

****Outings are subject to change due to weather conditions**

THEME: Awareness month



AUGUST 2023

Brookfield Adult Center

MONDAY



- 7-Welcome Back
- Am: Members laundry day
- Living skills
- Math work sheets
- Simon Says
- Tabletops
- 14-Welcome Back
- Weekend round up
- Living Skills
- Fire Safety talk
- Fire drill
- Skills Conversational

- 28-Welcome Back
- National bow tie Day
- Wear bow ties today
- Bow tie Craft.
- Sign Language
- Craft make paper boats.

TUESDAY

- 1-Music therapy
- Handprint fish puppets
- Rodeo
- Communication Circle
- (Write in journal)
- Members thinking skills.

- 8-Music therapy
- Am: Manicure Circle
- Importance of selfcare talk.
- 31 selfcare challenges
- Shaving cream art (move in motion skills)
- let's Dance
- 15-Music Therapy
- Chair Exercise
- Am: Animal craft
- Sensory Bag craft
- Group Uno

- 22-Music Therapy
- Living Skills
- (Proper way of hand washing)
- Health education Talk
- Manicure Circle
- Pm: bowling

- 29-Music Therapy
- Morning Exercise
- Am: Reading groups
- Parachute Games
- Communication Circle
- Center clean up (members living skills)

WEDNESDAY

- 2-Morning Walk
- National coloring book day
- Fine motor skills
- (Obie table)
- Read with me
- Magazine art

- 9-Chair Exercise
- Am: Group tabletops
- Self-portrait painting
- Pm: Walking Club
- (Followed by)
- Outdoor volleyball

- 16-Morning Walk
- Am reading group.
- TOB Shark ice Cream
- Floats
- Magazine Art
- Adult Coloring

- 23-Daily News
- Guessing Game
- Pictionary
- Math work sheets
- Afternoon BINGO

- 30-Morning Groups
- Am: morning walk
- Show-and-tell.
- Afternoon bowling
- Family feud

THURSDAY

- 3-Moring exercise
- Jellyfish paper craft
- Basketball tournament
- Adult Puzzle Time
- (Thinking skills)
- Pm: karaoke

- 10-Morning stretches
- Kindness workshop
- Positive affirmations
- Members talent show
- (Members creativity)
- Bingo

- 17-Morning Circle
- Am: Sign Language
- Science Craft Salt Painting
- Flower Craft
- Make homemade playdough.
- Meditation

- 24- Daily news
- Card matching game.
- Name that tune.
- Meditation
- Owl Craft
- Group uno

- 31-Chair exercise
- Am: Sip & paint class
- Educational work sheets
- Obie table (group)
- Afternoon walk.

FRIDAY

- 4-Happy Friday
- Am: Baking Contest
- Afternoon musical chairs
- Water balloon outdoor play



- 11-Happy Friday
- Luan Party
- Dance for fun
- A day full of fun outdoor activities

- 18-Happy Friday
- Am: light house craft
- All about me
- (Members thinking skills)
- Pm: Movie & popcorn



- 25-Happy Friday
- AM: work sheets
- Let's dance workout.
- Obie Table
- Open craft
- Afternoon Karaoke