For more information, call 979.207.0320