Fiber Arts News

January 2023 Vol. 13, No. 5
Newsletter of the Valley Fiber Art Guild

2023 Meetings

Most meetings held at CPAC 1250 W Continental Rd Green Valley, AZ

All meetings are in person.

Come early at 9am for library
browsing & chatting.

Meetings start at 9:30am.

January Meeting—Monday, January 16 9:30 AM

February Meeting Monday— February 20th 9:30 AM

Come Early to Socialize! 1250 W Continental Rd. Green Valley, AZ

Valley Fiber Art Guild



Membership \$25 per year

https://valleyfiberartguild.org/

VFAG President's Newsletter January 2023

GOALS? RESOLUTIONS?

I'm writing this on the very first day of 2023 and thinking about New Year's Resolutions and then I think about all the things I did wrong and all of my shortcomings in 2022. Yes, I gained a few pounds, failed to keep my house as organized as I would like and have yet to write a thank you note in a timely manner. I know I should "resolve" to do better but I've



lived with myself long enough to know that some things about me are never going to change and if I make resolutions to do better I will surely fail again. So this year I am forgetting about resolutions and instead I 'm going to set goals about things that make me happy. My goals are to enter 3 quilts into local quilt shows, make VFAG even more dynamic and a more helpful resource for our members, publish one original knitting pattern on Ravelry (a washcloth counts), be more adventurous with my long-arm quilting machine, attend as many quilt shows as I can, hug my family and friends more often and do my part to to make the world a little warmer, a little kinder and a little more joyful. So, I invite you all to set one goal that will bring you joy to accomplish. I'll send around a sheet of paper at our next meeting where all who want to participate can write a goal. We can read them off at the January 2024 meeting and pat ourselves on the back for our wonderful accomplishments.

December meeting highlights



December 12th Meeting Minutes

VFAG MINUTES GENERAL MEETING DECEMBER 12, 2022

December's program was the popular stash sale. The Stash Sale Committee gathered member's donations and sorted them carefully and creatively into raffle baskets along with a variety of items for silent auction. The baskets contained a wide variety of yarn, fiber, fabrics, sewing implements, patterns and trims. The Stash Sale committee led by Ellen Kelly, Sue Helle, Joan Michaud, Sudie Durham Wollin and VFAG Board members met up at 11 am to set up the sale and the refreshments: Sweets for the Season". The meeting officially opened at 1 pm for members to browse and purchase raffle tickets to win their chosen baskets. The raffle tickets cost \$1 each or 6 for \$5 dollars. A brief business meeting was convened at 2 for program and Study Group announcements and adjourned at 2:10.

Members enjoyed the variety of treats provided and the social time to chat with old friends and meet new ones. The committee announced the winners of each of the baskets and silent auction items. Silent auction items that were not bid on were taken to the White Elephant.

The Guild raised \$481 dollars thanks to the hard work of the Stash Sale committee and the generosity of our members.

Respectfully Submitted,

Martha Fine, Acting President

Notes from the Librarian/Newsletter Editor

Greetings:

Mea Culpa! I apologize for the lateness of this month's newsletter, family issues and health issues (not mutually exclusive) have been occurring since after the 1st. I did not get any info on this month's study group activities, so I would suggest contacting the leaders of those groups that are listed on the last page of the newsletter for further info on meetings this month.

On the other hand, the library is open for business on the **16th**, and I hope to see many returns and new checkouts! Please note that I was mistaken on the date for our general meeting! We will be at CPAC on January 16th, at the usual time! See you then!

That is all!

Melanie Fritz/Librarian & Newsletter editor

Highlighting the January Fiber Arts Guild Meeting

The January meeting will spotlight the clothing study group who will give an overview of the group's interests and share examples of their individual work for this season and years past. Photos by Sudie Durham.















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VFAG Board Meeting Minutes January 5th, 2023

Officers Present: Martha Fine, April Boysen, Jol'ene Northrup, Peggy McGaughey, Marge Delker. The meeting was called to order at 1:20 pm

I. Approval of Minutes of Last Meeting

It was moved and seconded that the December Minutes be approved as read.

