Warming and Cooling Therapy

Instruction Manual

REF TP1000

General Description

The Warming & Cooling Therapy is a portable device that circulates mild and constant cold and heat fluids to treat and alleviate local discomfort and injuries. The temperature can be individually adjusted from + 12 °C to + 42 °C. Highly efficient electronic cooling chips with electronically controlled sensors maintain the set temperatures at a constant level.



Read the operating instruction carefully before use. Failure to follow these instructions may cause severe injuries.

/ Warnings

Failure to follow may cause possible injuries to persons or damage to product.

- Consult with a Healthcare Professional before using this product to prevent cold or heat induced injuries.
- DO NOT use on unconscious patients.
- DO NOT use on individuals with circulatory problems, unless managed by a healthcare professional.
- DO NOT put pads under the body or put any pressure on the pads.
- DO NOT tie the pads too tightly.
- DO NOT let water flow into areas of the device other than the water tank.
- DO NOT obstruct the vents of the device.
- PADs are for single patient use only!
- PADs may only be used in conjunction with the TP1000 device.
- Always check pads for leakages before use.
- Temperatures will vary according to the room temperature and pad sizes.
- Consult with a healthcare professional before applying 42°C on face.
- Store in a cool dry place.
- No modification of this equipment is allowed.
- Ensure that the device is disposed of safely and in accordance with all current national and international waste disposal directives.

Indications

Superficial heat compression Superficial cold compression

Contraindications

Superficial heat is contraindicated for people with acute haemorrhage, malignancy, skin irritation, acute trauma and acute inflammation. Superficial cold is contraindicated for Raynaud's disease, local ischemia, cold urticaria, vascular impairment.

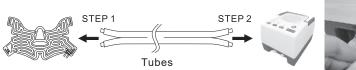
Instructions for Use

- 1. Place the device on a stable surface and ensure that the power is off.
- 2. Plug the AC power cord into the wall socket and adaptor. Plug the adaptor cable into the DC socket.
- 3. Open the tank lid and slowly pour DISTILLED WATER into to the tank, paying careful attention to the water level.
- DO NOT exceed the MAX mark



4. Connect the double tubes on the selected pad first (luer locks) and then install the other end (quick disconnect couplings) to the device, an audible click assures a reliable connection.
NOTE: Please lay the pad flat in order to prevent folding and blockage of the circulating path, which could cause localized increased water pressure and lead to breakages or leaks.







- 5. Turn on the power switch and wait until the light and sound self-test is completed.
- 6. Select the treatment temperature from a total of four options.
- 7. Once the temperature is selected, choose the treatment time, and finally press START / STOP to start running.

NOTE:

It takes approximately one minute for water to be distributed throughout the entire pad before therapy begins.



8. The flashing green light indicates that the cooler or heater is running.9. Depress the START / STOP button again to stop operation.





Refilling the Reservoir

If the device is being used or the pads are being installed for the first time, then water from the reservoir will be pumped into the chambers of the pad during step 7. At this moment, the device will need to be refilled with DISTILLED WATER. With the device running, pour additional DISTILLED WATER into the reservoir, ensuring that the water level is between the "MIN" and "MAX" lines.

Applying the PADs

Pads can be applied directly to skin or can be used with a thin barrier (clothing). When pads are applied directly to the skin, temperatures will be felt more intensely. If the therapy becomes uncomfortable, please remove the pad immediately and adjust the temperature. Allow the pad temperature to reset for 6-10 minutes before reapplying.

Emptying Water Tank

- 1. Disconnect the pad from the double tube.
- 2. Lay down the distal end of the double tube in a container.
- 3. Setup any treatment to let the pump work and drive out the water into the container.

Removing Tubes from the TP1000

Note: no need to remove the double tube every time after each treatment.



1. Press the metal thumb-latch of the quick disconnect coupling to release the connection.



2. Connect the male and female luer lock after drying the double tube for storage.

Notes

- 1. Use DISTILLED WATER ONLY, and pay attention the water level. DO NOT exceed the MAX level.
- 2. Iced water may be used to save cooling time if cooling therapy is urgently required.
- 3. It will take one minute to begin the alternating mode when applying contrast therapy (i.e. switching between heating/cooling modes).
- 4. As the room temperature will affect the cooling capability, we strongly recommend keeping room temperature below 23 ° C for better cooling capability during use.

Cleaning

ALWAYS power off the device and unplug the AC / DC power cords from the outlet before cleaning.

- · The device can be cleaned with water or neutral disinfectant wipes.
- · Pads can be cleaned with a neutral disinfectant or soapy water.
- DO NOT wash the device or hold under running water.

/ Caution

- Operating temperature: +10 to ~+26°C
- Relative humidity: 15%~85%RH maximum
- Atmospheric pressure : 80kPa

Transportation and Storage

- Temperature: +5 to ~+55°C
- Relative humidity: 15%~75%RH maximum
- Atmospheric pressure : 80kPa

Shelf Life

Please check the packaging label.

Specification

- Cold setting: 54° F/64° F (12 °C /18 °C)
- Heat setting: 100° F/107° F (38 °C/42 °C)
- Time setting: Continuous/15 Min./ 30 Min.
- · Electric Cooling System Ice-less technology (None Freon coolant and compressor)
- AC adapter 100-240V 50/60Hz // DC 12V / 12.5A output
- Type of protection --- IP20
- Water tank capacity ---140ml
- Dimensions: 200(L) x 160(W) x 140(H)mm
- · Connecting tubes --- 2meters
- The device complies with the following standards: EN 60601-1-2, EN 60601-1

Disposal

Please dispose of the device in accordance with the EC Directive -WEEE (Waste Electrical and Electronic Equipment). Please contact the local authorities responsible for waste disposal if questions arise.

Labeling Symbols

- 🚱 Refer to instruction manual/booklet
- -- C+ Outer negative plug / Center positive pPlug
- CE
- Manufacturer

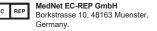


- REF Catalog number
- LOT Batch code
- S/N Serial number
- m Date of manufacture
- MD Medical Device



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ALWAYS use the original power supply as specified by the Manufacturer

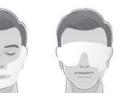


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MAX