AFTER CARE INSTRUCTIONS: MICROBLADING & PERMANENT MAKEUP TREATMENT

Immediately Following Treatment   *See below for recommended products*

1. Using a wet cotton ball or soft washcloth, gently apply a small amount of cleanser to your brows. DO NOT RUB.

2. Gently pat dry the eyebrow area with a clean washcloth or cotton ball. DO NOT RUB.

3. Apply ointment using cotton swabs or Q-tips. Application on the eyebrow area should be in one direction only. DO NOT RUB.

4. You will repeat this process twice a day (morning and night) for the next 14 days.

Twice A Day for 14 Days Following Treatment

Use the chart below to keep track of your after-care treatment.

Week 1						
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening

Week 2						
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening	☐ Morning ☐ Evening

Restrictions

Please avoid the following based upon the timelines outlined below.

7 Days Following Treatment	14 Days Following Treatment	30 Days Following Treatment
✖ Excessive sweating ✖ Excessive sun exposure ✖ Eating oily and fishy food ✖ Scratching or picking at treatment area(s) ✖ Supplements w. Vitamin E ✖ Supplements w. Collagen ✖ Swimming ✖ Application of anti-aging moisturizers, toners or cleansers	✖ Swimming ✖ Application of anti-aging moisturizers, toners or cleansers	✖ Application of anti-aging moisturizers, toners or cleansers

Expectations

Please note that 'perfection' will not be achieved after your first session, and we kindly ask for patience in achieving your desired result. The color will remain unstable following the initial procedure and will appear darker for 1-3 days due to oxidation. After a few more days, your brows will begin to peel and lighten. It is important to remember that your brows will not peel at the same time, therefore, do not be alarmed if you notice an unstable shape. You will return for your second session and complete your brow treatment in 6 to 8 weeks, where we will make any necessary adjustments.

Recommended Products:

Cleansers   Ointment   Application