- II. Old Business
- 1. Selection of Nominating Committee

A Nominating Committee comprised of two people is needed to select and announcement of the slate of candidates at the General Meeting. This committee needs to be formed prior to the March meeting in order to solicit candidate for the treasurer position. Martha will be responsible for forming the committee. April will describe the role of the treasurer at the next General Meeting.

2. Discussion of the renovated web site

April suggested that the new WebMaster should analyze the features our club needs on GoDaddy and be sure that we're not being charged for unneeded features. There is currently \$1000 in the web site budget.

Jol'ene suggested that the current hours billed by the WebMaster reflect a learning curve of understanding the Guild website structure and needs and future billings should reflect few hours going forward.

There was a discussion about including "Study Groups" section on the homepage but separating it from "Upcoming Programs" section. Martha will check with Study Group leaders to determine their meeting arrangements.

April requested that all of the access information related to the website be included in the Guild notebook of bylaws and procedures. It is unclear at this point who is responsible for keeping that notebook updated.

It was requested that the Bill Submittal Form be included on the website under "Board Documents". It was also suggested that "Board Documents" be changed to "Guild Documents".

To add an item to the website, email the related information to Martha who will then forward it to the WebMaster.

III. New Business

1. Continuing Education Fund

Jol'ene presented a member's request to use the Continuing Education Fund for a class.

The description of the Fund and application form are available on the website under Board

Documents. There is currently \$1300 in the fund. April moved and Peggy seconded that the

request for \$200 be approved to be applied toward the applicant's cost for the described class.

Approval of funding must be based on the learning gained having a benefit to the Guild. The

award of the funding will be announced at the next General Meeting.

April and Jol'ene suggested that the application process and the form needs to be revised.

The Continuing Education Fund needs to be highlighted as part of the resources available to

members.

2. Payment of Yearly Dues to Arizona Federation

Payment is due by the end of January, 2023 and is based at \$1 per member so will be \$75.

3. Revamping of Website

Discussion of this item was covered under Old Business

4. Advertise community and state events in newsletter

In order to increase membership awareness of fiber arts related events occurring in the area, it

was suggested that they be listed in the newsletter. Complete information for posting about

such events should be sent to Newsletter Editor.

5. SAQA (a quilting organization) would like to do a presentation to the Guild. This information

will to be conveyed to Program Chair, Marge Lind.

6. Discussion of surveying creative goals of the membership as they relate to the Guild.

A suggested approach was 'How can the Guild provide resources to help you accomplish your

creative pursuits next year.' Martha will present this at the next General Meeting and pass out

response forms to be brought to the next meeting.

IV. Reports

Vice-President : no report

Treasurer: April reported a balance of \$8,726.40. The Fund Raiser brought in \$481. CPAC has

been paid through March. Consider not having a May meeting. Need to decide on April

meeting.

Secretary: no report

Membership: Peggy reported 75 current members

Programs : no report

Library: no report

Newsletter: no report

Meeting adjourned at 2:45 pm

Respectfully submitted

Marge Delker, Secretary

TAG-The Art of Giving

I wanted to thank all of you that donated to TAG this year. In Valley Assistance's year end letter they wrote about delivering over 200 gifts during the holidays. A good percentage came from you. In addition, they quoted one recipient who said, "thank you for thinking of me. Your support means a lot. I talked to my love ones and told them how blessed I am for living here."

Over the past few months I've been asked two questions: 'What does TAG stand for?" And "What is the background of TAG?"

First, I realized there were several new members in the Guild. "TAG" stands for "The Art of Giving". The name was coined by Kay Burrows, who was a great contributor to the program. The target population are the low income, especially seniors living in the area.

