

# Aftercare Advice

**It is important you follow your aftercare advice**

## Rules to live by

**NO** bumping, banging, picking or scratching!

Keep it **CLEAN**

Keep it **CREAMED**

Do **NOT** go swimming or in hot tubs/jacuzzis during the healing process.

**NO** extended water time - showers are ok but be mindful of temperature and water flow direction.

**NO** alcohol or substances during healing

**NO** gym whilst you are healing

**AVOID** tight clothing and anything that could cause friction.

**PROTECT** your tattoo from the sun

**CHANGE** your bedding before sleeping with your new tattoo

## When you get home...

Your artist will have wrapped your tattoo, this is to protect your tattoo from bacteria once you leave the studio.

Gently wash with warm, unscented soapy water.

Air dry or pat dry with lint-free product

Use a suitable unscented moisturiser 3-4 times a day.

(You can purchase this from us.)

Continue to wear clothes that do **NOT** rub the area.

If you are going into a dirty environment **WRAP** your tattoo to protect it.

**DO NOT PICK**

This is not an exhaustive list and if there are any issues or you are unsure how to look after your tattoo, please message the studio for further aftercare advice. Upon leaving the studio you are responsible for your tattoo and incorrect care will result in the healed tattoo potentially not meeting your expectations. The studio does not accept liability for this.