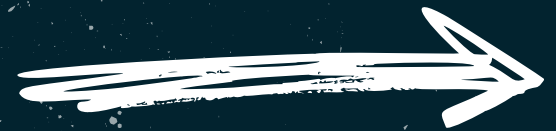


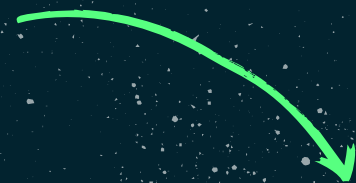
**STOP
TELLING
YOURSELF
THESE LIES**



@RudyBailey



ARE THESE PHRASES PARALYZING YOU?



Don't worry.
I've been there, too!

#1

~~I CAN'T~~
DO IT



You're 100% right if that's what you truly
believe!

Believe the exact opposite just as strongly
and you CAN DO the unimaginable.

A made-up mind is unstoppable!

#2

**I'M NOT
AS GOOD AS**



fill in the blank



Stop comparing. Be grateful for who you are!
Just like the stars in the universe...be YOU and shine
like the super-star YOU were meant to be!

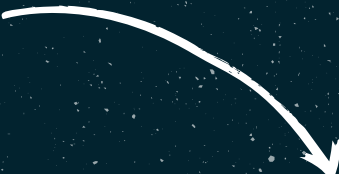
@RudyBailey

#3

I'M 'JUSTA'

you fill in the blank...

cashier, server, customer service phone rep,
delivery driver, housekeeper,
yaddy-yaddy-yaddy...

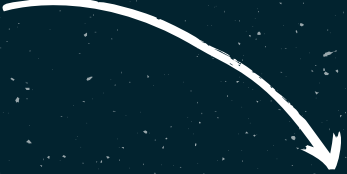


You are MORE than what your job title or
occupational role says about you.

You have incredible value, purpose, and worth!

#4

~~I DON'T~~
HAVE TIME



We all get the same 86,400 seconds a day.
Learn to say NO to what's least important so
you can say YES to what's MOST important.

#5

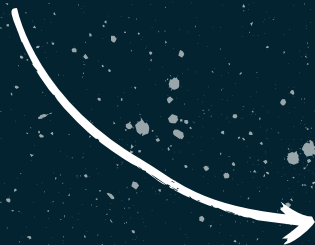
I'M TOO OLD NOW



You're never 'too old' to try something new or
go after your goals...you're just
better positioned for success!

Actor Morgan Freeman landed his first
MAJOR movie role at the age of 52.

CLOSING THOUGHTS



How we speak to ourselves
makes a big difference in
our daily lives.

Some lies are 'OTHERS-IMPOSED' but
most are 'SELF-IMPOSED'.

You ARE amazing. Believe it!

DID THIS HELP YOU?

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