

WRAP[®] Seminar II - Facilitator Training

Thousands of people across Minnesota, the United States and around the world have trained as WRAP[®] Facilitators. These people are changing the mental health system to honor people's recovery journeys. This course models the behavior of a facilitator in a WRAP[®] class and stresses authenticity and unconditional high regard, as well as a strong set of values and ethics to guide your work.

This training is appropriate for anyone who would like to lead WRAP[®] groups, work with others to develop their own WRAP[®] and give presentations on mental health recovery related issues to groups or organizations. **Attendees are expected to have a solid working knowledge of WRAP[®] and share their experiential knowledge of how WRAP[®] can work.**

WRAP[®] has proven to be an effective approach to working with Veterans, senior citizens, children, youth, and families and caregivers to improve relationships, feel more hopeful, create support systems, learn to self-advocate, and put a greater focus on their personal overall wellness.

The WRAP[®] Facilitator training provides an experiential learning environment based on mutuality. Participants in this course will be expected to participate in interactive learning activities and demonstrate their own experience with WRAP[®]. To attend this training, it is expected that you have familiarity with the different parts of WRAP[®] through completion of one of the following prerequisites (which must be conducted by a WRAP[®] Facilitator):

- Copeland Center Correspondence Course
- 2- or 3-day Seminar I course or workshop
- 8- or 12-week Seminar I group or workshop

Additionally, it is expected that you will also have developed and used your own WRAP[®].

WRAP[®] Seminar II is 5 intensive days of workshops that prepares participants to facilitate WRAP[®] classes and equips them with the skills and materials to facilitate classes in their community and organization.

The WRAP[®] Seminar II training also serves as a refresher course for certified WRAP[®] facilitators. The Copeland Center recommends that all WRAP[®] facilitators participate in a WRAP[®] facilitator and/or a WRAP facilitator refresher training course every 2 years.

SAMHSA recognizes WRAP[®] as an evidenced based practice (EBP) to prevent suicide.

FOR MORE INFORMATION ABOUT THIS TRAINING, CONTACT:
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