TAG's beginning: years ago my mom was living in a Senior Living Center in Iowa. She had a small kitchen. She called and asked if I would knit her some dishcloths. Of course I can! It was just after Thanksgiving. I ran to the store and purchased multiple skeins of cotton yarn and a book of patterns. I put all other projects aside and started knitting. I wanted them done before Christmas. When I had used up the yarn and tried several patterns, I found I had made more than 30! I kept 2 and sent the rest to mom. She called and was laughing saying she loved the dishcloths but if she were only 30, she wouldn't be able to use them all. Could she give some to her neighbors? Of course! A few days later she called to tell me she had given many away and you would have thought I'd given them a million dollars! They were so pleased. A couple of years later, she moved to a nursing home and I went to move her. Mom lived through the depression and saved things for a "rainy day". (And yes, there were a few unused washcloths! Along with scarves, gloves, toiletries, specialty soaps, etc. I couldn't throw anything away!) So, I brought the "loot" back to Arizona. Just before Christmas. I put the items in gift bags, there were about 40 of them. I went to Del Coronado and asked if they would like them. No, they said, unless I had over 100 gifts to give to all residents. Someone recommended Prestige. They said yes, they'd love them. They would put the packages under the tree for everyone to enjoy and then give to the Memory Care patients. However, they said, the bad news is they won't know it's from you, they will Think it's from someone they know. I said, "NO, that's great! They don't know me from Adam, but they will be pleased that someone they love remembered them." The next year, I did some research and hooked up with Valley Assistance. I also recruited the Knitting Study Group to knit some dishcloths and fingerless gloves, and a few other items. The next year, we included the entire Guild to donate. It has been embraced by many Guild members and appreciated more than you can imagine by the low income, mainly seniors in the area.

Jane Tempel

Valley Assistance Services

3950 S. Camino del Heroe, Green Valley, AZ 85614

P - 520.625.5966 F - 520.625.1261 www.valleyassistanceservices.org

December 8, 2022

Valley Fiber Arts Guild c/o Jane Tempel 1075 W. Placita Inspirada Green Valley, AZ 85614

Dear Ms. Tempel,

Valley Assistance Services, a blend of community health and social services, serves more than 6,900 persons in our local area annually, helping to keep them healthy, safe, and independent. Thank you for making a difference to VAS and to the community that we serve.

Thank you for your generous in-kind donation of books, handmade items and toiletries, valued at \$1,000.00, on October 27, 2022. The support of you and others helps Valley Assistance Services to serve our community. These generous gifts will be used to support those participants in the below mentioned programs:

- **Neighbors AIM**: a memory loss and dementia program that provides support to the caregivers, loved ones, family, and friends of persons affected by dementia.
- RN Care Management and Advocacy: RN's and support staff provide in-home or telephonic visits to seniors and disabled persons to provide ongoing advocacy and care management to them, linking them with services and resources to help them remain safe and independent in their homes, and providing coordination between them and their healthcare providers.
- Senior Transportation Program: trained volunteers provide transportation for seniors to their medical appointments, the grocery store, and other essential activities; and run errands for home-bound seniors.
- MAP-a-Plan/Workforce Training: a financial assistance program to assist clients in
 obtaining and retaining safe and adequate housing, provide assistance to keep utilities
 functioning, and to ensure that household nutritional needs are met; and to help clients
 build their resumes, write cover letters, and become knowledgeable of other workforce
 skills to help them obtain gainful employment.
- Senior Socialization Programs: volunteers provide telephonic and in-person visits to
 isolated seniors and seniors meet together in peer-support groups to decrease isolation
 and loneliness of at-risk seniors.
- Diaper and Household-Essentials Pantry: Household and hygiene items that are not covered by government benefit programs are provided to clients.

Thank you so muc community.	th for your su	upport of V	alley Assistance	Services.	and for c	aring for our
Sincerely,	much	forth	rest File	mer a	the	Happels Halidays
Chris Erickson, BA,	RN JON	RHY S	nVCM M	ary Fisher		7
Executive Director	Oth	5- 11u		resident of t		
Please retain this receipt are tax deductible to the ex not-for-profit, Tax ID #94-2 in return for this donation.	tent allowed by law	 Green Valley 	Assistance Services,	nc. is the legal of	corporation, a p	orivate, 501 (c) (3)
Green Valley	Sahuarita	Amado	Tumacacori	Arivaca	Tubac	Carmen

