

Laser Tattoo Removal Aftercare Instructions

Thank you for choosing 1st Edition for your tattoo removal treatment. Proper aftercare is essential to ensure the best results and minimize any potential side effects. Please follow the guidelines below to promote healing and achieve optimal results.

Immediate Post-Treatment Care (First 24-48 Hours)

- Apply a cold compress to the treated area for 10-15 minutes every hour if needed to reduce swelling and discomfort.
- Keep the area clean and dry. Gently pat dry if necessary.
- Apply a thin layer of unscented ointment and cover with a sterile bandage.
- Avoid excessive sun exposure and use SPF 30+ sunscreen if going outdoors.
- Do not scratch, rub, or pick at the treated area

Short-Term Care (First Week)

- No hot tubs, swimming pools, or long showers. Keep showers short and use lukewarm water.
- Apply a fragrance-free moisturizer or aloe vera gel to prevent excessive dryness.
- Blisters and scabs are common and should be left to heal naturally. Do not pop blisters or pick at scabs.
- Wear loose-fitting clothing to prevent irritation and friction on the treated area.

Long-Term Care (After 1 Week and Beyond)

- Continue applying sunscreen (SPF 30+ or higher) to protect the treated area from UV damage.
- Stay hydrated and maintain a healthy diet to support skin regeneration.
- Avoid excessive sweating and rigorous exercise for at least a week.
- If needed, apply Vitamin E or aloe vera to aid in skin healing.

What to Expect

- **Redness and swelling**.
- **Blisters and scabs**.
- **Itching**.
- **Fading**.

When to Seek Medical Advice

Contact us or a medical professional if you experience:

- Signs of infection (increased redness, warmth, pus, or severe pain).
- Persistent swelling or blisters that worsen instead of healing.
- An allergic reaction or unusual skin reaction.

Follow-Up Appointments

- Sessions are typically spaced **6-8 weeks apart** to allow proper healing.
- Consistency with treatments ensures better results.
- Book your next session in advance to stay on track with your tattoo removal plan.

For any questions or concerns, please contact us at 1st Edition.

Thank you for trusting us with your tattoo removal journey!