Peggy Bareh

The Pain to Gain Motivator

CONTACT INFORMATION

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Peggy Bareh is an inspirational award-winning author, empowerment leader, a mum and CEO of I AM Thriving Now.

Having lost all hope after a lifetime of abuse, Peggy suffered terribly from zero-confidence, a paralysing fear of rejection, and debilitating depression.

Hanging onto her faith, she built up the courage to leave the abusive relationship with her partner, taking her three children to embark on a three-year journey of self-discovery that would change their lives forever.

Peggy learned how to turn her Pain into Gain, creating a unique recovery toolkit called 'I AM Thriving Now', which unlocks the greatness of every life that this powerful program touches.

Peggy has inspired and transformed hundreds of lives already and is now on a Global mission to empower 1 million abuse survivors to thrive, not just to survive.

Speaking Topics include:

- Freedom At Last
- Standing Tall
- My passion. My life
- The needed Change
- Thriving Habits
- Etc. And each can be tailored to your event and the audience

Run the following Programmes:

- The Pain to Gain Kickstarter
- The 7 step P.U.R.P.O.S.E Pathway
- The T.H.R.I.V.I.N.G Life Blueprint

"This is one amazing lady who should be speaking on a platform. Brilliant speaker with a massively important story, inspiring beyond words." - Lorna D Sheldon @LDS(International)Limited

"Peggy is an inspirational speaker, able to engage her audience with the genuine passion she is conveying. She is able to bring her subject to life, as well as articulating it with clarity. She is a natural communicator, and able to inspire as well as engage those who she is addressing" - Dickie James - CEO of Staffordshire Women's Aid

If You can see the Gain in your Pain, You can Turn the Pain into Gain