$oldsymbol{U}$ pcoming shows and events of interest



ΓΦΕΝ(ΦΝΤΑΦΑ Fine Art Festival **OCTOBER 22 & 23, 2022**

FEBRUARY 4 & 5, 2023

TUCSON GEM, MINERAL &

FOSSIL SHOWCASE

January 28 - February 12, 2023

Tucson Handweavers and Spinners Guild



GALLERY SHOW

February 2-26, 2023

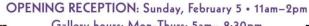
JEWISH COMMUNITY CENTER River and Dodge

CELEBRATING FIVE DECADES OF

FIBER ARTS AND FRIENDSHIP



Betty Headrick Ancient Ghosts Tapestry



Gallery hours: Mon-Thurs: 5am- 8:30pm Fri: 5am-6pm • Sat-Sun: 7am-6pm

Self-guided and Docent-led tours available February 2-26. Click the link below to schedule a docent-led tour.

See examples of members' work from 1973 to the present. Weaving . Spinning . Dyeing . Felting . Knit . Crochet Basketry . Beading . Braiding . Wearable Art



Refugee Tapestry



Rebecca Fabos Ren Weave Table Runne



Diving Down Felted Fish



Knit Sweater

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 VFAG Board Meeting 1:00 PM	6	7
8	9 Weaving 1:00 PM	10	11	12 Beading Study Group 10:30	13	14
15	16 VFAG General Meeting 9:30	17 Clothing 9:00 AM	18	19 Crochet 9:30	20	21
22	23	24 Knitting 9:30	25 Kumihimo 1:00	26	27	28
29	30	31				

Study Groups

Study Groups are open to all current guild members. Learn a new technique, share ideas and resources or just enjoy the friendship.

The VFAG will follow CPAC & Pima County's Guidelines for COVID precautions. Whether you decide to wear a mask or not OR to create distance, you will be respected by all.

For more information about a particular group or the current topic of the month please contact the group leader. Note: "OTM" refers to "of the month." We are always looking for ideas for new study groups - please let a Board Member know of your interest.

Beading: The Beading Study Group will meet on Thursday, January 12th, at 10:30 AM at Friends in Deed. The e-mail reminder to BSG members will have information about the current bead embroidery projects and a peyote Christmas tree. For more information contact Karen Gabriel at karengary115@gmail.com or call 520-207-0799.

Clothing: The clothing study group meets the third Tuesday of the month at 9:00 am in Room #102 of the Desert Hills Lutheran Church. Contact Peggy McGaughey at peg-e-su.silk@msn.com or Sudie at susandurham@cox.net for more information

Crochet: The Crochet Group meets the third Thursday OTM at Sunrise Clubhouse at 9:30 am. Contact Toni Prutch 503.349.6491 or at portraitsbytoni@yahoo.com

Knitting: Attention Knitters! Over the past couple of years there has been quite a change in the knitting study group (KSG), The first order of business is reestablishing a list of knitters to receive notification of upcoming meetings or any other notifications for knitters. Please submit your name and address to me and I will incorporate it into the list of knitters. The KSG meets on the 4th Tuesday of each month at Friends in Deed @ 9:30 AM. My email address is tempeli@aol.com.

Kumihimo: The Kumihimo Study Group meets the 4th Wednesday OTM at Friends in Deed at 1pm. Contact: Laurie Wykoff lawykoff@yahoo.com

Spinning: Interested in learning to spin or just spend time with other spinners who enjoy creating yarn from fiber? Spin in the park @ Desert Meadows Park, Thursday afternoons from 1 PM—3 PM.

Weaving: The Weaving study group meets the 2nd Monday OTM, 1:00 p.m. The study group will not be meeting in December, but will once again be back in January. Contact Cindy Wolf for more details. All weavers are invited including Tapestry & Ridge Heddle people! Cindy Wolf – pclobo2@gmail.com or phone: 608 -343-6765.

Newsletter Editor is Melanie Fritz - Interim). Please contact Melanie with questions or suggestions

VFAG Board of Directors and Committee Chairs

President: Martha Fine

♦ Vice President: Jol'ene Northrup

Treasurer: April Boysen

Secretary: Vacant

Federation: Jol'ene Northrup

Programs: Marge Lind

Membership: Peggy McGaughey & Cindy Wolf

Librarian: Melanie Fritz

Webmaster: Vacant

Newsletter: Melanie Fritz (Interim)